# GO BUSH

### SEPTEMBER 2018



## BENDIGO BUSHWALKING AND OUTDOOR CLUB INC.

# **Significant Club Changes**

### **Committee Meetings**

The committee has decided to only meet once every 2 months starting September. So if you have been concerned about the level of time you may need to commit to a committee position then essentially there will be only around 5 meetings per year the committee meets. This should make it even easier for members to put in a little bit of time to support the club.

### **Rewarding Trip Leaders**

For those fantastic members who lead trips the committee has decided to encourage and support their efforts by offering free membership. If you lead at least 4 completed trips per year, the **following** years membership is free.

#### **Facebook**

Many clubs use Facebook as a tool to communicate between members and it's so easy to post a picture of a trip. It also increases club exposure. So if you are familiar with FB groups and would like to involve yourself, let us know as we are investigating creating an FB page for the club.

# **Membership Benefits**

Insurance coverage on members trips. 10% discount at Aussie Disposals Bendigo. Your Bushwalking Victoria membership card enables you to obtain discounts at a number of retailers. Note that Bushwalking Victoria membership cards need to be presented prior to processing of sale.

http://bushwalkingvictoria.org.au/bwv-membership-card-benefits/bwv-membership-card-benefits

Note: RRP = Regular Retail Price-does not include sale or consignment items or hire gear

# BENDIGO BUSHWALKING AND OUTDOOR CLUB INC

P.O. Box 989, Bendigo, 3552 Reg No. A0051482V

E-Mail: enquiries@gobush.org.au

Meetings - 4th Tuesday every month [except Dec]
Presbyterian Church Hall, 35-41 Forest Street
Meetings start at 7:30 pm sharp.

Web address: http://gobush.org.au/

The BBOC is affiliated with

Bushwalking Victoria

# Membership

Fees are \$60 for a family and \$40 for single members. Payable each financial year.

A Membership Form can be found on the website at <a href="https://www.gobush.org.au">www.gobush.org.au</a>.

Remember you must sign the Acknowledgment of Risk at the bottom of the membership application otherwise you are not covered by the Club insurance.

You are welcome to try a trip or two at the nominal cost of \$2 per trip.

### Wanted

<u>Trip Leaders:</u> Have you found a wonderful place to visit and would like to share it with others? Is there a place you would like to go and want company? Organise a trip! We have many leaders who are eager to assist you.

<u>Club Night Events</u>: Is there something you would like to see at a club night? Learn to navigate? Camping food? Perhaps you want to tell us about one of your trips or know someone who can give a talk. Let us know.

### **Deadlines**

Submissions to the newsletter deadline are the third Tuesday of the month. Mail to bendigo.bushwalking@gmail.com

### COMMITTEE MEMBERS 17/18

President Kerry Cramer Vice President Anne Bridley Secretary Chris Franks Treasurer **Greg Doubleday Equipment Officer** Chris Franks Web Master Peter Pemberton Newsletter Roland Cauka Trip Coordinator Anne Bridley General Committee Roland Cauka General Committee Liesje Wilson General Committee John Lindner

The statements and opinions expressed herein are those of the Editor and individual authors. They do not necessarily represent the views of the Bendigo Bushwalking and Outdoor Club Inc.

# Reading

Bushwalk Australia Magazine <a href="http://www.bushwalk.com/forum/">http://www.bushwalk.com/forum/</a> Latest magazine is linked on the page

Bushwalking Victoria News <a href="https://bushwalkingvictoria.org.au/newsletter-archive">https://bushwalkingvictoria.org.au/newsletter-archive</a>
Benalla Bushwalking Club Newsletter

<a href="https://benallabushwalkingclub.org.au/newsletters.html">https://benallabushwalkingclub.org.au/newsletters.html</a>

# **Monthly Meeting Activity**

To be announced

### Federation Walks 2018

Federation walks are still available. Check out the link to see if any appeal to you.

https://mailchi.mp/0a6ecdbf6e5b/federation-walks-2018?e=57f3db47bb

# **Upcoming Trips**

Here is your opportunity to tell everyone about your trip. Send me a paragraph with the highlights and a rough trip plan so that members can get excited and flood you with messages wanting to go.

Whroo Hidden Treasures Walk - Saturday 6th October, 2018.

Estimated Distance: 7 kilometres, Degree of Difficulty: easy to medium

Join us for a walk in and around the Whroo Historic Reserve, five kilometres south of Rushworth. Whroo is a small historic goldfield set amongst ironbark forest with many relics of past mining history including the interesting Whroo cemetery. Many wildflowers and wattle will be in bloom. Unfortunately we will be unable to enter the Balaclava mine but there are great vantage sites. The walk will be a figure-of-eight loop along a combination of roads and tracks, with a need to watch out for uneven terrain and other hazards because of past mining activity. Bring morning tea, lunch and water. Afternoon tea will be provided by Janet and Peter.

Meet at Forest Street, Bendigo at 8.45am for car-pooling. Travel Distance: 168 kilometres (return) Fuel Share: Zone 2 (\$20)

For further information, contact Peter O'Meara or Janet Justin on 03 54422292 or 0428612970 or just turn up on the day.

### Paddle, Goulburn River, Seymour. Sunday 7th Of October

In conjunction with the Bendigo Canoe Club.

Put-in is at the Trawool Bridge with a paddle of 17km to the Seymour Caravan Park for lunch. Then paddle a further 6km to the Lyons Park, Seymour.

The water is moving and will be lots of fun. While this section has no major rapids there are numerous small gravel races, corners, bends and snags for paddlers to be aware of.

There is a \$10 entry fee which goes to support young paddlers with the Bendigo Institute of Sport. There are many spot prizes to be won on the day.

#### Details, Garry Brannan 0450 879 917 garrybrannan@gmail.com

#### Sedgwick Forest Walk - Saturday 13th October

Day Walk Grade: easy to medium, distance 14km.

Route: Sedgwick Hall to Stony Crossing on Axe Creek and return. Walk will be on a mixture of formed tracks and off track through the forest. There will be some moderately steep sections where poles might be handy. We will have an early lunch at Axe Creek.

Bring - plenty of water if it is warm, food, usual sun protection, rain gear if wet, wild flower book, camera if spring has been kind.

Meet: Sedgwick Hall (Sedgwick Rd opposite Springs Rd) at 9 am. (NOTE: not at usual Forest St meeting place). Return by 3pm.

Leader: Anne Bridley, 0474 467 661

#### Kara Kara National Park 3 Sat Nov 2018.

Day walk Distance: About 10km

I found a nice valley to walk in a year ago, and considered it worth a second visit. Hilly steep terrain, then follow the creek bed around heading back to Teddington reservoir. The cars will be parked at the fisherman's hut site. Bring food, water boots and gaitors, walking stick. Map: Internet – Parks Vic has a good tourist info sheet with mud map.

Fuel share: Ring two. \$ 20 - \$25. Contact: Mr Bill Clark Esq. 0408 545 256.

#### Bushwalking In Tasmania Nov 3rd - 11th

Lee's Paddock to the Walls of Jerusalem via the Overland Track, the Never Never, Dixon's Kingdom, plus Solitary Man Hut. The walk follows the Mersey River most of the way, numerous waterfalls, mostly off track, magnificent lakes in The Walls of Jerusalem National Park.

This is M/H pack carry.

### Details, Garry Brannan 0450 879 917 garrybrannan@gmail.com

### **Expressions of Interest Requested**

Below are listed two alternative BBOC trips for the last week in November. Not sure which one to put on the BBOC Calendar, so I am asking for expressions of interest for each trip after which one will then be listed to happen.

For more details on either trip please contact

David Crocker 0409 425 604 email: dcrocker46@gmail.com

### Gippsland Rail Trails Extravaganza - Bike Ride Sat 24th November to Sat 1st December

Type: Bike Ride from Base Camps in Caravan Parks in Lakes Entrance, Traralgon and Toora

Distance: 6 days Bike Riding Grade: Medium Party Size: min party size is 4 (inc. 2 cars)

- · The plan is to ride five Rail Trails in Gippsland
- East Gippsland Rail Trail from Orbost to Bairnsdale (96km)
- Gippsland Plains Rail Trail from Stratford to Glengarry (near Traralgon) (58km)
- Grand Ridge Rail Trail from Boolarra to Mirboo North & return (26km)
- Great Southern Rail Trail from Leongatha to Toora (57km)
- Bass Coast Rail Trail (46km) Info:www.railtrails.org.au

#### Kosciuszko National Park - Bushwalk Sat 24th November to Sun 2nd December

Type: A seven day (loop) bushwalk in the northern section of the Kosciuszko National Park visiting many of iconic huts and some peaks of note.

Distance: about 65km Grade: Medium Party Size: min party size is 4

David Crocker 0409 425 604 email: dcrocker46@gmail.com

# **Trip Reports**

### Mt. Alexander Loop

A glorious day for my first ever trip as leader. Jill, Andrea, Janet, Peter, Leigh, Tony and I took on my challenging Mt. Alexander Loop of 16 km. The beginning was a heart starter and all appeared to take it in their stride.





From there the day progressed, tagging all the POI in reasonable time. The only hiccup was losing two members briefly at Shepherds Lookout. After rounding up the strays we were back on track and the rest of the trip ran smoothly. It got cold and windy for a while at the end but all walkers managed to make it back to Oak Forest with legs intact. Roland





#### Bike ride from Axedale to Heathcote and back

Distance: 27.5 \* 2 = 55km; Grade: Medium; Date: Wednesday, 5 September 2018

Mark Slater, Helen Cronin, Ray Wilson, Peter Lavery, Jill Pearce, Gary Brannan, John Cameron and Visitor Glen Mildren joined me on this ride.

It was a beautiful day for a ride. I thought I'd ride behind to know if anyone got into difficulties. Well it didn't take long. I got distracted and followed the burgundy colored signs the turned this way and that thru Axedale and eventually headed west (to Bendigo). How embarrassing. After mobile contact with Ray, I retraced my steps and found he and Gary at the Bridge in Axedale. Oh Boy.

The rest of the ride went very well. It's fairly flat, past paddocks and the Knowsley State Forest. The Trail passes the North East tip of Lake Eppalock near Derrinal. It also runs thru the back streets of Heathcote. There's an interesting old nunnery, school and church. We had lunch at where the trail meets the highway. This bakery has deservedly won many awards.

We rode back easily and some of us had drinks at the Axedale Pub, which is much more appealing on the inside than the outside.

You really should do this ride someday; maybe not by following me. Leigh Callinan



### **BBOC Activities Calendar**

Date	Description	Rating	Comments	Contact
September 25	General Meeting			
October				
October 06	Whroo Hidden Treasures Walk	Easy/Med	Day Walk	Peter O'Meara 0428612970
October 07	Paddle, Goulburn River, Seymour			Garry Brannan 0450879917
October 13	Sedgwick Forest Walk	Easy/Med	Day Walk	Anne Bridley 0474 467 661
October 23	General Meeting			
November				
Nov 3	Kara Kara National Park		Day Walk	Bill Clark 0408 545 256
Nov 3-11	Bushwalking In Tasmania	Med/Hard		Garry Brannan 0450879917
Nov 20	Committee Meeting			
November 27	General Meeting			