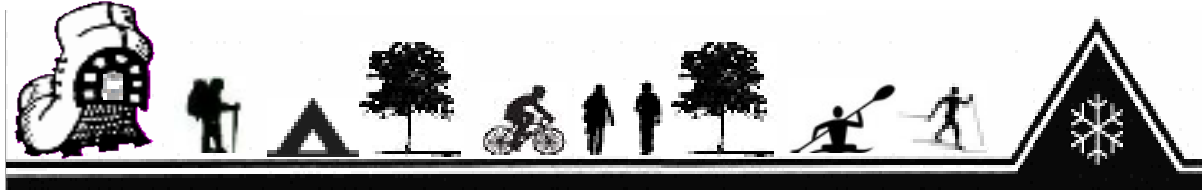


# GO BUSH

JULY 2016



## BENDIGO BUSHWALKING AND OUTDOOR CLUB INC

BBOC Presidents notes for the July meeting.

The July meeting is our Annual General Meeting. We still need more new blood on the Committee, especially a female or two (Kerrie Norris is having a rest). Please consider helping out the Club on the Committee in any capacity.

We've been busy over the year; here's a summary:

Day Walks 15    Base Camps 4    Paddling 7    Overnite Walks 9    Bike Rides 2    Other 3

Amongst these activities, special mentions should be made of the following.

- The many activities put on by David Crocker;
- Garry Brannan's 16 day walk across the Kosciusko Main Range;
- John Lindner's two weeks in the Flinder's Ranges and
- Garry Brannan's forthcoming 16 day paddle in the Whitsundays, for which nine members have been training for several months.

Some highlights of the past year's General Meetings were -

- Mark Slater's presentation on Bicycle Maintenance & Repair;
- the Bush Quiz, in which some of us excelled in recognizing bush scenes and
- Sue McMinn's presentation on the 'Horses of WW1'.

Other Club achievements were –

- the First Aid Course run by Wilderness First Aid;
- the allocation of \$1000 to updating our rafting safety equipment and
- our participation in 'Clean Up Australia Day'.

Club memberships will lapse on June 30. Remember if you haven't renewed you are not covered by the Club's Activities Insurance. Non-financial participants in any Activity need to sign on as a 'Guest', in order to be covered by our insurance. See the renewal form at the back of the newsletter or on the Website.

Lastly a special thank you to the Committee, our Newsletter Editor and all the Activity Leaders; you make the Club.

Leigh Callinan

### BENDIGO BUSHWALKING AND OUTDOOR CLUB INC

P.O. Box 989, Bendigo, 3552  
Reg No. A0051482V

Meetings - 4th Tuesday every month [except Dec]

Presbyterian Church Hall, Forest Street

Meetings start at 7:30 pm sharp.

Web address: <http://gobush.org.au/>

The BBOC is affiliated with



### COMMITTEE MEMBERS 15/16

President	Leigh Callinan	03 5442 3675
Vice President	Kerry Cramer	03 5441 4422
Secretary	Chris Franks	03 5439 3549
Treasurer	John Lindner	03 5448 3406
Trip Coordinator	Peter Pemberton	04 2886 9196
Equipment Officer	Chris Franks	03 5439 3549
Web Master	Peter Pemberton	04 2886 9196
General Committee	Kerrie Norris	03 5447 8017
General Committee	Roland Cauka	04 0202 4096
General Committee	Leisje Wilson	03 5441 6118

The statements and opinions expressed herein are those of the Editor and individual authors. They do not necessarily represent the views of the Bendigo Bushwalking and Outdoor Club Inc.

## Club Meetings:

Meetings are at 7.15 for a prompt 7.30 pm start on the 4th Tuesday of every month (except December) now in the Presbyterian Church Hall, 35-41 Forest Street, Bendigo.

There is an annual calendar of speakers, presenters, and activities. Visitors are always welcome.



## Monthly Meeting Activity

<p>Tuesday</p> <ul style="list-style-type: none"> <li>July 26 7.30pm</li> </ul>	<p><b>AGM and Club Meeting</b> New blood is needed on the Committee. Please consider helping out the Club on the Committee in any capacity.</p> <p><b>A Tourist in Antarctica – Peter O'Meara.</b> Peter will talk and share photos from his short trip to Antarctica over Christmas 2008 with highlights of great scenery, cute wildlife and badly dressed adventurers.</p>	
<ul style="list-style-type: none"> <li>August 23</li> </ul>	<p><b>Club Meeting – TBA</b></p>	
<ul style="list-style-type: none"> <li>September 27</li> </ul>	<p><b>Club Meeting</b> <b>Whitsundays Kayak Trip – Garry and crew.</b></p>	
<ul style="list-style-type: none"> <li>October 25</li> </ul>		

## Ideas Wanted

Do you have any ideas for the club meeting nights, pictures of special trips you have been on [club or otherwise], interesting people you know who might come and speak at a meeting, or anything else that you might think of to entertain the ever increasing numbers attending meetings. If so, please contact a committee member.

## Membership fees.

Fees are \$60 for a family and \$40 for single members. A Membership Form can be found on the website at [www.gobush.org.au](http://www.gobush.org.au). Remember you must sign the Acknowledgment of Risk at the bottom of the membership application otherwise you are not covered by the Club insurance.

## Bits and Pieces

### Bushwalking News Victoria

The most recent Bushwalking Victoria Newsletter can be found here.

<http://www.bushwalkingvictoria.org.au/what-we-do/publications/newsletters>



The July meeting is our AGM.

Anyone can nominate for any position, and you are encouraged to do just that. Give some thought to what you might be able to offer the Club as a Committee Member, or talk someone else into nominating.

<p>BENDIGO BUSHWALKING AND OUTDOOR CLUB NOMINATION FORM</p> <p>I _____ Wish to nominate _____ for the position of _____ for the 2015/2016 Financial Year. I hereby accept the nomination (nominees signature) ----- Signed by the Nominator _____</p>
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## Rock Hardware

If you're out shopping for quality gear, be it light weight or gear that has stood the test of time, call in and see Steve Morris in Neale Street.

Steve was a long time member of one of the foundation clubs, and still takes a keen interest in what we do. Although he specialises in climbing gear, I never cease to be amazed at what he pulls out from under the counter in answer to my obscure inquiries.

The shop is open from Monday to Thursday. <https://www.rockhardware.com.au/>

Garry



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## Trip Reports

### Moonlight Walk 19th June

Thank you Di, Janet and Peter O. for your enthusiasm to brave the chilly conditions and threat of yet more rain to join me on a four kilometre stroll through the Kangaroo Flat Regional Park and Botanical Garden.

As it turned out, the near full moon gave off adequate light from behind a thin veil of cloud to allow us to walk without the use of torches when ever out of the forest and on more open stretches of track. From higher vantage points we were able to identify landmarks such as, the Sacred Heart Cathedral and the suburbs of Specimen Hill, Golden Square and Kangaroo Flat. A few species of frogs were heard calling and only very occasionally a distant dog barking, or train whistle disturbed our quiet moments of contemplation or animated conversation.

Once out there and warmed up, such a silly idea as a night walk is never regretted!

Kerry N

## Gippsland Lakes Kayak Trip – Sale to Paynesville

Queens Birthday Weekend June 2016

It seems lately that every time I organise a paddling trip on open water, the Bureau of Meteorology try to mess it up by issuing a strong wind warning. So it was again for the first day of our Sale to Paynesville trip, particularly for the time when we would be on Lake Wellington when the forecast was for strong winds.

**Friday** night we all eventually gathered in Sale and camped in the park by the canal that connects the Port of Sale to the Thomson River. By the time the car shuffle to Paynesville was complete though, for some it was after midnight before we got to bed.

*With the growth of shipping on the Gippsland Lakes and the establishment of a rail-head at Sale in 1879, schemes emerged to develop Sale as a Port. The cutting of the 2.5 kilometre long Sale Canal in 1886-1888, linked the town to the Thomson River and established it as a busy port for steamers plying the 400sq kilometres of waterways which comprise the beautiful Gippsland Lakes system.*

<http://www.tourismwellington.com.au/sale/attractions/item/port-of-sale>



*Port of Sale*

**Saturday** morning we were packed up and on the water just after 8.30. It was fabulous paddling down the canal and into the Thomson, so still and quiet; the build up of dark clouds was ominous though. When we reached the confluence with the La Trobe, it started to rain but there was no indication of the forecast strong winds.

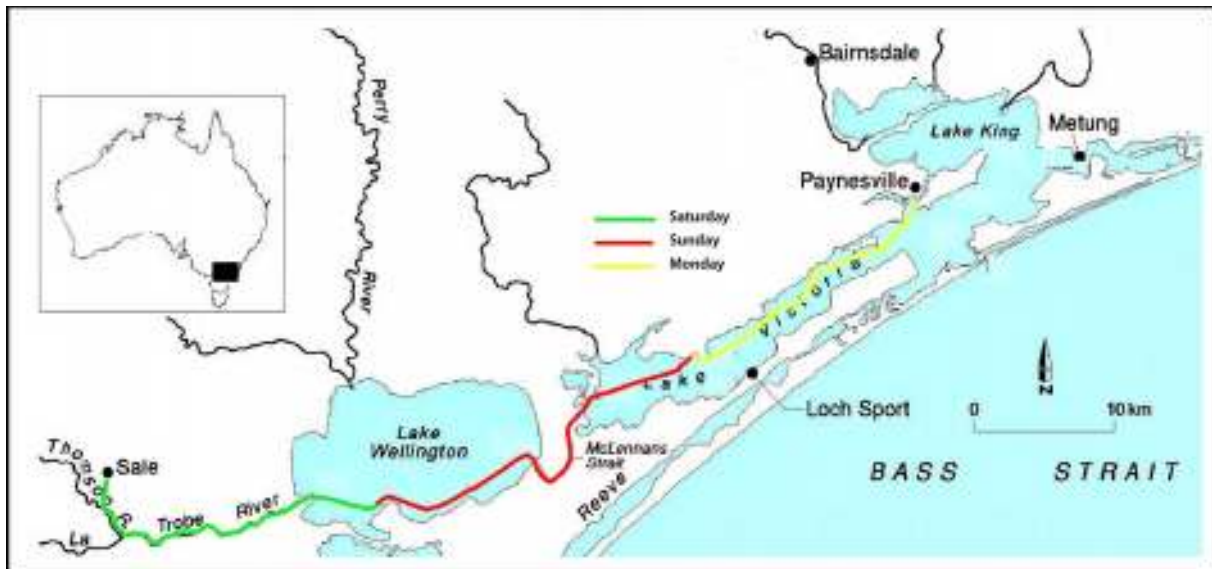
Bird life in the Gippsland lakes is abundant, and there were numerous Sea Eagles and Pelicans along the La Trobe.

By the time we got to the mouth of the La Trobe, the breeze was up and there were small waves [maybe 40cm] on on Lake Wellington, but it was decided to head across to Tucker Point while the conditions were reasonable. The lake is very shallow and can chop up very rough when it is windy. Our overnight spot at Tucker Point was only 5km and less than one hour away, but by the time we were half way across the wind had risen considerably, and erratic white-caps and breaking one meter waves were racing through from behind. It was great surfing on the bigger waves, but mostly they just wanted to push the boats around so it needed lots of concentration to stay on course. It was the first time Gary F and been on open water, and the waves were giving him a hard time. By the time we got to camp he had pretty well mastered the sweep strokes needed to stay on course.

Our take-out point was so obstructed with fallen timber and snags that only one boat at a time could be taken out. Barry and Stephen got themselves organised and off the water first, while the rest waited, back-paddling in the waves. It was great teamwork with everyone jumping to assist as each in turn got off the water. Our overnight spot was great; lots of scrub to protect us from the wind, plenty of firewood, and a tiny little shed to shelter from the rain and tell yarns.

Distance for the day 25.5 kilometres.





**Sunday** – We were organised and on the water in good time for the paddle from Tucker Point across Lake Wellington to McLennan Strait. The wind had dropped right off so the paddling was easy. Today was the last day of the duck hunting season, and McLennan Strait was crowded with shooters camps. Although we had heard a few shots earlier in the morning, I think most of the hunters went home with few, if any ducks. The cafe' at Hollands Landing was closed and out of business, so coffee and cake were off the menu. Perhaps just as well because the wind had sprung up again, and there was still 8km to paddle across Lake Victoria. Another great camp site at Storm Point with a cheery fire and plenty of stories – tall tales and true. Well, plenty of tall tales anyway.

**Distance 28Km**

**Monday** morning was freezing. Who would have thought such a heavy frost would occur so close to the ocean. The fire was a welcome breakfast companion.

On the water, cold hands could not detract from the beautiful still morning. The water was dead flat, and the paddle to Paynesville could not be more pleasant.

Distance – a lazy 20 kilometres.

Many thanks to Rechelle, David, Andy, Stephen, Gary F, and Barry.

Garry



*Above and below - A frosty morning on Lake Victoria*



## Activities . . . August and beyond

August – Sunday 28<sup>th</sup> – Kooyoora State Park

**Note – the date for this walk has changed.**

Full details in the next newsletter. Reyer De Moel ph 0429 434 992

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August – Sunday 7<sup>th</sup> – Big Hill range day walk

Highlights will include: A grand view from the top of the Big Hill Range contrasting the cleared pastoral land of the south to the mosaic of forested Regional and National Parkland to the north. It is expected there will be an excellent promise of spring wildlife to be investigated. Time will also be time given to taking a closer inspection of Bendigo's modern and historical structures supporting water supply (Coliban Main Channel and Sandhurst Reservoir) and the system of drainage and tunnels along the railway line.

Grade: Medium approx 15 km, with some steep ascents and descents on loose rocky track requiring sturdy footwear and sound fitness.

Meet: 0900 hrs Kangaroo Flat Railway Station (goods train shed end) for car pooling

Bring: Lunch, morning tea, nibbles and water (at least 1 litre), personal and basic first aid and suitable clothing re weather conditions Refer to Walksafe booklet p.16 for list of items which should be in your pack.

[http://www.bushwalkingvictoria.org.au/files/walksafe\\_booklet.pdf](http://www.bushwalkingvictoria.org.au/files/walksafe_booklet.pdf)

Fuel Share: Zone 1 (\$2-5)

Contact: Kerrie Norris ph 5447 8017 Please ring me in advance if you have any questions

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September – Sunday 4<sup>th</sup> – One Tree Hill day walk

Explore One Tree Hill from Marnie Road up to the Fire Tower for lunch and then back to the nearby O'Meara residence for scones and tea. A fairly leisurely walk to enjoy the wildlife and the spring flowers. A few steep sections.

Mobile – ph 0428 512 970 or Home ph 5442 2292. Please ring if you are attending, wouldn't want the scones to run out.

Peter O'Meara and Janet Justin

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October 7- 9 – Federation Weekend – Day Walks in the Western Grampians

**Bookings open on 8th July 2016.** *To get the walk/s you want, you have to book early. John and Garry will both be in Queensland, so you will have to make your own individual bookings.* Information is here –

<http://www.fedwalks.org.au/booking.html#documents>

The 2016 event is being hosted by the Wimmera Bushwalking Club (based in Horsham). Walks will be in the northern and western parts of the Grampians National Park and may also include the Black Range State Park and Mt Arapiles.

### WALKS PROGRAM

The table below is a list of the walks on offer 8 & 9th October. Registration will open on Friday 8th July, first in, best dressed. More information – <http://www.fedwalks.org.au/> or talk to Garry or John.

No.	Title	Grade	Duration	Length	Style
1	Mt Zero & Flat Rock	Easy	2.5 hrs	3.6 km	Return
2	Hollow Mountain (Northern Grampians)	Medium	2 hrs	2.5 km	Return

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3	Stapylton Traverse	Hard	5.5 hrs	6.6 km	Circuit
4	Pohlners Loop (including 1km section of Peaks Trail)	Medium	4.5 hrs	8.5 km	Circuit
5	Grampians Peak Trail - Coppermine to Dead Bullock Ck	Med/Hard	6.5 hrs	10 km	Car Shuffle
6	Pyke's Cave	Easy	3.5 hrs	6.6 km	Return
7	Wartook to McKenzie Falls	Medium	5 hrs	14.5 km	Car/Bus Shuffle
8	Zumsteins to McKenzie Falls	Easy	3.5 hrs	7 km	Return
9	Mt Rosea	Med/Hard	6 hrs	8.5 km	Circuit
10	Tower Hill & Calectasia Falls	Medium	5 hrs	7.4 km	Return
11	Asses Ears	Medium	4.5 hrs	6.5 km	Return
12	Hollow Mt & Red Cave (Victoria Range)	Medium	6 hrs	6.5 km	Return
13	Deep Creek	Medium	4.5 hrs	7.5 km	Return
14	Fortress (Walk details yet to be confirmed)	Hard	7 hrs	11 km	Return
15	Fortress Views (Walk details yet to be confirmed)	Medium	4 hrs	7 km	Return
16	Mt Thackeray	Easy/Med	3 hrs	3.1 km	Return
17	Chimney Pots	Medium	3.5 hrs	5 km	Circuit
18	Black Range Traverse	Med/Hard	6 hrs	8.5 km	Car/Bus Shuffle
19	Mt Arapiles Circuit	Medium	5 hrs	14.5 km	Circuit
20	Aboriginal Art Site tour (Details yet to be confirmed)	Easy	hrs TBA	km TBA	Drive & walk

## Whitewater Rafting and/or Kayaking – July to September – Dates TBA

The long range weather forecast for this winter is for above average rainfall. This may not be encouraging for walking, but certainly will make for great on water activities in late winter and early spring. River levels are not always predictable however, so if you are interested, and maybe have never paddled before, contact Garry or Sam to find out what it is about. This will get your name on the whitewater email list so you can be contacted if a paddling opportunity comes up at short notice and doesn't make it into the newsletter.

Likely locations. First up would probably be a weekend on the King River immediately downstream of Lake William Hovell. This is a relatively short run and three runs each day are possible. Ideal for beginner paddlers but is still great fun for the experienced.

Be prepared for wet and cold conditions. You will need wetsuits or dry-gear and a couple of changes of clothes so you are sure to have something dry and warm to change into after you get off the water. The club has some wetsuits, but you would be advised to try for size before first.

Previously, overnight accommodation has been the King River Camp at Cheshunt. At the end of a day on the water, a hot shower, and a dry, warm room and bed has great appeal. The cost is very reasonable.

Other locations. The MittaMitta over two days; Glen Wills to Bundarra, then the Gorge section to Hinomunjie. This rafting trip is graded intermediate so you would have had to at least paddled the King to be eligible for this one. We could also consider the Indi, Buffalo, Ovens, Delatite, Upper Goulburn, lots of possibilities.

Give it some thought and get in touch. Garry ph 04 5087 9917, Sam ph 03 5881 3100

The deadline for the next edition of GoBush will be Wednesday August 17th.

Please forward Trip Reports and interesting articles to Garry – [garrybrannan@gmail.com](mailto:garrybrannan@gmail.com) ph04 5087 9917

The Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency.



## June – December 2016 BBOC ACTIVITIES CALENDAR

Date	Description	Rating	Comments	Contact
<b>July</b>				
Tuesday 26th 7.30pm	Club Meeting - Presbyterian Church Hall, 35-41 Forest St.		AGM and election of office bearers. A Tourist in Antarctica – Peter O'Meara.	Kerrie Norris 5447 8017
30 – 31 July	Day Walk Leader wanted			
<b>August</b>				
Sunday 7th August	Big Hill range – Day walk	Easy/M	Approx 15km	Kerrie Norris 5447 8017
<b>Sunday 28<sup>th</sup> Date Changed</b>	<b>Kooyoora State Park</b>	<b>Easy/m</b>	<b>Scar trees and magnificent tors. Mostly on track.</b>	<b>Reyer De Moel 0429 434 992</b>
Tuesday 23th 7.30pm	Club Meeting - Presbyterian Church Hall, 35-41 Forest St.		TBA	Kerrie Norris 5447 8017
<b>September</b>				
Sunday 4th	One Tree Hill day walk	E	A leisurely walk to enjoy the wildlife and the spring flowers. After – scones and tea.	Peter and Janet 0428 512 970
2nd – 11th September	Vulkathunha Gammon Ranges South Australia.	Hard O/N	**Booked out**	Peter Pemberton 0428 869 196
Sat 10 to Sunday 25 September	Day walks in the Flinders Ranges **Booked out**	Easy- Medium	Base camp – choice of 16 walks, from Mount Remarkable to the Heysen Range.	John Lindner 5448 3406
Tuesday 27th 7.30pm	Club Meeting - Presbyterian Church Hall, 35-41 Forest St.		TBA	Kerrie Norris 5447 8017
<b>October</b>				
1-2	Day Walk Leader wanted		*Daylight saving commences*	
8th & 9th October	Federation Walks weekend.	Various	John is away till August, call Garry if you have questions. 04 5087 9917	John Lindner 5448 3406
Sunday, 23rd	Bike Ride – Eastern half of the Bendigo Bushland Trail	Easy	The Bendigo Bushland Trail encircles the fringe of Bendigo mostly in forest.	Garry & Rechelle 04 5087 9917
Wednesday 26th			Bendigo Cup Holiday	
Tuesday 25th 7.30pm	Club Meeting - Presbyterian Church Hall, 35-41 Forest St.		TBA	Kerrie Norris 5447 8017
29-30	Day Walk Leader wanted			
<b>November</b>				
21th – 28 <sup>th</sup> Nov 16 days	Croajingolong/Nagee Wilderness Thurra River – Merrica River	Medium P/C	Two walks of one week duration each Participants can do either week or both.	Garry Brannan 04 5087 9917
For additions to the activities calendar: - Email trip details to Garry for inclusion in the calendar together with a write-up for the newsletter. <a href="mailto:garrybrannan@gmail.com">garrybrannan@gmail.com</a>				