BENDIGO BUSHWALKING AND OUTDOOR CLUB

President's message for July

By the time you read this your new president will be somewhere in Northern Queensland on the way to the Gulf and Thursday island. So already I've missed a meeting. Never mind, a better chairman, Kerrie Cramer, will run the show in my absence.

Eight members of the Committee met at my place on August 11 and beavered away for nearly 2 hours, on your behalf, to make sure the Club is run as efficiently as possible. We are working on a\our BBOC Logo, our Operational Manual, our Methods, e.g. trip forms, incidence reports and we have updated our Fuel Sharing Policy. The Club is in good hands.

The highlight of the August meeting will be Garry Brannan's presentation on GPS Basics Unraveled. Garry writes that this will be a basic, interesting and factual information, not a geeky tech talk. So if you have a GPS or are thinking of getting one (an ideal birthday/Xmas present for you) and don't want to be confused by the instruction manual (tome) in 6 languages, just come along and let Garry fast track you to GPS proficiency.

Check out the Activities Calendar in this newsletter; there's a skiing trip, an easy day walk and a hard overnite walk, all before the September meeting.

Payment for 2014 -15 membership is now due. Fees are \$60 for a family and \$40 for single members. If you haven't paid already, fill out the membership form on the back of this newsletter and send/give it and your payment to our excellent treasurer Greg Doubleday.

Be good to yourselves,

Leigh Callinan

(President for Life, BBOC)

BENDIGO BUSHWALKING AND OUTDOOR CLUB INC

P.O. Box 989, Bendigo, 3552 Reg No. A0051482V

Meetings - 4th Tuesday every month [except Dec] Sacred Heart Hall, Short Street at 7:30 pm sharp

Membership: Single \$40.00 \$60.00

Family

Web address: http://gobush.org.au/

BBOC is affiliated with



The statements and opinions expressed in articles herein are those of the individual authors, and do not necessarily represent the views of the Bendigo Bushwalking and Outdoor Club.

COMMITTEE MEMBERS 14/15

President	Leigh Callinan	03 5442 3675
Vice President	Kerrie Cramer	03 5441 4422
Secretary	Chris Franks	03 5439 3549
Treasurer	Greg Doubleday	03 5447 8156
Walks Coordinator	Garry Brannan	0450 879 917
Equipment Officer	Chris Franks	03 5439 3549
Web Master	Peter Pemberton	0428 869 196
Newsletter	Garry Brannan	0450 879 917
General Committee	Kerrie Norris	03 5447 8017
General Committee	Roland Cauka	0402 024 096
General Committee	Maggie Smyth	03 5443 4530

Club Meetings:

Meetings are at 7.15 for 7.30 pm start on the 4th Tuesday of every month (except December) at the Sacred Heart Hall, just behind Haymes Paints in Short Street. There is an annual calendar of speakers, presenters, and activities. Visitors are always welcome.

Monthly Meeting Activity

 August 26th GPS basics unraveled. Basic, interesting and factual information, not a geeky tech talk. Garry Brannan



September 23rd Navigation/map reading- 'tried and true'! or 'Old and New' by Greg Doubleday and Friends

Oct 28th TBA

10 Min talk Risk Assessment guidelines

Greg Doubleday

• Nov 25th Calendar Planning – Garry Brannan

Dec Date to be decided. End of Year Function

(suggestions welcome)

Memberships for 2014 - 2015 Payment for annual Club Membership fees for 2014-15 are now being accepted. Please pay or forward your club fees to Greg Doubleday. Fees are \$60 for a family and \$40 for single members.

Welcome to new members and visitors

Bushwalking News Victoria – August 2014

This months' edition the Bushwalking Victoria Newletter is not currently available.

You will find it here in the next couple of days.

http://www.bushwalkingvictoria.org.au/newsletter-archive.html



Other news

Bits and pieces.

The new *Fuel Cost Sharing* map is attached to the back of the News Letter. Please note that generally the map works well, particularly out to about Ring 4, but for longer trips beyond that, other factors may come into play such as extended car shuffles, or mountainous areas. An example of this is Omeo, which on distance would be in Ring 8, not 6. Trip leaders running longer trips should consult with drivers and passengers prior to the trip if it appears that reimbursement is not sufficient or equitable.

Also attached is a *Participants Emergency Contact and Medical Information Form*. Every member should have a completed copy of this form in a sealed plastic bag in the top pocket of their pack for the information of Walk Leaders or Emergency Personnel in the event of a medical emergency.

Thirdly, a copy of the *Activity Registration/Risk Acknowledgement Form* is attached. This form MUST be completed by walk leaders for every walk. In the event of an insurance claim, this form will provide proof of participation, as well as providing statistics to Bushwalking Victoria for advocacy purposes. This form should be returned to the Walk Coordinator with money collected from visitors.

At the snow or in alpine regions

Reflective surfaces, such as water and snow, increase your risk of sun damage as these surfaces also reflect ultraviolet (UV) radiation. In some cases you can almost get a double dose of UV – directly from the sun and then through reflection.

In fact, clean snow reflects up to 90% of UV radiation and that UV gets 4% stronger for each 300m rise in altitude? The Australian Alps are 1800–2300m above sea level and the levels of UV are therefore 24–28% stronger.

- Slip! Slop! Slap! Seek! Slide! Slip on a shirt, slop on sunscreen, slap on a hat, seeking shade and sliding on wrap around sunglasses to prevent sun damage.
- Apply SPF30+, broad-spectrum, water-resistant sunscreen and lip balm at least 20 minutes before going outside to protect any part of your body that is exposed.
- Reapply every two hours put a tube of sunscreen in your jacket pocket or bag.

http://www.sunsmart.com.au/sun_protection/when_do_i_need_sun_protection/at_the_snow_or_mountains/

Regent Honeyeater Planting Days 2014 Sept 6/7 Sept 20/21

The RHE Project Team would like to invite you to our volunteer planting weekends at Benalla, in September. Your club has generously supported the RHE Project in other years and we have appreciated your efforts. Come for the day or stay for the weekend.

- · Our sites are fenced
- The ground is prepared
- The seedlings are thriving......

So gather a group of friends & come up to the beautiful Lurg Hills. Enjoy the fun, good food, and friendship, as we secure a future for our threatened species. Our 2014 planting season is about to begin, and we have another 25 habitat sites being restored for threatened species like the Regent Honeyeater, Grey-crowned Babbler, Squirrel Glider and Brush-tailed Phascogale.

Free accommodation, community dinner, BBQ, bush dance.

Please come and join us for a great weekend away in the country, achieving results that will last a lifetime....

Meeting Places 9.00 am Benalla Ceramic Mural (beside the bridge over Lake Benalla) OR

9.00 am in the township of Winton (large car park near the CFA shed)

9.15 am Welcome for all our volunteers at Winton.9:30 am Travel in convoy to the planting site.

9:45 am Registration at the planting site and start planting.

Accommodation: Sleeping quarters at Benalla Scout and Guide Halls.

Mattresses supplied & small kitchen facilities available.

BYO sleeping bag & pillow.

Hot showers at Benalla Leisure Caravan Park, \$3.

What to Bring: Sun-screen, hat, boots or sturdy shoes, long trousers, gloves, rain jacket, hand-trowel.

Meals: BYO lunch for Saturday, as we will be out in the field all day.

Hot cuppa supplied for morning and afternoon tea. Sumptuous meal supplied on Saturday evening.

BYO breakfast for Sunday, or sample the delights of the local bakeries.

Free BBQ lunch in the bush on Sunday after planting.

Activities: Bush dance on Saturday night for the energetic.

Wildflower & ecology walk on Sunday afternoon, in some of our best bush remnants. See the fantastic growth in some of our older sites, a decade or more after planting.

Numbers Expected: Please let us know in advance the no. of people coming, so we can cater appropriately.

Contact: Ray Thomas (03) 57 611 515 email ray@regenthoneyeater.org.au Photography

From Nurse Kerrie

Acti-Bliss is the solution to blister prevention so you can continue to pursue the great outdoors in comfort. Imagine the genuine softness of exquisitely carded Australian Sheep's wool – enriched with the natural soothing properties of Lanolin – protecting your feet as you remain active. Simply wrap your toes or hot spots on your feet in Acti-Bliss before you put your socks on (your socks will bond with Acti-Bliss and keep it in place once on) and enjoy bushwalking the blister free way.

Available direct through www.ActiBliss.com.au



Photography Competition

Over this year, some of our members have presented trip reports both for the newsletter and at meetings accompanied by amazing photographs. It seems like a perfect opportunity to collect the best of these images for club promotion on the website but also to recognise the skill of the photographers.

The Committee have therefore decided to run a photographic competition. At this stage the Committee are looking for twelve amazing photos from which one will be one deemed to be "The photograph of the year 2013-2014." The number twelve has been chosen so that a calendar can be created using them which would be available on pre-order at a cost of approximately \$25-\$30.

Unfortunately, to date there have been few entries, therefore some modifications to the entry details have been made.

- The deadline has been extended to September 30th
- Entries will be judged by a photography lecturer from LaTrobe University
- First prize will be a print of the winning photograph, matted and framed to 50x40cm
- All other winning entries will be printed at 30x40cm
- Photos need to have been taken between January 2013 and June 30, 2014, on a club activitie and labeled with venue and date.
- Photos need to be from a camera of a minimum 5 megapixels.
- Photos should be emailed to Garry Brannan garrybrannan@gmail.com
- Limit of 12 entries per member
- If identifiable images of members appear in the photo then permission for publication must be obtained
- Entry of photos entitles the club to use the images for club promotion in newsletters or on the website

Black Hill Reserve and Lauriston Reservoir Sunday 28th September.

Q: When is a walk not a walk?

A: When it is an experience.

Rod Smyth [in a previous life] was the manager of the Lauriston

Reservoir, and as such has intimate knowledge of the structure. Join him on Sunday 28th September for a two hour walk in the Black Hill Reserve, Kyneton, then after lunch, for an insiders look at a rare form of structure – the Lauriston Reservoir.

The 'Experience Express' will leave Short Street at 9.00am, those wishing to travel direct to Kyneton can contact Rod for meeting instructions - 0419 378 709

https://sites.google.com/site/blackhillreservekyneton/home

Further details in the next news letter.

The deadline for the next edition of GoBush is Wednesday the 17th of September.

Thanks for all the great contributions lately, I can always use more.

Please forward Trip Reports, details of Coming Events, and any interesting articles to Garry - garrybrannan@gmail.com or call me on 0450879917





Trip Reports

Melville Caves and Mt Kooyoora. Sunday 27 July 2014.

Attendance on day walks in 2014 has been disappointingly very low so it was with some trepidation that I drove to the meeting place in Short Street. However, twelve people were prepared to accompany me on the walk on a beautifully fine winter's day, so I could not have asked for more.

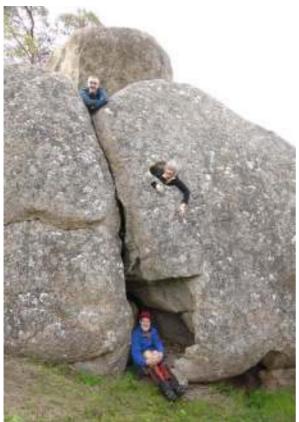
The 13.7 km circuit walk was developed combining 2 walks described by Tyrone Thomas and Glenn Tempest in their respective books. References are listed at the bottom of this report.

After parking the cars in the Picnic Area we walked steeply uphill on the steps passing Seal Rock and a short walk through the caves. At the Caves Lookout, the scenery was magnificent, Mt Moliagul directly in front, Mts Alexander and Tarrengower seemingly floating on a "sea of fog" to our left.

The best part of the walk was the 5km untracked section on Mt Kooyoora and its western spur. From the White Swan mine we walked across a broad saddle noting clumps of flowering scented sundews and Earth Star fungi. We started the ascent in a gully on the rocky south face of the mountain at grid reference 411, 487. We gained the East Ridge and then it was only a short walk to the summit with its grassy camping area and summit boulder. Several members scrambled up the southern side of

the boulder to the actual summit.

A short path from the camping area led to viewpoint on top of a huge sweeping granite slab. The panoramic view took in the entire western spur where we were headed. We checked a teardrop-shaped deep rock well probably used by aboriginals. John described how rock wells form from weathering by water, displacing the feldspar in the rock and compromising the integrity of the granite.



Stock Rocks. David, Kerrie and John.



Peak Baggers. Ray, Kerrie, David V, Keith, Garry, and Lionel.

Nearby was Mt Brenanah which marks the northern limit of the park. Ray mentioned that he rode his bike to the top some years ago.

We did not hear many birds on the mount, in fact we heard more birds singing whilst walking back along the gravel sand roads through open woodland, but Barb with her binoculars spotted an Owlet-nightjar and many of us heard and saw a cuckoo calling whilst perched unobtrusively on a dead branch. Its song had a descending inflection and the bird's breast was a light buff red.

Maybe a brush cuckoo? Two great sightings.

We enjoyed lunch at "Stocks Rock", grid reference 400494, and then checked out Kooyoora caves at grid reference 396495 including "Swallow Cave" and "Lizard Rock" named by Bev C many years ago. The spur opened up and we soon reached an old vehicle track which led to the Mt Kooyoora track and then to Mount View road. There were excellent views of Mt Kooyoora and the western spur and in the open woodland there were many gnarled yellow gums and even a white-trunked yellow gum.

Day walks are all about social interaction and this group started animated discussion every time we stopped. I was keen to keep them moving but very conscious that I was disturbing important conversations. I overheard discussions on Macedonia and Bulgaria and learnt that John is even reading a tome on Crimea. AFL was discussed and I was surprised that we had so many Richmond supporters in the group.

Others talked about the New Plymouth gardens in NZ and Cinque Terre in Italy. From the Club's perspective there was a lot of talk about upcoming trips-such as Peter's walk to the Razor and the Viking, Garry's walk from Levin Canyon to Cradle Mountain and questions about what one was making/taking to Bill's wheeled Birthday Bash. There was even talk about trips not yet on the calendar.

Thank you to all those who supported the walk: Kerrie, Kate, Barb, Vivienne, Andrea, John, Garry, Ray, Max F, Keith, David V, Lionel and Bob.

References:

Day Walks around Victoria. Walk 20. Mt Kooyoora. pp102-105. Glenn Tempest. Goldfields Library Reference: 796.51 TEM.

60 Walks in Central Victoria's Gold Fields and Spa Country. pp38-43. Tyrone Thomas. Goldfields Library Reference: 796.51 THO.

Bob Jones.

Fryers Ranges – Day Walk Sat 16 August 2014.

My thanks for the company of Rechelle, Kerrie, Garry and Geoff.

The distance was almost 16kms, the weather: Southerly wind, light cloud, but fine for exercise.

The first half of this walk was on the 4wd tracks. Even they are steep, but they are useful to loosen up. Along the way nature treated us to an abundance of wild flowers, and our patient trip leader was soon leaning on his walking stick while the digital "shutterbugs" were in action.

We walked in a sort of a loop. Heading west away from the car. Lunch was taken sitting on rough rocks on a knoll about 200 mtr from the Irishtown track.

After lunch, we went bush, dropping down steep valleys, up and over a spur, then down again, passing a creek and some diggings, then up again to another knoll. Dropping down from here, to the Nth-west, we encountered Nuggetty Creek. This was full of old and new gold works. We then followed the creek upstream, in and out of its bed, for about a km or so.

Decision time, check the time, so decided to start the loop back home. Heading up and up, on a series of steps and saddles, from about 390mtr altitude to 548mtr altitude.

Desiring more bush rambling, we went south on Fryers Ridge road for about ½ a km then dropped off the road, down the valley, heading east. We eventually struck Dearden's track, leaving a simple plod of about 1 km to the car.

My thanks to all, Bill Clark



Fryers Ranges. Kerrie, Geoff, Garry, and Rechelle.

Activities . . . August to January

Mt Macedon - Sunday August 24th - Full day walk

This will be a circuit walk of Mt Macedon taking in the Memorial Cross, The Camels Hump, Days Picnic Ground, the Sanatorium Lake and Mt Towrong. Most of the walk is undulating forest, with a short steep section at both the start and finish. The walk is entirely on tracks, although a kilometre or so looks remarkably like road, and the last section is very rough. We will do a short car shuffle to eliminate walking on asphalt, and to reduce the total distance to approximately 15Km.

Bring - Solid shoes/boots, wet weather gear, lunch, nibbles to keep your energy up during the day and a few dollars for coffee and cake afterwards. The petrol contribution for non-drivers will be \$16.00 [ring 2].

Information from Parks Victoria at

http://parkweb.vic.gov.au/__data/assets/pdf_file/0005/315689/Park-note-Macedon-Regional-Parkwalking-tracks.pdf

Leaving promptly from the Church Hall, Short Street, 8:30 am Sunday 24th August.

Garry Brannan 0450879917 garrybrannan@gmail.com

Skiing and Snowshoeing on Mt Bogong (Friday 29th - Sunday 31th August) Rating M

Experience the magic of Mount Bogong at the end of winter. We will leave Bendigo at 6pm on Friday evening and drive up to Camp Creek Gap. We will then walk up the Eskdale Spur by torchlight to Michell Hut and set up camp for the weekend. Both Saturday and Sunday will be spent skiing some of the runs on Bogong, and doing some short tours to the West Peak and Cleve Cole Hut.

Walkers on snowshoes are welcome, as are downhill skiers providing they have snowshoes or crampons for getting around. The terrain is not suitable for beginner skiers, and if you plan on skiing runs then a reasonable level of fitness is required.

Craig Doubleday 0458 559 991 if you wish to attend.

Nardoo Hills Reserves (Mt Kerang) Sunday 31st of August

Established, 2004. Area, 1007ha. Nardoo Hills is located in north-central Victoria, approximately, 12 km north of Wedderburn and 100km north west of Bendigo. Join Reserve Manager Jeroen van Veen for a guided walking tour of the Reserve. There will be plenty of time for stopping, looking and talking so the pace should be gentle. The aim of the visit is to introduce people to the natural environment of Nardoo Hills Reserves and the work of Bush Heritage. You will mostly be walking off track and the terrain is hilly and rocky.

Bring day pack, long pants or gaiters, sun hat, sunscreen, beanie, warm clothes, wet weather gear, morning tea, nibbles, lunch and drinks, including drinking water for the entire day. Wear sturdy foot wear for off track walking. The petrol contribution for non-drivers will be \$16.00 [ring 2].

There is a composting toilet at the entrance to the reserve. Mobile phone coverage is patchy at best.

Meet at Short Street for 9.00am departure, 10.30am at Nardoo Hills. After an initial introduction, we will set off on foot to explore more of this wonderful property; taking in some of the key features and management practices. Fuel share \$16.

http://www.bushheritage.org.au/reserves_NardooHills

For this trip to run, there is a requirement for a minimum of eight participants [max. 24], therefore you <u>must</u> contact Ray if you intend to go.

Ray Wilson 5447 8862 or rayandmareewilson@gmail.com

Wyperfeld National Park – 12th to 14th September 2014.

Three Days Rating: Hard

Distance: ~ 48 Kms.

Weather: Hot and Cold.

Mission: To find and document a natural stone wall that's holding back a

sand dune (before it gets overgrown and lost again).

We should have enough time to visit Arnold Springs and see a

little bit of water in the desert.

Country: I believe the first part of the walk was burnt this last summer,

therefore sandy with dead sticks. A few horizons later, we will be in country that is

regrowing from a fire about 10 years ago. Sand, always sand!

Map: Albacutya 1:100,000. 7226. Victoria. And /or Park Notes.

Bring: Compass (don't coming without one), all weather clothes, three days of food and water

for three days [ie. Water @ min 4 litres a day x 3) We will be going out and back on the same track, so some water can be cached on the way out to reduce the amount carried.

GPS, 1st aid kit, snake bite bandage, stove, tent and sleeping gear, sunglasses, hat.

Fuel share: Zone 5. \$44.00

Contact: Bill Clark. 5442 1432. ECP: Rose Clark 5442 1432.

Razor Viking Circuit, 24th – 29th October

The date has changed for this walk due to a calendar clash, it is now Friday 24th to Wednesday 29th October. The plan is to leave Friday night and return Wednesday night. Wednesday is Bendigo cup day, so for us workers it will mean 2 days leave. Due to road closures, the starting point for the walk will be Cobbler Lake (via Whitfield) where we will camp Friday night. The walk will be the same as the four day Viking circuit described in Chapman's Bushwalking Australia, except for the access from viewpoint. As we will be walking in from Lake Cobbler, the walk will be approximately 60km (about 20km longer than the Viking circuit), hence 5 days.

Proposed camping sites will be Lake Cobbler, Mt Despair saddle, Wonnangatta River, Macalister Springs, Mt Koonika /Mustering flat and then home to your own bed (possibly via a steak sandwich and milkshake at Benalla).

The walk into Mt Despair will be along a 4wd track which will be closed to cars at this time of the year. We will pick up the Viking circuit walking track west of the Catherine saddle. We can leave a food drop (Tuesday dinner, Wednesday breakfast and lunch) near the foot of Mt Speculation on the way in, and pick this up when we descend Mt Speculation Tuesday afternoon. If there is energy remaining on the last day, we can veer off to Mt Cobbler on the way out after Boomerang Knoll for a change in scenery to the first day.

This walk involves a considerable amount of rock scrambling, light foot pads through thick scrub and a 3 metre rope aided climb (hopefully the rope is still there). The third day will include a thousand metre ascent, and total climbing for the Viking walk is 2640m. Sections of the walk are in exposed wilderness alpine country (>1700 m), and therefore requires the appropriate clothing and equipment for possible foul weather. It is recommended only for bushwalkers experienced in walking off track in rough country.

Spring time is a good time for this walk due to wild flowers, water availability, and there will possibly be very few people around due to limited access.

If you are interested, I can send a PDF of the walk as described by Chapman.

Peter Pemberton 0428869196

Gippsland Lakes Paddling - Saturday to Monday, November 1st – 3rd Date subject to change.

Paynsville to Lakes Entrance, then into the Southern Ocean. Paddle along the coast to Lake Tyers, and then along the Boggy Creek to NowaNowa. Experienced paddlers only.

Barry Walker 0417 521 623

Wheel Walk – Fryers Ranges 29 – 30 November 2014.

Rating: E - M.

Distance: >8kms Saturday. >10kms Sunday.

Country: This will be all on gravelly 4WD tracks. But, even those tracks are steep!.

Map: 1:25,000 Drummond. Series 7723-1-3. Victoria. And Park notes.

Weather: Probably warm. If the government is burning off (ie killing the bush) we may have to

move or cancel.

Mission: To go bush and... NOT carry a pack on one's back. This will be a Sat morn to Sunday arvo

walk.

YOU MUST CARRY ALL YOUR GEAR ON, OR IN, A WHEELED DEVICE.

People with packs on their back are not welcome!!... "persona non grata"

Bring: Wheeled device. Say 30 hours of food and water. Champagne. Cake. Compass, pencil,

paper. Torch. Box of matches. Weather smart clothing. Tent etc. 1st Aid Kit.

Fuel share: Zone 1. \$10.00

Contact: Bill Clark 5442 1432. Ecp: TBA, probably the RACV

Murray River Canoe Tour Sat 27 December – Sun 4 January 2015 (9 days)

Commments A six day tour on the Murray River, Hattah-Kulkyne NP to Gol Gol, 156 k

Section Murray River-Chalka Creek junction (Hattah-Kulkyne NP) to Gol Gol (near Mildura)

Dates Saturday 27 December – Sunday 4 January 2015 (9 days)

Organiser John Lindner, 5448 3406

Distance156 river kilometres, this will average about 26 k per dayCampsitesJunction of Chalka Creek and Murray River2 nightsOn the river(all these are sand bars)5 nightsGol Gol (River Gardens Tourist Park)1 night

Itinerary

Day 1 Travel from Bendigo to Chalka Creek–Murray River junction via Kerang, Swan Hill,

Piangil, Manangatang, Annuello, Wemen - Distance is about 330 k

Day 2 Place cars at Gol Gol, most likely at the caravan park – [210km return]. Since we do

not want to do two car shuffles, hopefully we will get someone to bring all the

drivers back, or we pay someone.

Day 3/river 1 Chalka Creek to Doherty's Bend 26 km Day 4/river 2 Doherty's Bend to near Tarpaulin Island 24 km Day 5/river 3 Tarpaulin Island to Big Tree Bend 26 km Day 6/river 4 Big Tree Bend to Bengallow Creek 28 km Day 7/river 5 Bengallow Creek to Bottle Bend 24 km Day 8/river 6 Bottle Bend to Gol Gol 28 km

Day 9 Return to Bendigo via the Calder Highway

Contact John Lindner, 5448 3406 - please phone for full details to be posted/emailed

Kosciuszko National Park Main Range & Thredbo area (9 days) Sat 17 – Sun 25 January

A series of day walks over nine days on the Kosciuszko Main Range and adjoining areas, base camping on the Thredbo River

ORGANISER John Lindner, 5448 3406

OUTLINE

Day 1 Travel from Bendigo to Thredbo via Violet Town, Wodonga, Corryong, Khancoban, Tom Groggin, Dead Horse Gap. 504 k = 5/6 hours

Nice stops on the way: Murray River at Brigenbrong (Vic-NSW border),

Swampy Plains/Geehi River, Tom Groggin, Dead Horse Gap

- Day 2 Mount Kosciuszko summit from the top of the chairlift, 12.0 k return.
- Day 3 Shorter walk (to be planned)
- Day 4 Ramshead Range circuit from Dead Horse Gap, 17.0 k
- Day 5 Shorter walk (to be planned)
- Day 6 The Chimneys from Dead Horse Gap, 14.0 k return
- Day 7 Perisher Village to Mt Wheatley and the Porcupine, 8.0 k circuit
- Day 8 Rolling Grounds circuit, 22.0 k
- Day 9 Return to Bendigo

CAMPSITE Thredbo Diggings, 13.0 k east of Thredbo on the Alpine Way

Facilities: toilet, tables, trees, grassed sites for tents.

River water: this is OK to drink but should be boiled or treated in some way, otherwise bring your own drinking water.

PARK ENTRY AND CAMP FEES - Camping charge is included in the vehicle entry fee. \$16.00 per vehicle per day, regardless of the people. For the 8 nights at the campsite this will be \$128.00. You can also buy a 5 day pass (one free day) at \$64, the other 3 days will cost \$48 [3x16] Total = \$112, it makes sense to have at least 2 people per car.

Park Fees are payable at the Khancoban office of the National Parks Service as you pass through during office hours only.

WEATHER The timing and exact location of all walks depends on the weather

EQUIPMENT Please make sure you bring clothing and equipment suitable to cope with alpine conditions, both hot and cold weather.

Wobbly-knees Weekend Walk for Weary, Wounded 'n Wannabe Walkers. Where? Witchies . . . er . . . Ritchies Hut, 27th February – 1st March

An easy pack-carry weekend. Friday night at Sheepyard Flat, Saturday walk into Ritchies from the Eight Mile [6km], set up camp, fish, swim, do yoga, read a book, sit around and tell lies of previous exploits, whatever. Community hors d'oeuvre, antipasto and canapés prior to a self catered main meal, then more stories and lies around the campfire.

There is no limit to what you may bring, deck chairs, umbrellas and four-burner BBQ's are to be encouraged, but strictly BYO. Drum kits and amplified music are prohibited.

Sunday, leisurely breakfast, then walk the 6 km out after lunch. Ritchies is a good hut if the weather turns bad, and there is also a long drop toilet nearby. This is an ideal weekend for those who do not carry a heavy pack any more, or for new members who would like to experience the joy of being free of the car for a weekend. No gear? No problem! Give me a call.

Garry Brannan 0450879917

BBOC ACTIVITIES CALENDAR - August to March

DATE	DESCRIPTION	RATING	COMMENTS	Сонтаст
August				
Sunday 24th	Mt Macedon Circuit	М	One of the best day walks about.	Garry Brannan 0450879917
Tuesday 26th	Club Meeting		GPS basics unravelled.	
Friday 29th - Sunday 31th	Skiing and Snowshoeing on Mt Bogong	M PC	Ski some of the runs on Bogong, short tours to the West Peak and Cleve Cole Hut.	Craig Doubleday 0458 559 991.
Sunday 31st of August	Nardoo Hills Reserves (Mt Kerang), mostly off track, the terrain is hilly and rocky.	Е	Join Reserve Manager Jeroen for a guided walking tour of the Reserve. Contact Ray if you intend to go	Ray Wilson 5447 8862
September				
Friday 12th to Sunday 14th	Wyperfeld National Park Distance ~ 48 Kms.	Hard	The mission: Find and document a natural stone wall	Bill Clark 5442 1432
Tuesday 23th	Club Meeting		Navigation/map reading	
Sunday 28th	Black Hill Reserve and Lauriston Reservoir	Е	An Easy day walk, very accessible. An experience not to be missed.	Rod and Maggie Smyth 0419378709
Остовея				
Friday 24th to Wednesday 29th October	Viking Circuit Five day overnighter Start/finish at Cobbler Lake	H PC	Mt speculation, Mt Despair, The Viking, WonnangattaRiver, the Crosscut, Mt Koonika and Mt Cobbler.	Peter Pemberton 0428869196
Tuesday 28th	Club Meeting		ТВА	
November				
Saturday 1st to Monday, 3rd	Gippsland Lakes Paddling - Paynsville to NowaNowa.	Н	This is a trip for experienced paddlers only.	Barry Walker 0417 521 623
Sunday 23rd	Bullarto Reservoir- Babbington Hill 10.3km	E/M	Basalt capped plateau, manna gums, hidden reservoir and historic spring	Bob Jones 0458012934
Tuesday 25th	Club Meeting		Calendar Planning	
Saturday 29th – Sunday 30th November	A Wheel Walk, Fryers Ranges aka Bill's Birthday Bash. Gravelly 4WD tracks, some steep.	E-M	YOU MUST CARRY ALL YOUR GEAR ON, OR IN, A WHEELED DEVICE. People with packs on their back are not welcome!! "persona non grata"	Bill Clark 5442 1432
December				
Friday 5th - Sun 14th December	Penguin to Cradle Walk [Booked out]	Н	Includes the Leven Canyon and Cradle circuit	Garry Brannan 0450879917
Date to be fixed.	End of year function.			
Sat 27th Dec – Sun 4 January	Murray River canoe trip. Six day tour, nine days total.	М	Hattah-Kulkyne NP to Gol Gol, 156 km Please phone John for full details .	John Lindner, 5448 3406.
JANUARY				
Sat 17 – Sun 25 January 2015. (9 days)	A series of day walks on the Kosciuszko Main Range and adjoining areas	Both M & H	Alpine area day walks Base camping on the Thredbo River. Please phone John for full details.	John Lindner, 5448 3406.

DATE	DESCRIPTION	RATING	COMMENTS	CONTACT
FEBRUARY				
27th February – 1st March	Ritchies Hut – A very easy pack-carry weekend. Suitable for all.	Е	Wobbly-knees Weekend Walk for Weary, Wounded 'n Wannabe Walkers	Garry Brannan 0450 879 917
March				
14th - 22nd	Mystery Paddle	М	Watch this space	Bob Jones
April				
April – date to be fixed.	Gammon Ranges - possibly at the end of April 2015. (10 days incl 3-4 days travel) Please phone for full details.	H PC	Desert range wilderness area, requires water and food drops. Interested? - let me know what dates in April suit. ppemberton@bigpond.com	Peter Pemberton 0428869196

 $E-Easy \quad M-Medium \quad H-Hard \quad D-Day \quad DW-Day \ Walk \quad PC-Pack \ Carry \quad BC-Base \ Camp$ For additions to the activities calendar: - Email trip details to Peter and Garry for inclusion in the calendar together with a write-up for the newsletter. garrybrannan@gmail.com

	MEMBERSHIP RENEW	AL FORM		
Adults:				
1		Membership Fees for 2014/15 are due		
		from 1st July 2014. Please return this		
Childre		form with your payment to:		
1		The Treasurer,		
2		Bendigo Bushwalking & Outdoor Club Inc.		
3		PO Box 989, Bendigo, Vic 3552		
Address	s:	Membership: Adults - \$40, Family - \$60.		
		•		
		Tick box if you agree to receive your newsletter by		
	de:	email rather than by regular		
	Mobile:	post.		
	Kin/Nominated person to contact in an emergency:			
Name:_				
Phone:				
Address	s:			
	ACKNOWLEDGMENT OF RISKS AND OB	BLIGATIONS OF MEMBERS		
Bendigo are des expose my pro	knowledgment of risks applies to all club activities I roo Bushwalking and Outdoor Club Inc. In voluntarily partibed to me by the activity leaders I am aware that me to hazards and risks that could lead to injury, illroperty. I also acknowledge that I may encounter weathermia and being in locations where evacuation for me	participating in activities of the Club which my participation in the activities may ness or death or to loss of or damage to ther conditions that could lead to		
	cular when participating in abseiling or above the sn es could expose me to additional hazards and risks d			
To mini	imise risks I will endeavor to ensure that			
•	Each activity is within my capabilities,			
•	I am carrying food, water and equipment appropria	ite for the activity.		
In addit	tion			
•	I will advise the activity leader if I am taking any me			

- limitation that might affect my participation in the activity.
- I will make every effort to remain with the rest of the party during the activity
- I will advise the leader of any concerns I am having, and
- I will comply with all reasonable instructions of club officers and the activity leader.

I have read and understand the above requirements. I have considered the risks before choosing to sign this acknowledgment of risk. I still wish to join the activities of the Club. I acknowledge that I will take responsibility for my own actions and that signing this form or the payment of my subscription will be deemed as full acceptance and understanding of the above conditions.

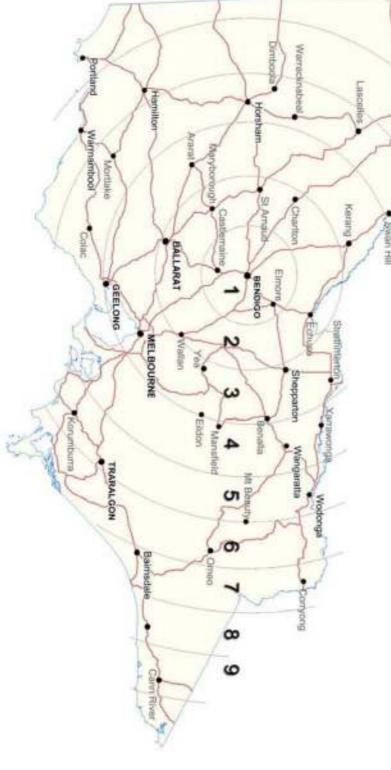
Name:	Signed:	Date:

FUEL COST SHARING

This map is a general guide for trip leaders on how to calculate the minimum reasonable fuel costs per the table. [per person] for participants who are car sharing. The zones 1-10 are assigned a fuel-share cost as

be considered and shared between passengers. apply to cover car-shuffles, or if additional significant distance is travelled. Free-way tolls must also route the car must travel over involves low-economy mountain roads or tracks. Extra charges may It is quite in order for a trip leader to apply an extra cost on top of the fuel-share zone rates if the

occasionally people to provide the transport when in all fairness you should be prepared to OFFER your own car Members are also to take heed of the necessity to share the use of vehicles. Don't expect the same



10	9	00	7	6	(J	4	ω	2	ш	Zone Number
\$95	\$85	\$75	\$65	\$55	\$45	\$40	\$30	\$20	\$10	Share

PARTICIPANT'S EMERGENCY CONTACT & MEDICAL INFORMATION

This information is for emergency use only and is to be carried in your pack at all times in a sealed plastic envelope. It is your responsibility to update this information if there is a change in details.

Name:			
Home Address:			
			Post Code
Telephone: Home	E	_ Mobile:	
Medical Informati			
Medical Condition:	:		
Current Medication	ns:		
Allergies:			
/orgico.			
Do you have curre	nt immunisation against:	Tetanus Y/N HepA	Y/N HepB Y/N
Medicare Number:	·		
Private Health Insu	urance Fund (name):		
Ambulance subscr	iber Y/N		
Emergency Conta			
Name:			
Home Address:			
Telephone:	Home	Mobile	
Relationship:			
Signed:			Date

Privacy Statement:

The information contained in this form is for emergency use only and will be used if you are ill or injured whilst participating in an activity of your bushwalking club. The information will only be accessed by the walk leader or their delegate and given to the relevant medical and/or emergency services personnel.

Bendigo Bushwalking and Outdoor Club

Inc. A0051482V

Activity Registration / Risk Acknowledgement Form

Activity	Location .	Dist	ance walkedkm.
Date(s)	Leader	Phor	ne
All participants must	read and sign this acti	vity registration / risk ac	knowledgement form
	g in this activity, I am aw	rare that I may be exposed to	
I am carrying food and eq	juipment appropriate to th	sure that this activity is withing activity. I have also advise ation that might affect my particular than the control of the	d the leader if I am taking
	articipate in this activity.	ave considered the risks before I will make every effort to re ons of the activity leader.	
	covered by the Club's Pu	Club, and visitors (who on blic Liability/Personal Accid	
	Me	embers	
Name	Signature	Name	Signature
	the activity, with any sub	to 3 activities in any one insusequent membership fee reductions	
	,	Deeds D	
Name	Signature	Address/Email	