

GO BUSH

MAY 2014



BENDIGO BUSHWALKING AND OUTDOOR CLUB

From the President,

With this glorious autumn weather upon us I hope everyone is outdoors and taking advantage of the club calendar offerings. I am always grateful to our capable and willing event leaders who put in so much time and effort to make it easy for the rest of us to "tag along" on their adventures. If you have been on a walk or bike ride etc and am an avid photographer don't forget that toward the end of the year we will be looking for the best photographs to use in the production of a club calendar so keep the originals carefully stored.

Bushwalking News Victoria always is a good read and I would encourage members to use the link to download it for casual reading. This month's edition has two articles pertinent to safety and care of the environment which I wish to draw your attention to. The issues covered are getting lost in the bush and disposal of human waste on a walk. Each issue is serious and deserves attention in order to provoke discussion and individual planning strategies. Just as we should all have "bush fire exit strategies" if we live in a fire prone area similarly we should all plan how best to behave if lost and what to pack in anticipation of needing to "relieve" ourselves when outdoors. The newsletter covers this and encourages a response to their articles. Sharing these ideas helps us all so if you have a story or advice then please forward them to both our editor and theirs and continue the talk.

I remind everyone that nominations for the 2014-2015 Committee of Management are open until June 10th and forms are available at the end of this newsletter. Completed forms should be returned to the secretary or me.

Happy autumn activity, Bev

BENDIGO BUSHWALKING AND OUTDOOR CLUB INC

P.O. Box 989, Bendigo, 3552

Reg No. A0051482V

Meetings - 4th Tuesday every month [except Dec]
Sacred Heart Hall, Short Street at 7:30 pm sharp

Membership: Single \$40.00
 Family \$60.00

Web address: <http://gobush.org.au/>



COMMITTEE MEMBERS

| | | |
|----------------|-----------------|--------------|
| President | Bev Ormerod | 0419 544 348 |
| Vice President | Kerry Cramer | 03 54414422 |
| Secretary | Kerrie Norris | 03 5447 8017 |
| Treasurer | Greg Doubleday | 03 5447 8156 |
| Equipment | Chris Franks | 03 5439 3549 |
| Coordinator | Peter Pemberton | 0428 869 196 |
| Newsletter | Garry Brannan | 04 508 79917 |

The statements and opinions expressed in articles herein are those of the individual authors, and do not necessarily represent the views of the Bendigo Bushwalking and Outdoor Club.

Club Meetings: Meetings are at 7.15 for 7.30 pm. start on the 4th Tuesday of every month (except December) at the Sacred Heart Hall, just behind Haymes Paints in Short Street. There is an annual calendar of speakers, presenters, and activities. Visitors are always welcome.

Monthly Meeting Activity

There are a couple of changes to the planned meeting activities.

- **May 27th** **'Live the Dream!' Follow the Snowy River from Mountain to Sea with Craig Doubleday.** The source of the Snowy River is a wide valley on the slopes of Mt Kosciusko. If you followed it for about 60 km on foot, you would soon be wishing you had a kayak! From there you would only have about another 180 km of densely forested isolation, spectacular rapids and beautiful campsites before reaching the mouth at Marlo.
10 Min talk: Outdoor pursuits + water sense! – Kerrie N
- **June 24th** **Maria Island and Penguin Trail - Garry and crew.**
10 Min talk: Food - how many kilojoules do you need, how do you count them and how can you carry them.
- **July 22nd** **AGM and The Kododa Track 2013 - David Vains.** Walking in the foot steps of Australian soldiers in 1942. My expectations & how it changed me, observations of village life, & the culture shock of Port Moresby.
- **August 26th** **TBA**



- **September 23rd** **Navigation/map reading- 'tried and true!' or 'Old and New' by Greg Doubleday and Friends**
- **Oct 28th** **Calendar Planning - Peter Pemberton**
10 Min talk Risk Assessment guidelines
Greg Doubleday
- **Nov 25th** **TBA**
- **Dec TBA** **Date to be decided. End of Year Function (suggestions welcome)**

Memberships for 2014 - 2015 Payment for annual Club Membership fees for 2014-15 are now being accepted. Please pay or forward your club fees to Greg Doubleday. Fees are \$60 for a family and \$40 for single members.

Welcome to new members and visitors

Bushwalking News Victoria - May

Calling Potential Walk Leaders
Bushwalker's Bane - Unburied Excreta
Being Lost on a Walk
Discussion Forum
Make Cancer History Walk
MS Fun Run
2014 Federation Weekend
Victorian Alpine Huts - Interesting Speaker for your Club



The Bushwalking Victoria Newsletter for March can be found here.
www.bushwalkingvictoria.org.au/files/Newsletters/BNV_May.pdf

Federation Walks Weekend

Hosted by the Gippsland-based bushwalking clubs

Web: www.fedwalks.org.au Telephone: 0425 702 788 Email: enquiries@fedwalks.org.au

BULLETIN NO. 1 — 20 MARCH 2014

Greetings from the Fed 2014 Walks Committee. We hope you will join us on 7-9 November for a great weekend of exploration and cheerful company. Here is some history to start with for those who might be thinking 'what is this?'

A Federation Walk is a weekend or a single day event for individual members of Bushwalking Victoria and members of all clubs affiliated with Bushwalking Victoria. Prior to 2006, Bushwalking Victoria was known as the Federation of Victorian Walking Clubs, hence the event's name. A single club or a group of group of clubs volunteer to host the event each year. It is in a different location each year and so it is a great way to get to know something of an area that may be unfamiliar or not visited recently, as well as meeting up and enjoying the camaraderie of fellow walkers. Come and be part of history.

The hub location, Rawson Village, Pinnacle Drive, Rawson, Victoria 3825, is located in scenic Gippsland, 173km from the Melbourne CBD. Rawson is ideally situated for visiting the surrounding mountains, forests, Baw Baw National Park, Thomson River and Dam, historic Walhalla and the Thomson Valley Railway. Some walks will commence from the village and others will require a car journey.

Venue: The village has all we require on site including a choice of motel or lodge accommodation, a dining room, and other facilities where you can relax with a drink by an open fire after your walk. There is ample free car parking.

Walks program: The Fed 2014 Walks Committee is busy planning and receiving the walks for the program. More on this in future bulletins and on the website soon.

Registration: Registrations for the weekend will be in two parts.

- Accommodation/Meals Package Registration open on Tuesday 1 July and close on Friday 10 October 2014. Booking early will help ensure you get the accommodation of your choice, especially if you want a motel room as there are only 20 of these. Registration forms will be available soon.
- Walks Program Registration will be open on Tuesday 1 July and close on Friday 10 October.

There will something for everyone with more than 20 walks available covering all grades on both Saturday and Sunday.

- Event registration fee: An all-inclusive meals and accommodation plus walks package has been negotiated for the weekend. Those attending only the day will pay \$30 when registering for the walks.

Accommodation: Lodges.

Bunk rooms with en suite (two basins, toilet and shower separate) for up to 6 people or small twin share rooms (wash basin, heater, shared facilities, communal lounge/ kitchen, refrigerator, microwave, tea/coffee making). Doona and pillow are provided, BYO linen/sleeping bag and towel.

Accommodation Motel: There are 20 motel rooms, all of which include one double-bed. Some also contain an additional bed or bunk beds combinations.

Motel rooms are only available for both Friday and Saturday nights. No single occupancy or single night bookings are available.

Meals: All the accommodation options include the following meals:

- Breakfast: cereals, juice, toast, hot selection, tea, coffee.
- Lunch: Make your own from a selection of rolls, fillings, fruit, bars, juice, etc.
- Dinner: Main course and dessert, plus tea and coffee.
- Diet: Special dietary requirements catered for.

Dinner is available on Saturday for those not staying at Rawson Village.

Organising Committee, Federation Walks Weekend 2014

Other news

Calling Potential Walk Leaders

Bushwalking Victoria has been working with some of our biggest clubs to develop a course aimed at helping clubs to identify and train event leaders. The course material will be made available without charge to all clubs. Clubs may adapt the material as they wish to suit their needs and run the training themselves.

The first delivery of the course will be by members of the group that developed it, and is aimed at potential leaders and people involved in leadership training at clubs. We will be also be asking you to help us fine-tune the course content and ensure it meets clubs' needs.

There will be no charge to attendees for this course.

Topics covered include leadership skills, planning and conducting a walk, basic navigation and risk management.

When: Weekend of June 28-29, 2014

Where: Westerfolds Park, Templestowe in the DEPI conference room
Melway Map 33 F2

Time: 9am-4.30pm both days

Cost: Free

Light lunch, morning and afternoon tea provided both days

Who can come: The course is open to all members of affiliated and associated clubs and individual members of Bushwalking Victoria

Who to contact: If you wish to register contact:

Gerard Vander

Email (preferred) vandertg@gmail.com

Ph. 03 9435 4477

Deadline for applications: Monday May 26. Please supply return contact details.

The course numbers are limited and successful applicants will be notified by May 31. Further courses will be conducted later in the year at both city and country venues, depending on demand.

Club to pay for fuel

Club Gear

The Club has a variety of gear for loan. Members and visitors can try out various items on Club trips before making the commitment to purchasing their own.

BACKPACKS

There are several available of various sizes, including a One Planet Ladies Fit pack

TENTS

3 available – one of which is a light weight one person tent.

STOVES

We have a Trangia with a fuel bottle.

PERSONAL LOCATION BEACON (PLB)

BIKE PANNIERS

PADDLING GEAR

Two large rafts, paddles, life jackets, helmets etc.

Plus other ancillary items. If you need to borrow something to make a trip happen and it is not on the club list, someone will lend it to you. Just ask.



Victorian cattle grazing reintroduction to be challenged in supreme court

Oliver Milman - theguardian.com, Friday 16 May 2014

The reintroduction of cattle grazing to Victoria's alpine region is to be challenged in the state's supreme court.

The Victorian National Parks Association (VNPA), backed by a legal network, Environmental Justice Victoria, will challenge the decision to allow the grazing, which it claims undermines the integrity of Victoria's national parks.

The Victorian government, which will be the target of the legal action, has reintroduced cattle to alpine regions after an initial attempt was blocked by Tony Burke, the federal environment minister in the previous Labor government.

In March the current environment minister, Greg Hunt, granted permission for 60 cattle to graze at a former livestock station in Victoria's Alpine national park.

The trial lasts until the end of May, with a larger trial of up to 300 cattle starting in January.

Hunt has stressed that the trial, at the former Wonnangatta cattle station, is appropriate because it was a grazing property for more than 100 years. Cattle grazing in alpine areas was banned in Victoria in 2005.

Graziers have pushed for greater access to Victoria's alpine region, claiming that cattle eat vegetation which could fuel bushfires, thereby reducing fire risk. Several scientists have disputed this theory.

The VNPA said the grazing trial went against the very purpose of a national park.

"Ensuring the integrity of national parks is an investment in the future," said Matt Ruchel, executive director of the association. "Win or lose this case, the idea and importance of national parks as a haven for people and nature must be defended.

"National parks are for nature conservation. They are a priceless gift to the present generation and a legacy for the future. They are not to be used for cow paddocks, major developments, mining or other inappropriate activities."

Ruchel said there was no peer-reviewed scientific design for the trial, limited flora and fauna surveys and little protection for rare plants and animals which could suffer from the arrival of the cattle.

The AGM is coming up in July, and a number of current office bearers are not standing for re-election. Give some thought to what you might be able to offer the Club as a Committee member, or talk someone else into nominating. **Nominations close on 18th June, 2014.**

BENDIGO BUSHWALKING AND OUTDOOR CLUB
NOMINATION FORM

I _____

Wish to nominate _____

for the position of _____

for the 2014/2015 Financial Year.

I hereby accept the nomination (nominees signature)

Signed by the Nominator _____

Trip Reports

Mt Alexander Sunday 27 April 2014.

Walkers: Maria, Pam, Sue, John, Geoff, Rob and Bob.

As forecast the day was glorious. We started the walk at the Old Koala Park and headed off in a roughly north-easterly direction. We stopped briefly at the bluestone ruins of an unsuccessful silkworm venture and then walked downhill alongside Whisky creek. We dropped into Whisky Gully itself and followed it to the Malmsbury to Bendigo Water Channel. We passed under the Channel and after following it for a short distance we crossed back and enjoyed a morning tea break.



The slow ascent to the summit

We then started the slow 300m uphill climb roughly north-west, stopping often for short rests and to admire the scenery. Mt's Macedon, Ida and Camel and the Cockatoo Range were easily identified. There was plenty of conversation amongst the group members on various subjects including a lot of discussion on the identity of the shallow diggings in the ground. We examined a small disused quarry and saw a beautiful Necklace fern in the junction between two large tors and then visited the summit cairn before walking up the road to Lang's Lookout and lunch. The

views from the lookout were expansive. Three Wedge-tailed eagles soared on the thermals and we noted several fuel reduction burns including a significant burn close to One Tree Hill.

After the leisurely lunch we crossed over to the western side of the mountain and headed along the West Ridge Track which is part of the Goldfields Track to Castlemaine. We diverted to Shepherds Flat Lookout with its expansive views to Harcourt immediately below the mountain, Castlemaine to the south in a small depression and Maldon nestled at the foot of Mt Tarrengower. Mt's Franklin and Kooroocheang were clearly visible with the Pyrenees in the distance. We then re-joined the track which meanders along the western ridge with a short detour to another small quarry which is now used by rock climbers. A beautiful woman's face with long hair is carved into a granite block at the site. We lastly visited Dog Rocks with its sheer massive slabs of granite with a boulder in the shape of a dog on top of one of the blocks.



Granite tors on the Mount

We then crossed the road and continued downhill along the fire-access road until the walking track led off on the right to the cars. The day was not ended as we had seen water flowing in the Channel so we drove to "The Springs" in Springs road Sedgwick to see the strong flow of water heading downhill and through the dissipaters.

Thank you to those who supported the walk.

Text Bob Jones, Photos Maria Vanhees.

Mt Feathertop and Spargo's hut 11-13 May 2014.



A fiery dawn through the lodge window.



In the early morning we “crunched” along the frost-covered track, and in the more sheltered sections the track was covered in a thick layers of the beautifully delicate frost heave , also known as needle ice. This phenomenon occurs when the temperature of the soil is above 0 °C and the surface temperature of the air is below 0 °C . The subterranean liquid water is brought to the surface via capillary action, where it freezes and contributes to a growing needle-like ice column. The ice needles are typically a few centimetres long often lifting the surface soil.



A crystal clear day, expansive views and no wind. Possibly one of the most scenic walks in the Victorian Alps, the undulating Razorback Ridge has only a few sharp pinches until the final steep climb to the summit of Mt Feathertop at 1922m piercing the sky on a cloudless and still day.



Far below the farmlands of the Ovens river. A keen eye will notice the MUMC hut on top of North West Spur to the right.



Snow gums devastated in the 2013 bushfire. Along the ridge-top, the fire was extremely hot: the evidence for this being that only the thickest branches remain, everything else was burnt away.



Spargo's hut is protected under the Victorian Heritage Act. The hut was built in 1927-28 by Bill and Cecil Spargo and is a survivor of the 1939 and 2003 bushfires.

Garry Brannan, David Crocker and Bob Jones

Activities . . . May to July+

Tarilta Creek Gorge Walk - Wednesday 21st May

Type: Day Walk Distance: 13km Grade: Medium

Features: Tarilta Creek drains Mt Franklin's western slopes before entering Upper Loddon State Forest. Tarilta Creek Gorge is less a gorge and more a rocky gully, although its relative isolation and tranquil surroundings more than make up for any lack of grandeur.

Afternoon tea/coffee at Togs in Castlemaine before returning to Bendigo.

Meet: At 8:30am in the carpark at the Kangaroo Flat Library.

Fuel Share: Zone 1 \$10

Contact: David Crocker ph 0409 425 604 or 5442 8189

Maldon & Mt Tarrengower - Wednesday 28th May

Type: Day Walk Distance: 11km Grade: Easy/Medium

Features: This short walk will take in the many impressive views from various points on top of the Mt Tarrengower Range. This will be a circular walk starting and finishing in Maldon and as there will be some climbing involved before getting to the fire lookout tower on the top of Mt Tarrengower. Mostly on tracks but there will be some off-track walking traversing the slope of the mountain.

Afternoon tea/coffee in Maldon before returning to Bendigo.

Meet: At 8:30am in the carpark at the Kangaroo Flat Library. Fuel Share: Zone 1 \$10

Contact: David Crocker ph 0409 425 604 or 5442 8189

Sailors Gully & Welsh Village Walk - Wednesday 4th June

Type: Day Walk Distance: 13.5km Grade: Medium

Features: A circular walk starting at Pennyweight Flat Children's Cemetery with visits to Garfield Water Wheel, Expedition Pass Reservoir (lunch) and the Welsh Village. With old water races, stone ruins, mine shafts and empty quarries to see along the way.

Afternoon tea/coffee at Togs in Castlemaine before returning to Bendigo.

Meet: At 8:30am in the carpark at the Kangaroo Flat Library, not Short Street.

Fuel Share: Zone 1 \$10

Contact: David Crocker ph 0409 425 604 or 5442 8189

Cocoparra National Park Base Camp - 6th – 9th June

With the advantage of the Queens Birthday holiday, this is an opportunity to explore Cocoparra National Park as it is about 430km north of Bendigo near Griffith. Cocoparra National Park is a place of contrasts – the eroded cliffs of the range overlook the wide valleys of cypress pine forests, sculptured red rocky landscapes intermingling with scenic creek gullies where a range of birds and animals flock to in the winter and spring, when most of the rain falls in this area of southern NSW.

On both Saturday & Sunday there will be two 10 – 12 km walks exploring the mountain slopes, cliffs and gullies and (hopefully) waterfalls.

Bring your own drinking water when you leave home.

Fuel Share \$58.

Buzza 0438437680.

Dargile Forest & Mount Ida (Heathcote) Sunday 8th June

Distance: 14km Rating: Medium Fuel share: \$10 (Zone 1)

The Dargile forrest is part of the Heathcote-Greytown National Park, and holds the largest remnant of box-ironbark woodland in Australia. The walk is a loop through the Dargile Forest (about 10km to the north of Heathcote) with a climb up onto the ridge-line which leads to the summit of Mt Ida and spectacular views over Heathcote and Lake Eppalock. The forest has a beautiful display of wildflowers in spring, but there may even be a few in bloom at the moment after the recent warm weather.

Depart from Short Street clubrooms at 9:00am and meet with Brett at the Queens Meadow Caravan Park in Barrack Street, Heathcote at approx 9:40am

It is essential that you please contact Brett Allender on 5448 5873 [bretta5@bigpond.com] prior to 9pm on Friday 6th June if you are interested in participating. This is to facilitate transport from Bendigo to Heathcote.

Mt Macedon - Sunday June 29th - Full day walk

This will be a circuit walk of Mt Macedon taking in the Memorial Cross, The Camels Hump, Days Picnic Ground , the Sanatorium Lake and Mt Towrong. Most of the walk is undulating forest, with a short steep section at both the start and finish. The walk is entirely on tracks, although a kilometre or so looks remarkably like road. We will do a short car shuffle to eliminate walking on asphalt, and to reduce the total distance to approximately 15Km.

Bring - Solid shoes/boots, wet weather gear, lunch, and a few dollars for coffee afterwards. The petrol contribution for non-drivers will be \$16.00 [ring 2].

Information from Parks Victoria at

<http://parkweb.vic.gov.au/explore/parks/macedon-r.p./things-to-do/walking>

http://parkweb.vic.gov.au/_data/assets/pdf_file/0005/315689/Park-note-Macedon-Regional-Park-walking-tracks.pdf

Leaving promptly from the Church Hall, Short Street, 8:30 am Sunday 29th June.

Garry Brannan 0450879917 garrybrannan@gmail.com

Beginners XC Skiing & Snow Camping (Friday 6th - Sunday 8th July)

Rating E/M

This weekend is an ideal introduction for people wanting to experience the beauty of the Australia's alpine environment in winter. Our intended destination is Falls Creek, however this may change depending on snow and weather conditions.

We will travel across from Bendigo on Friday evening and camp at Mountain Creek. Saturday morning will see us drive up the mountain, put on the skis and learn some techniques at a suitable area. After lunch we will grab our packs for the 3km journey to our sheltered, snow-covered campsite. We'll spend the remainder of the afternoon scooting around and practicing our turns on some gentle slopes.

On Sunday morning we will go for a tour along Heathy Spur before returning to the campsite and back to the cars. Total distance for the weekend will be around 25km, with 6km of pack carrying.

The cost is \$90 per vehicle for resort entry at Falls Creek, in addition to the usual fuel share arrangements. XC skis can be hired in Myrtleford for around \$90 for the weekend.



If you're interested then please contact Craig Doubleday on 0458 559 991.

Skiing and Snowshoeing on Mt Bogong (Friday 29th - Sunday 30th August)

Rating M

Experience the magic of Mount Bogong at the end of winter. We will leave Bendigo at 6pm on Friday evening and drive up to Camp Creek Gap. We will then walk up the Eskdale Spur by torchlight to Michell Hut and set up camp for the weekend.

Both Saturday and Sunday will be spent skiing some of the runs on Bogong, and doing some short tours to the West Peak and Cleve Cole Hut. Walkers on snowshoes are welcome, as are downhill skiers providing they have snowshoes or crampons for getting around.

The terrain is not suitable for beginner skiers, and if you plan on skiing runs then a reasonable level of fitness is required. Give Craig Doubleday a call on 0458 559 991 if you wish to attend.

Gippsland Lakes Paddling - Saturday to Monday, November 1st - 3rd

Painville to Lakes Entrance, then into the Southern Ocean. Paddle along the coast to Lake Tyers, and then along the Boggy Creek to NowaNowa. Experienced paddlers only.

Barry Walker

2014 Federation Walks Weekend, 7th to 9th November

Based in the small Gippsland village of Rawson. A range of walks will be offered in the Baw Baw National Park, around Walhalla and in the surrounding area. An attractive and affordable meals and accommodation package has been negotiated with Rawson Village.

Penguins to Cradle Walk -- Friday 28th November - Sun 7th December

Walk from the north coast of Tasmania at the small town of Penguin to Cradle Mountain, plus some 'unfinished business' at the top - Barn Bluff. 9½ days, 100 kilometres.

Garry Brannan 0450 879 917



... with apologies to Bill S.

BBOC ACTIVITIES CALENDAR - March to June

| DATE | DESCRIPTION | RATING | COMMENTS | CONTACT |
|------------------------------|---|-----------|--|---|
| MAY | | | | |
| Tuesday 27th | Club Meeting | | Snowy River from Mountain to Sea | |
| Wednesday 28th | Maldon & Mt Tarrengower - Distance: 11km | DW E/M | This short walk will take in the many impressive views from various points on top of the Mt Tarrengower Range. | David Crocker 0409 425 604 or 5442 8189 |
| JUNE | | | | |
| Wednesday 4th June | Sailors Gully & Welsh Village Walk - Distance: 13.5km | DW M | Pennyweight Flat Children's Cemetery Garfield Water Wheel, Expedition Pass Reservoir (lunch) and the Welsh Village | David Crocker 0409 425 604 or 5442 8189 |
| 7/9 June | Cocoparra National Park | E | Base camp | Buzza 0438 437 680 |
| Sunday 8th June | Dargile Forest & Mount Ida (Heathcote) Distance: 14km | M | A loop walk through the Dargile Forest, climb the ridge-line to the Mt Ida summit. Spectacular views over Heathcote and Lake Eppalock. | Brett Allender 5448 5873 |
| Tuesday 25th | Club Meeting | | Maira Island | |
| Sunday 29th | Mt Macedon Circuit | M | One of the best day walks about. | Garry Brannan 0450879917 |
| JULY | | | | |
| Friday 6th - Sunday 8th J | Beginners XC Skiing & Snow Camping - intended destination is Falls Creek. | E/M | An ideal introduction for people wanting to experience the beauty of the Australia's alpine environment in winter. | Craig Doubleday 0458 559 991. |
| Tuesday 22th | Club Meeting | | AGM & Kokoda | |

| DATE | DESCRIPTION | RATING | COMMENTS | CONTACT |
|--|--|--------------|--|----------------------------------|
| AUGUST | | | | |
| FRIDAY 29 TH - SUNDAY 30 TH | Skiing and Snowshoeing on Mt Bogong | M | Ski some of the runs on Bogong, short tours to the West Peak and Cleve Cole Hut. | Craig Doubleday 0458 559 991. |
| Tuesday 26 th | Club Meeting | | TBA | |
| NOVEMBER | | | | |
| Saturday 1st to Monday, 3rd | Gippsland Lakes Paddling -Painsville to NowaNowa. | H | This is a trip for experienced paddlers only. | Barry Walker 0417 521 623 |
| 7th - 9th Friday 28th - Sun 7th December | Federation Walks Weekend, Penguin to Cradle Walk -- | Various H | Rawson Villiage Includes the Leven Canyon and Cradle circuit | Garry Brannan 0450879917 |

E – Easy M – Medium H – Hard D – Day DW – Day Walk PC – Pack Carry BC – Base Camp

For additions to the activities calendar: - Email trip details to Peter and Garry for inclusion in the calendar together with a write-up for the newsletter. Please include BBOC in the subject, and Cc to both Garry and Peter.

Peter: ppemberton@bigpond.com Garry: garrybrannan@gmail.com

MEMBERSHIP RENEWAL FORM

Adults:

1. _____

2. _____

Children:

1. _____

2. _____

3. _____

Address: _____

Postcode: _____

Phone: _____ Mobile: _____

Email: _____

Next of Kin/Nominated person to contact in an emergency:

Name: _____

Phone: _____

Address: _____

Membership Fees for 2014/15 are due from 1st July 2014. Please return this form with your payment to:

The Treasurer,
Bendigo Bushwalking & Outdoor Club Inc.
PO Box 989, Bendigo, Vic 3552

Membership: Adults - \$40, Family - \$60.

Tick box if you agree to receive your newsletter by email rather than by regular post.

ACKNOWLEDGMENT OF RISKS AND OBLIGATIONS OF MEMBERS

This acknowledgment of risks applies to all club activities I may undertake as a member of the Bendigo Bushwalking and Outdoor Club Inc. In voluntarily participating in activities of the Club which are described to me by the activity leaders I am aware that my participation in the activities may expose me to hazards and risks that could lead to injury, illness or death or to loss of or damage to my property. I also acknowledge that I may encounter weather conditions that could lead to hypothermia and being in locations where evacuation for medical treatment may take hours or days.

In particular when participating in abseiling or above the snowline activities I am aware that these activities could expose me to additional hazards and risks described to me by the activity leader.

To minimise risks I will endeavor to ensure that

- Each activity is within my capabilities,
- I am carrying food, water and equipment appropriate for the activity.

In addition

- I will advise the activity leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity.
- I will make every effort to remain with the rest of the party during the activity
- I will advise the leader of any concerns I am having, and
- I will comply with all reasonable instructions of club officers and the activity leader.

I have read and understand the above requirements. I have considered the risks before choosing to sign this acknowledgment of risk. I still wish to join the activities of the Club. I acknowledge that I will take responsibility for my own actions and that signing this form or the payment of my subscription will be deemed as full acceptance and understanding of the above conditions.

Name: _____

Signed: _____

Date: _____