

# GO BUSH



Bendigo Bushwalking and Outdoor Club Inc. December 2023



## President's Report

The Bendigo Bushwalking and Outdoor Club has seen quite a renaissance in the past twelve months since the pivotal meeting in December last year. The committee has been revitalised with the influx of important new contributors like Sandy, Ian and Donna – our very capable secretary – along with Peter, Hans, Greg and Buzza, and not forgetting David's excellent newsletters. With the advent of a varied activities calendar and promotion of the Club via the Facebook page, walks and membership have both had a significant boost. The Facebook page enjoyed significant growth in traffic increasing from about 300 followers to over 1500 followers under the guiding hands of Ian, Donna and Roland.

Thanks also must go to our Trip Leaders including, Andrew, Kerry, Peter, Janet, Hans, Barry, David and Buzza. But the most gratitude must go to our financial members and to the visitors who have consistently supported the activities this year in increasing numbers because without your participation, it's easy for leaders to lose interest. Thanks also to the Club night presenters including Dr. Peter Harkins, and Rechelle and Greg. The new calendar has an increased focus on overnight walks, base camps and bike rides while retaining the ever popular evening and day walks. So, until the day on a bush track somewhere we meet again – until that day - keep yourselves safe and enjoy a happy Christmas and New Year.

# GO BUSH

## Upcoming Activities

### **Crusoe Reservoir Twilight Walks**

The Tuesday twilight walks around Crusoe Reservoir and the surrounding bushland have been going well with attendees on every walk and the flies and mosquitos haven't been keeping us company which is always nice. There are two more upcoming walks on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday in January starting at 6pm.

### **Bendigo Bushwalking and Outdoor Club monthly Meeting**

Tuesday 23<sup>rd</sup> January 7.30pm in Forest Street  
Calendar Night - where we organise our activities program for the next 3-6 months.  
Including day walks and bike rides - or just come along for a chat and a cuppa.

### **Grampians Peak Trail Base camp/day walks**

Friday 8<sup>th</sup> to Monday 11<sup>th</sup> March 2024  
Labour Day long weekend

Base camp at Jimmy Creek campground south of Halls gap nights. Jimmy Creek is accessible by car.  
3 single day walks:

Saturday 9/3	Jimmy Ck to Yarram Gap Rd	13 km moderate
Sunday 10/3	Yarram Gap Rd to Griffin Trail Head	12 km easy
Monday 11/3	Griffin Trail Head to Cassidy Gap	12 km moderate

Cost - minimal - perhaps \$5 per night (each site is \$16.40 per night, up to 6 people per site) plus transport.  
Bendigo - Jimmy Creek is 237 km. Car shuffles each day at the Grampians.

Rationale. Grampians Peak Trail (GPT) overnight camping is super dear - \$49 per night per tent site. Base camping is very cheap! Suitable for "day walkers" seeking something more adventurous as well as old hands who want to try the GPT but think the fees are ridiculous! (Or prefer a day pack to something heavier!) No requirement to do all three days. Ring or text Andrew M 0418 135 934

### **Activity Leaders required.**

The Club also needs additional trip leaders because at the moment we are relying on about five or six members to fulfil these roles. It isn't a difficult job and with the number of experienced trip leaders who are participating on walks, assistance is available. There are plenty of walks or mountain bike tracks locally on the Bendigo Bushland Trail or in the Whipstick, Crusoe, Mandurang, One Tree Hill or Wellsford Forests and for starters maybe lead a half day walk on a Sunday morning starting at 8.30 am and finish around 12.30 pm giving you the rest of the day off. Just look on the trip calendar and ask one of the trip leaders – they will help you through the process and go on the walk if you need assistance on the day.

# GO BUSH

## Membership

Fees are \$60 for a family and \$40 for single members. Payable each financial year.

A Membership Form can be found on the website at [www.gobush.org.au](http://www.gobush.org.au).

Remember you must sign the Acknowledgment of Risk at the bottom of the membership application otherwise you are not covered by the Club insurance.

You are welcome to try a trip or two at the nominal cost of \$2 per trip.

## Membership Benefits

Insurance coverage on member's trips.

Your Bushwalking Victoria membership card enables you to obtain discounts at a number of retailers. Note that Bushwalking Victoria membership cards need to be presented prior to processing of sale.

<http://bushwalkingvictoria.org.au/bwv-membership-card-benefits/bwv-membership-card-benefits>

Note: RRP = Regular Retail Price-does not include sale or consignment items or hire gear.

## Reminder to Walk Leaders

Under our insurance policy organised through Bushwalking Australia, it is required that we obtain the name & address of any temporary members who come on walks and that they sign an Acknowledgement of Risk Form before participating in an activity. These details should be collected by the walk leader via the appropriate form, together with the fee, and passed on to the treasurer.

**Any serious incident** occurring on a walk must be reported to the leader and the committee to enable the correct procedure to be followed.

**All Activity Leaders** are reminded that they need to have forms on hand for activities – Activity Registration Form, Incident Forms, Emergency Forms. Completed forms are to be sent to the secretary either with a scan to the Club's address or a photo/scan to 0466 004 610.

**Notice to Members and Visitors:** Members and Visitors (temporary members) should always have their personal emergency information on their person for all activities – Participant's Emergency Contact and Medical Form.




**Members and Visitors** should note they are responsible to inform any person taking photos, or the Activity Leader, if they do not wish to be included in photos that can be used for club purposes.

Buzza is doing the newsletter for the interim period until we find another newsletter editor and so any email content should be sent to [enquiries@gobush.org.au](mailto:enquiries@gobush.org.au) by the Tuesday before the Club Meeting

# GO BUSH

## BENDIGO BUSHWALKING AND OUTDOOR CLUB INCORPORATED MEMBERSHIP RENEWAL FORM

New and renewing members alike MUST sign the Acknowledgment of Risk. Membership fees are due from the first of July. Adults \$40, Family \$60. Payment as follows: • Post a cheque together with this form to The Treasurer, Bendigo Bushwalking and Outdoor Club, PO Box 989, Bendigo 3552 • Bring cheque or cash to the monthly meeting: 4th Tuesday of the month, 730 pm, Presbyterian Church Hall, Forest Street • or pay by Direct Debit BSB – 633000 Account No – 134109016 Reference – your name. Please notify the Treasurer and provide a signed Acknowledgment of Risk at the earliest opportunity. Please complete all the following sections

1. PERSONAL DETAILS Adults 1. \_\_\_\_\_ 2. \_\_\_\_\_  
Children 1. \_\_\_\_\_ 2. \_\_\_\_\_
2. Address \_\_\_\_\_  
\_\_\_\_\_ Postcode \_\_\_\_\_
3.  Mobile \_\_\_\_\_  Home \_\_\_\_\_
4. Email \_\_\_\_\_
5. Next of Kin/Nominated person to contact in an emergency Name  
\_\_\_\_\_  \_\_\_\_\_
6. Address \_\_\_\_\_

### ACKNOWLEDGMENT OF RISK AND OBLIGATIONS OF MEMBERS

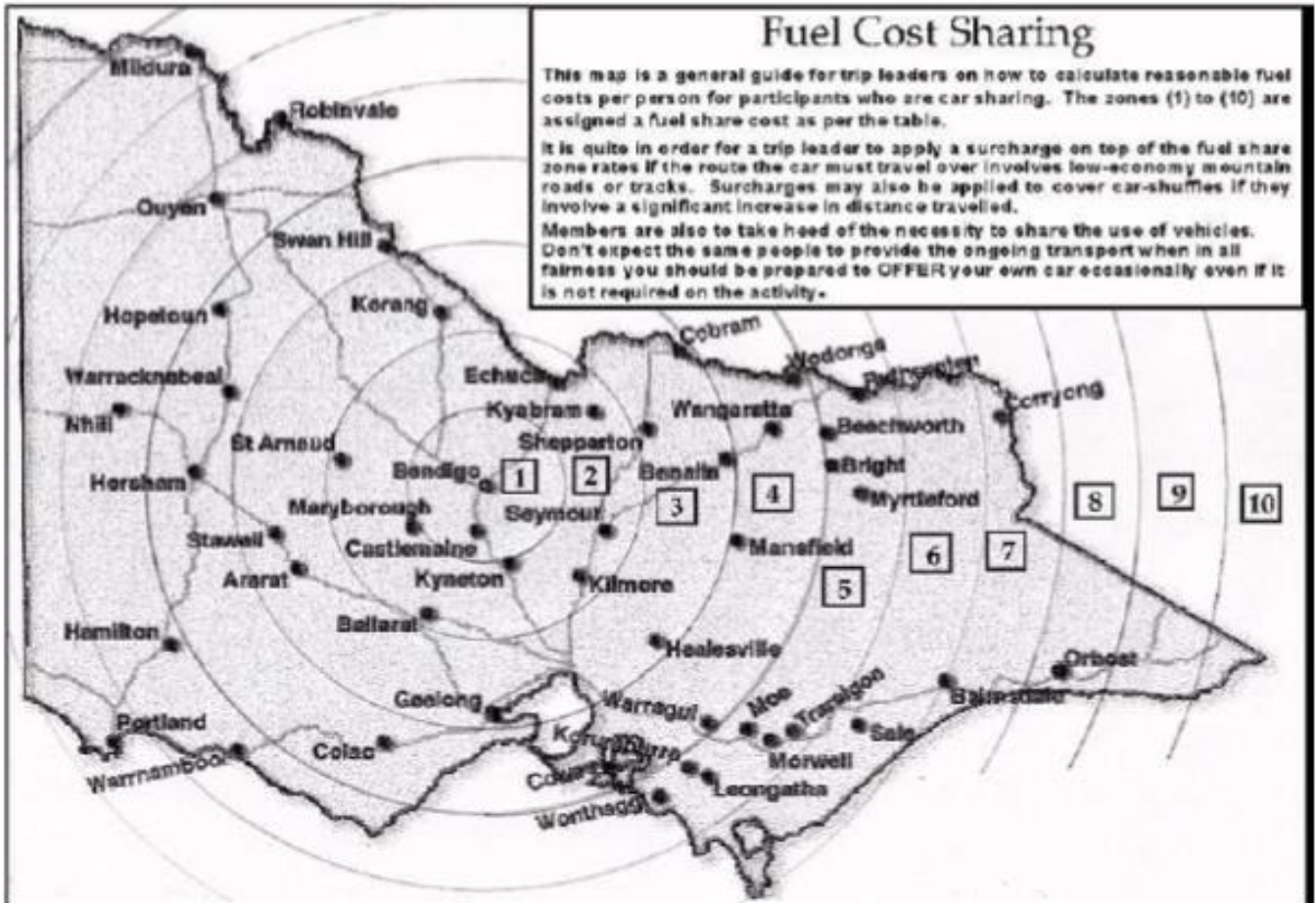
This acknowledgment of risk applies to all club activities I may undertake as a member of the Bendigo Bushwalking and Outdoor Club Inc. In voluntarily participating in activities of the club which are described to me by the activity leaders, I am aware that my participation in the activities may expose me to hazards and risks that could lead to injury, illness or death, or to loss of or damage to my property, I also acknowledge that I may encounter weather conditions that could lead to hypothermia and being in locations where evacuation for medical treatment may take hours or days. In particular when participating in abseiling or above the snowline activities I am aware that these activities could expose me to additional hazards and risks described to me by the activity leader. To minimise risks I will endeavour to ensure that:

Each activity is within my capabilities. I am carrying food, water and equipment appropriate for the activity. In addition: I will advise the activity leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity. I will make every effort to remain with the rest of the party during the activity. I will advise the leader of any concerns I am having. I will comply with all reasonable instructions of club officers and the activity leader. I have read and understand the above requirements. I have considered the risks before choosing to sign this acknowledgement of risk. I still wish to join the activities of the club. I acknowledge that I will take Responsibility for my own actions and that signing this form, or the payment of my subscription will be deemed as full acceptance and understanding of the above conditions,

Name \_\_\_\_\_ Signed \_\_\_\_\_ Date \_\_\_\_\_



# GO BUSH



## Zone & Fuel Cost

① \$10-\$15   ② \$30   ③ \$45   ④ \$60   ⑤ \$75   ⑥ \$90   ⑦ \$105   ⑧ \$120   ⑨ \$135   ⑩ \$150



# GO BUSH

## PARTICIPANT'S EMERGENCY CONTACT & MEDICAL INFORMATION

This information is for emergency use only and is to be carried in your pack at all times in a sealed plastic envelope. It is your responsibility to update this information if there is a change in details.

Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

\_\_\_\_\_ Post Code \_\_\_\_\_

Telephone: Home: \_\_\_\_\_ Mobile: \_\_\_\_\_

---

### Medical Information:

Medical Condition: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Current Medications: \_\_\_\_\_

\_\_\_\_\_

Allergies: \_\_\_\_\_

\_\_\_\_\_

Do you have current immunisation against: Tetanus Y/N HepA Y/N HepB Y/N

Medicare Number: \_\_\_\_\_

Private Health Insurance Fund (name): \_\_\_\_\_

Ambulance subscriber Y/N

---

### Emergency Contact:

Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

\_\_\_\_\_ Post Code: \_\_\_\_\_

Telephone: Home \_\_\_\_\_ Mobile \_\_\_\_\_

Relationship: \_\_\_\_\_

Signed: \_\_\_\_\_ Date \_\_\_\_\_

---

### Privacy Statement:

The information contained in this form is for emergency use only and will be used if you are ill or injured whilst participating in an activity of your bushwalking club. The information will only be accessed by the walk leader or their delegate and given to the relevant medical and/or emergency services personnel.

# GO BUSH



## Bushwalking Calendar Gradings

Easy  
Easy / Medium  
Medium  
Medium / Hard

Gently undulating terrain, mostly on formed tracks.  
Gently undulating terrain with some short climbs  
Both on & off formed tracks with some sustained climbs.  
Medium walks but may also include rougher terrain, heavy scrub, rock scrambling, longer climbs & descents, or exposure to bad weather.

### Bendigo Bushwalking Club Committee 2023-2024

President	Graham Borrell	0438437680
Vice President	Hans Trackdorf	
Secretary	Donna Guille	0466 004 610
Treasurer	Greg Doubleday	
Committee Members		
	Ian Barry	
	Peter O'Meara	
Trip Coordinator	Buzza	
Webmasters	Donna Guille & Ian Barry	
Newsletter	Editor Wanted	

# GO BUSH

## Bendigo Bushwalking Activities Calendar

Date	Description	Rating	Comments	Contact
<b>December</b>				
Tues 5th	Crusoe Reservoir 6 pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
Tues 12 <sup>th</sup>	Christmas Picnic	6.30pm	Epsom Botanic Gardens	Enter via Scott St
Tues 19 <sup>th</sup>	Crusoe Reservoir 6 pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
<b>January</b>				
Tues 2 <sup>nd</sup>	Crusoe Reservoir 6 pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
Tues 16th	Crusoe Reservoir 6 pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
Tues 23 <sup>rd</sup>	Monthly Club Meeting	7.30pm	Presbyterian Church Hall	35-41 Forest St Bendigo
<b>February</b>				
Sunday 4 <sup>th</sup>	Bendigo Half Day Walk	Easy/Med	Meet Rebel Sports 8.25am	Ian B 0457 940 564
Tuesday 6th	Number 7 Reservoir 6pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
Sunday 18th	St Georges Lake	Easy	Meet Rebel Sports 8.25am	Hans T 0400 049 891
Tuesday 20th	Number 7 Reservoir 6pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
Tues 27 <sup>th</sup>	Monthly Club Meeting Walking in Norway	7.30pm	Presbyterian Church Hall Guest Speaker	35-41 Forest St Bendigo
<b>March</b>				
Tuesday 5th	Crusoe Reservoir 6 pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
March 8-11th	Grampians Base Camp	Easy/Med	3 single Day Walks	Andrew 0418 135 934
Tuesday 19th	Crusoe Reservoir 6 pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
Sunday 24th	Kamarooka Bike Ride	Easy	Mountain & E Bikes	Buzza 0438437680
Tuesday 26th	Monthly Club Meeting	Easy	Presbyterian Church Hall	Greg & Rochelle
Fri 29 to Mon	Easter			



# GO BUSH

## Bendigo Bushwalking Activities Calendar

Date	Description	Rating	Comments	Contact
<b>April</b>				
Friday 5 <sup>th</sup> to Sunday 7 <sup>th</sup>	Mt Feathertop Circuit	Medium	Overnight Walk	Ian B 0457 940 564
Sunday 14 <sup>th</sup>	Mt Alexander	Easy/Med	Day Walk	Hans T 0400 049 891
Tues 23 <sup>rd</sup>	Monthly Club Meeting	7.30pm	Presbyterian Church Hall	35-41 Forest St Bendigo
Sunday 28 <sup>th</sup>	Black Hill Kyneton	Easy/Med	Day Walk	Buzza 0438437680
<b>May</b>				
Saturday 4 <sup>th</sup> – Sunday 5 <sup>th</sup>	Pyrenees Bereepmo Circuit	Easy/Med	Pack Carry Overnight Walk	Ian B 0457 940 564
Sunday 12 <sup>th</sup>	Mt Bealiba	Easy	Day Walk	Buzza 0438 437 680
Sunday 19 <sup>th</sup>	Werribee Gorge	Medium	Day Walk	Hans T 0400 049 891