

GO BUSH



Bendigo Bushwalking and Outdoor Club Inc. October 2023

Presidents Report

First of all, I'd like to thank David Crocker who has been doing such a wonderful job as newsletter editor. Garry Brannan and David have volunteered their time in past years and the Club is very appreciative of their efforts because the newsletter is very important. I should mention at this point the Club is looking for someone to do the magazine. It isn't a difficult job as past newsletters can be used as a template, so anyone with basic computer skills can do this for all of us. It isn't a committee position so there are no extra duties required and Donna and Hans organise the mailout and so the newsletter can be done remotely from anywhere.

The Club also needs additional trip leaders because at the moment we are relying on about five or six members to fulfil these roles. It isn't a difficult job and with the number of experienced trip leaders who are participating on walks, assistance is available. There are plenty of walks locally on the Bendigo Bushland Trail or in the Whipstick, Crusoe, Mandurang, One Tree Hill or Wellsford Forests and for starters maybe lead a half day walk on a Sunday morning starting at 8.30 am and finish around 12.30 pm giving you the rest of the day off. Just look on the trip calendar and ask one of the trip leaders – they will help you through the process and go on the walk if you need assistance on the day. Andrew M will print any map you need (If you ask him nicely).



Christmas Club Picnic

Date: Tuesday 12th December, 6.30 pm onward at White Hills Botanic Gardens

(The old Botanical Gardens off Scott Street). BBOC End of year picnic with an Open Invite for past members, members, and Facebook followers to meet new faces and socialise in a relaxed garden setting. BYO drinks, food everything, including chair, plus something to share. Some Pizzas will be provided.

Contact: Hans on 04000 49 891 if you have any queries.

Trip Reports



Cocoparra National Park

28th September to 1st October

WE had a lunchtime visitor and for the intrepid explorers on this walk; Heath, Ian, Andrew and myself - we weren't exactly sure if we were possibly lunch – maybe he was attracted to the smell of blood because it's fair to say, the track was particularly scrubby in places. From our start at Woolshed Flat campground, we followed the exit road for about a kilometre before following a spur line above Woolshed Falls and followed to the west of the creek gorge until we reached Woolshed Bluff, where Goanna was waiting for us. After our early lunch break, we descended from the rocky escarpment to the rocks above Eagle Falls, before traversing the hillside on the eastern side of the creek valley, reaching a fire trail and walking back to camp arriving at 1pm.

We spent the remainder of the day resting, having lunch, resting and chatting under a shady tree. The following day, the cars took us to the southern end of the park to Mt Brogden. By 10 am it was about 25 degrees and after a couple of stops we reached the top where a lookout gave us great views to the south. After descending, we took a short drive to Binya Lookout a rugged, rocky outcrop. Our final walk for the day was to Falcon Falls, a relatively short journey following a creek valley. The afternoon was a replica of the previous day as we watched emus and later on kangaroos grazing on the grasslands. On Sunday morning we walked through Jack's Creek Gorge, one of the red rock gullies that Cocoparra National Park is known for but unfortunately for us the spectacular Store's Creek Gorge was undergoing transformational repair works after being damaged by heavy rain.

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Heath, Andrew and Buzza in the shade at Mt Brogden

The name of the park - Cocoparra - National Park is an anglicised version of kookaburra from the Wiradjuri word the people knew as gugaburra.

Thanks everyone for attending, although the best time to visit this park is during the winter months, when the daily maximum temperatures are between 15-20 rather than our daily average of about 30 degrees. This walk weekend is more suited to the Queens Birthday Weekend in June.

Mount Korong Day Walk

Sunday 1st October

Five members and four visitors undertook this medium-grade walk at the Mt Korong Reserve near Wedderburn on a bright sunny day. This was in marked contrast to our last attempt in May when we experienced heavy rain that resulted in the walk being cancelled the walk for safety reasons.



Mt Korong, known by the Aboriginal people as Burrabungle, is 364 metres above sea level and is the dominant feature of the local landscape. Mt Korong is a beautiful granite outcrop with gigantic boulders heaped across the mountain and surrounding hills, creating unique shapes, caverns, and spectacular scenery. As the photographs from Helen C and Peter O demonstrate, we were not disappointed.

All nine walkers completed a circuit walk amongst the boulders on the western side of the reserve where we had good views of the surrounding country, explored the many

boulder formations, and saw a wide range of vegetation from wildflowers to ancient and gnarled eucalypts. A highlight was the appearance of a pair of wedgetail eagles later in the morning as the weather warmed.

Five of the group completed the planned ascent of the Mt Korong peak to the trig point. We had great views of the surrounding countryside and again observed wedgetail eagles flying high in the sky. This was well worth the steep climb. On our return journey we stopped in Bridgewater at the Bakehouse. Peter

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Daylesford – Lakes and Falls Walk

Wednesday 27th September



Two cars (participants from Bendigo, Taradale & Chewton) met up at Lake Jubilee for one of the longer Wednesday walks (18km) at 9:30am on a cool morning with the prospect of some rain later in the day. Due to the recent heavy rainfalls in the region and the fact that the usually used route for the walk involved three creek crossings that might have presented problems the leader decided to vary the route of the walk into Lake

Daylesford and further on where the Goldfields Track is usually used all the way to Sailors Falls.

The route change meant walking the Lerderderg Track (GDT) towards Daylesford which stays very high avoiding many creeks. This section was recced on Google Maps – Street View, this showed the Lerderderg Track followed quite open and broad management tracks through the forest. The reality was quite different where many of the management tracks were no longer driveable but just narrow walking paths with extensive gorse on both sides. Message learnt don't trust Street View – images possibly before the 2009 bushfires with much regrowth since then.

On reaching Lake Daylesford we joined the Goldfields Track for a short distance down along Wombat Creek, then turning south along Sailors Creek valley where we left the Goldfields Track and followed Sailors Ridge Track with the Wombat State Forest on one side and farmland on the other. As the name implies this stayed well above Sailors Creek and avoided the two creek crossings.

As has been the case for quite a time now for all bushwalking in Central Victoria it is necessary to check the Parks Victoria website for up-to-date info on places that are still currently closed due to the many storm damage and flood events in the last couple of years. Sailors Falls access has been closed since the October

floods in
meant we
an
route to
Sailors
Ground
lunch
before
weather



2022, which
had to use
alternative
get to
Falls Picnic
for our
break. Just
lunch the
turned and

we started walking with our rain gear on.

After lunch the route briefly heads across some farmland area to rejoin the forest further to the east. From here is a fairly easy stretch of walking back to Lake Jubilee, mostly along the alignment of the old Newlyn to Daylesford railway line which closed in 1958. The rain/showers continued and we all had rain gear on until we got back to the cars. Participants: David C (leader), Andrew M, Pat M, Ray C Photos by Andrew M

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Vaughan Springs – Golden Gullies Day Walk

Wednesday 4th October

Another wonderful spring day weather as we set off from Vaughan Springs on the Goldfields Track in the direction towards Ballarat. Vaughan Springs had been closed for almost a year after the bad flooding events in October 2022, which meant the walk could not be completed when listed on the Club Calendar earlier this year.

We had no sooner started the walk by crossing the Loddon River when we saw the massive flood debris piled up against a large tree, which gave us some understanding of how bad the flooding had been. The Goldfields track climbs steadily towards Italian Hill as it heads southward into the valley of Sailors Creek and passes through an area where there are many remains from the Gold rush times long ago. These included stone buildings and the Cornish Chimney at the Tubal Cain Mine.

Soon after the mine we left headed off track through eastward and descending Creek, again encountering mining. Just past the chimney we stopped for direction changed again to Vaughan Springs. Some through a valley which is wattles, but this year the wattle had finished for the today's walk is due to the is still some to be found) wattle trees.

The northward walking Glenluce Mineral Springs on here the way home is route follows an old water downstream along the River, back to where the Vaughan Springs



the Goldfields Track and the forest travelling into the valley of Sebastopol evidence of much Gold remains of a large stone lunch. After lunch the walk head north towards further off-track walking usually 'Golden' with brilliant colours of the season. The naming of 'Gold' in the ground (there and the 'Gold' in all the

continues until we reach the Loddon River. From reasonably easy as the race (Moyle's Water Race) south bank of the Loddon cars were parked at

Participants: David C (leader), Andrew M, Fiona P, Ray C, Carmel G

Photos by David C



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Blackwood – Tunnel Loop Walk

Wednesday 11th October

A new walk on the Wednesday list of walks sourced from the Booklet for the VicWalk Federation Day Walks in October 2005. Of course, the VicWalk Federation Weekend Walks 2023 this month are also based nearby at Trentham and the same Tunnel Point Loop walk is listed as one of the 20 day walks on the program.

The walk starts by immediately crossing the Lerderderg River for the first time on a bridge before steadily climbing 160m over a couple of km of walking on the North Blackwood Road where we encountered no traffic at all. When the top of the range is reached a turn onto Tunnel Loop Track is made to slowly descend along the top of the ridge to reach the Lerderderg River again. At this point there is a diversion

Tunnel which was dug during the gold mining era of the 1855-1870 to leave a long loop in the river having no water so the riverbed could be dug for gold.

When we arrived it was a little surprising to discover that the entire flow of the river was actually passing through the tunnel so we were able to cross the river over the top of the tunnel with dry feet. We stopped for lunch on the bank of the river and also explored the area around the tunnel.

After lunch a short very steep climb led us up to an old water race which now forms a very long section of the



Lerderderg Track (the part of the Great Dividing Trail that goes between Daylesford and Bacchus Marsh). This we followed upstream and way above the river for about 6km making for a very easy, very winding afternoon walk back to where we parked the cars in Blackwood.

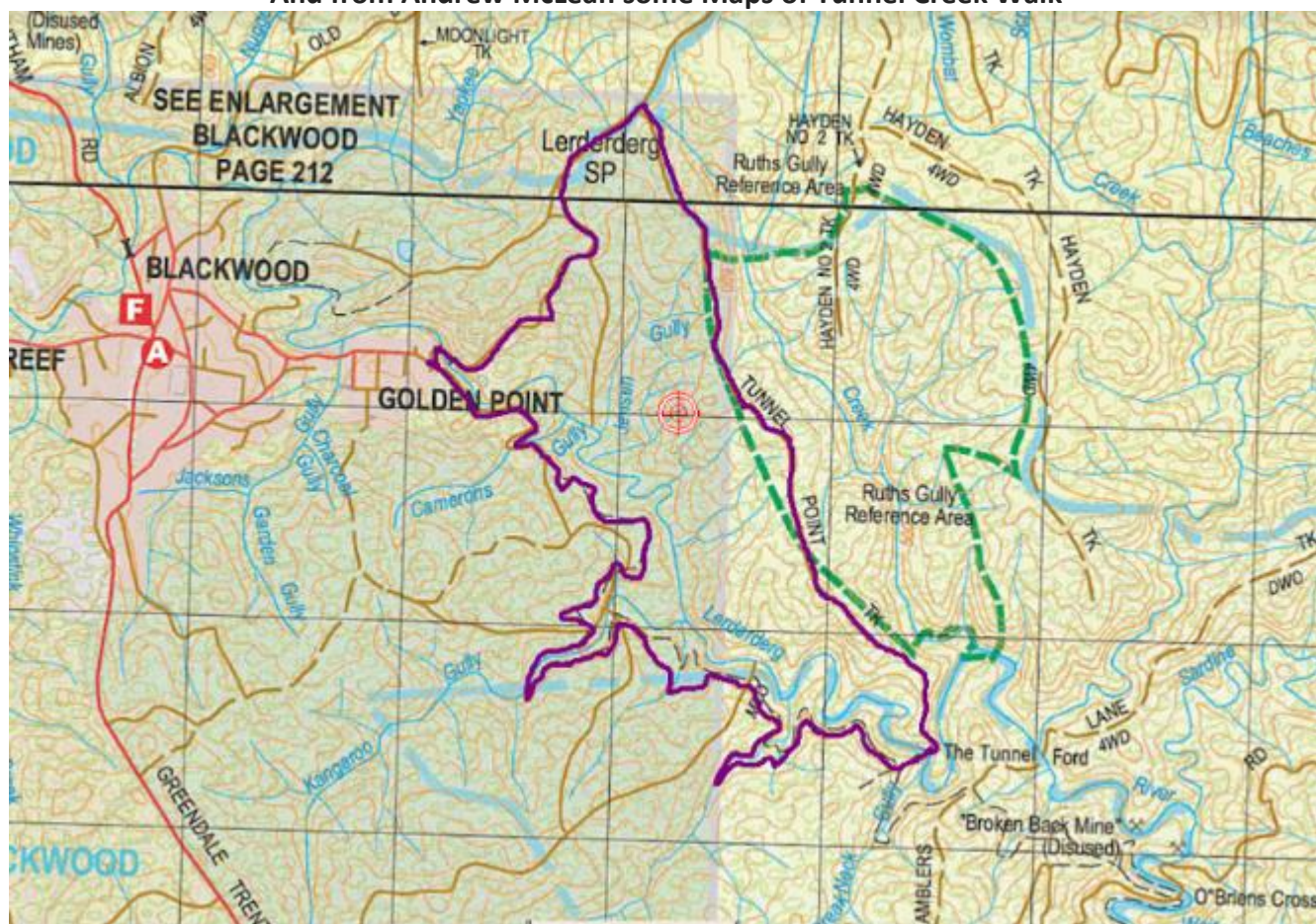
Participants: David C (leader), Andrew M, Pat M, Ray C

Photos by David C



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And from Andrew McLean some Maps of Tunnel Creek Walk



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Boort Day Walk

Sunday 15th October

A perfect day for a walk to the Yung Balug Keeping Place to meet Paul and Cathie for a scrumptious morning tea and a presentation of the artifacts and old photographs from the past one hundred years. This was followed by lunch at Boort and then a leisurely walk around Lake Boort looking at various scar trees, ancient red gums, pelicans and swans. All up twenty-one walkers on the day which was a great result. Thanks everyone. Peter.

Federation Weekend Bushwalking Weekend at Trentham

Friday 20th to Sunday 22nd October

<https://fedwalks.org.au/walks-program/>

Your registration fee of \$35 includes: 1. Two activities led by experienced leaders 2. Comprehensive souvenir walk booklet and 3 - Afternoon tea provided at the hub. Twenty Day walks of various gradings and lengths on both Saturday and Sunday from which to choose. **Friday** - Arrive early and explore the area, catch up with friends at your accommodation. Registration will be open from 3:00pm- 6:00pm (or check in prior to your walk on Saturday morning). **Saturday** - Registrations open from 7:00am. Mustering times range from 7:45am to 10:00am and will be advised closer to the event. A safety briefing will be done prior to your walk. Please arrive early! Afternoon tea will be available on your return. Most walks will return by 3:30pm. A catered dinner (limited numbers) will be held at Trentham - more details to come! **Sunday** - Registrations open from 7:30am. Mustering times range from 7:45am to 10:00am and will be advised closer to the event. A safety briefing will be done prior to your walk. Please arrive early! Most walks will finish prior to 4:00pm. Have a safe trip home or, extend your stay (and accommodation booking) to make the most of the wide range of visitor attractions in the area.

Buzza is doing the newsletter for the interim period until we find another newsletter editor and so any email content should be sent to enquiries@gobush.org.au by the Tuesday before the Club Meeting

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SUNDAY 29 October 2023

THREE LAKES CHALLENGE

DAYLESFORD, CRESWICK, BALLARAT.

GRADE EASY / MEDIUM. DISTANCE 12-14km

This is an outing for everyone. Weather is warming up and this activity involves walking /exploring three separate lakes. One is quite big (Lake Wendouree) and the others not that big. All up the lakes walk will cover circa 12-14km. Grade would be Easy/Medium. People shouldn't use Lake Weeroona as a yardstick (It's only a puddle!)

First up will be Jubilee Lake (Or Lake Daylesford) in Daylesford, then the big one, Lake Wendouree in Ballarat Gardens (Stephen Monegettis got the record for this 15+ minutes). Its 6 km so will take a bit longer unless you run!? Lunch stop will be here somewhere. Last Lake circuit will be St Georges Lake in Creswick. For people who haven't been here before, it's a bit of a hidden gem! Plan to be back in Bendigo by 5pm. Bring you lunch and drinks (thermos) although there will be opportunities to buy coffee and snacks during the day (if the queues aren't too long!) If the weather is cool, then we would still proceed (at this stage). Departure points for car-pooling, Lansell Plaza carpark (near Rebel Sport) ready for 8am departure. Fuel share zone \$25

Bendigo Bushwalking Club Committee 2023-2024

President	Graham Borrell	0438437680
Vice President	Hans Trackdorf	
Secretary	Donna Guille	0466 004 610
Treasurer	Greg Doubleday	
Committee Members		
	Ian Barry	
	Peter O'Meara	
Other Tasks:		
Trip Coordinator	Buzza	
Webmasters	Donna Guille & Ian Barry	
Newsletter	Editor Wanted	

The statements and opinions expressed in articles herein are those of the individual authors, and do not necessarily represent the views of the Bendigo Bushwalking and Outdoor Club Inc.

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Membership

Fees are \$60 for a family and \$40 for single members. Payable each financial year.

A Membership Form can be found on the website at www.gobush.org.au.

Remember you must sign the Acknowledgment of Risk at the bottom of the membership application otherwise you are not covered by the Club insurance.

You are welcome to try a trip or two at the nominal cost of \$2 per trip.

Membership Benefits

Insurance coverage on member's trips.

Your Bushwalking Victoria membership card enables you to obtain discounts at a number of retailers. Note that Bushwalking Victoria membership cards need to be presented prior to processing of sale.

<http://bushwalkingvictoria.org.au/bwv-membership-card-benefits/bwv-membership-card-benefits>

Note: RRP = Regular Retail Price-does not include sale or consignment items or hire gear.

Reminder to Walk Leaders

Under our insurance policy organised through Bushwalking Australia, it is required that we obtain the name & address of any temporary members who come on walks and that they sign an Acknowledgement of Risk Form before participating in an activity. These details should be collected by the walk leader via the appropriate form, together with the fee, and passed on to the treasurer to record the names in the Temporary Member's book.

Any serious incident occurring on a walk must be reported to the leader and the committee to enable the correct procedure to be followed.

All Activity Leaders are reminded that they need to have forms on hand for activities – Activity Registration Form, Incident Forms, Emergency Forms. Completed forms are to be sent to the secretary either with a scan to the Club's address or a photo/scan to 0466 004 610.




Notice to Members and Visitors: Members and Visitors (temporary members) should always have their personal emergency information on their person for all activities – Participant's Emergency Contact and Medical Form.

Members and Visitors should note they are responsible to inform any person taking photos, or the Activity Leader, if they do not wish to be included in photos that can be used for club purposes.

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BENDIGO BUSHWALKING AND OUTDOOR CLUB INCORPORATED MEMBERSHIP RENEWAL FORM

New and renewing members alike MUST sign the Acknowledgment of Risk. Membership fees are due from the first of July. Adults \$40, Family \$60. Payment as follows: • Post a cheque together with this form to The Treasurer, Bendigo Bushwalking and Outdoor Club, PO Box 989, Bendigo 3552 • Bring cheque or cash to the monthly meeting: 4th Tuesday of the month, 730 pm, Presbyterian Church Hall, Forest Street • or pay by Direct Debit BSB – 633000 Account No – 134109016 Reference – your name. Please notify the Treasurer and provide a signed Acknowledgment of Risk at the earliest opportunity. Please complete all the following sections

1. PERSONAL DETAILS Adults 1. _____ 2. _____
Children 1. _____ 2. _____
2. Address _____
_____ Postcode _____
3.  Mobile _____  Home _____
4. Email _____
5. Next of Kin/Nominated person to contact in an emergency Name _____
_____ 
6. Address _____

ACKNOWLEDGMENT OF RISK AND OBLIGATIONS OF MEMBERS

This acknowledgment of risk applies to all club activities I may undertake as a member of the Bendigo Bushwalking and Outdoor Club Inc. In voluntarily participating in activities of the club which are described to me by the activity leaders, I am aware that my participation in the activities may expose me to hazards and risks that could lead to injury, illness or death, or to loss of or damage to my property, I also acknowledge that I may encounter weather conditions that could lead to hypothermia and being in locations where evacuation for medical treatment may take hours or days. In particular when participating in abseiling or above the snowline activities I am aware that these activities could expose me to additional hazards and risks described to me by the activity leader. To minimise risks I will endeavour to ensure that:

Each activity is within my capabilities. I am carrying food, water and equipment appropriate for the activity. In addition: I will advise the activity leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity. I will make every effort to remain with the rest of the party during the activity. I will advise the leader of any concerns I am having. I will comply with all reasonable instructions of club officers and the activity leader. I have read and understand the above requirements. I have considered the risks before choosing to sign this acknowledgement of risk. I still wish to join the activities of the club. I acknowledge that I will take Responsibility for my own actions and that signing this form, or the payment of my subscription will be deemed as full acceptance and understanding of the above conditions,

Name _____ Signed _____ Date _____

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Upcoming Activities

November Wednesday Walks

Maryborough - Gold

Wednesday 1st November

Type: Day Walk

Grade: Easy/Medium

Distance: 15km

Costs Fuel Share:

Zone 2 \$30

DESCRIPTION:

An exploratory loop walk in the Maryborough Regional Park visiting numerous relics and ruins from the gold mining era. Some off track walking will be needed at times.

Afternoon tea/coffee in Maryborough at the Railway Station before returning to Bendigo.

MEET: In the carpark in front of Rebel Sport at Lansell Square, Kangaroo Flat, for a **departure at 8:30am.**

Contact: David C

ph 0409 425 604

Graytown Exploration

Wednesday 8th November

Type: Day Walk

Grade: Medium

Distance: 16km

Costs Fuel Share:

Zone 1 \$15

DESCRIPTION:

A walk through the Heathcote Graytown National Park to the site of the old Graytown Township, including the POW Camp, gold diggings, the Cemetery and then to Melville's Lookout and on to the Mt Black Quarry. Followed by a steep climb through a forest grass trees to reach the summit of Mt Black. Some off-track walking is involved.

Afternoon tea/coffee in Heathcote before returning to Bendigo.

MEET: In the carpark in Reservoir Road, Strathdale (next to Bendigo Model Car Club track), for a **departure at 8:30am.**

Contact: David C

ph 0409 425 604

Tarilta Creek, Six Chimneys and a Ruin

Wednesday 15th November

Type: Day Walk

Grade: Medium

Distance: 14km

Costs Fuel Share:

Zone 2 \$25

DESCRIPTION:

This walk includes a creek gorge and relics of the gold mining days. It is through dry open forest with some rocky sections and numerous dry creek crossings. Starting on the Goldfields Track southwards but soon afterwards dropping into Tarilta Creek and following the Creek northwards to reach an old Cobb & Co staging station (ruins). A climb to cross Porcupine Ridge Road leads into some old mining areas where the Goldfields Track is rejoined and followed back to where the cars are parked on Porcupine Ridge Road. Approximately 40% of the route is off-track in open forest and the remainder on the Great dividing Trail and vehicle tracks.

Afternoon tea/coffee in Castlemaine before returning to Bendigo.

MEET: In the carpark in front of Rebel Sport at Lansell Square, Kangaroo Flat, for a **departure at 8:30am.**

Contact: David C

ph 0409 425 604

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Grampians Peak Trail Base camp/day walks

Friday 8th to Monday 11th March 2024

Labour Day long weekend

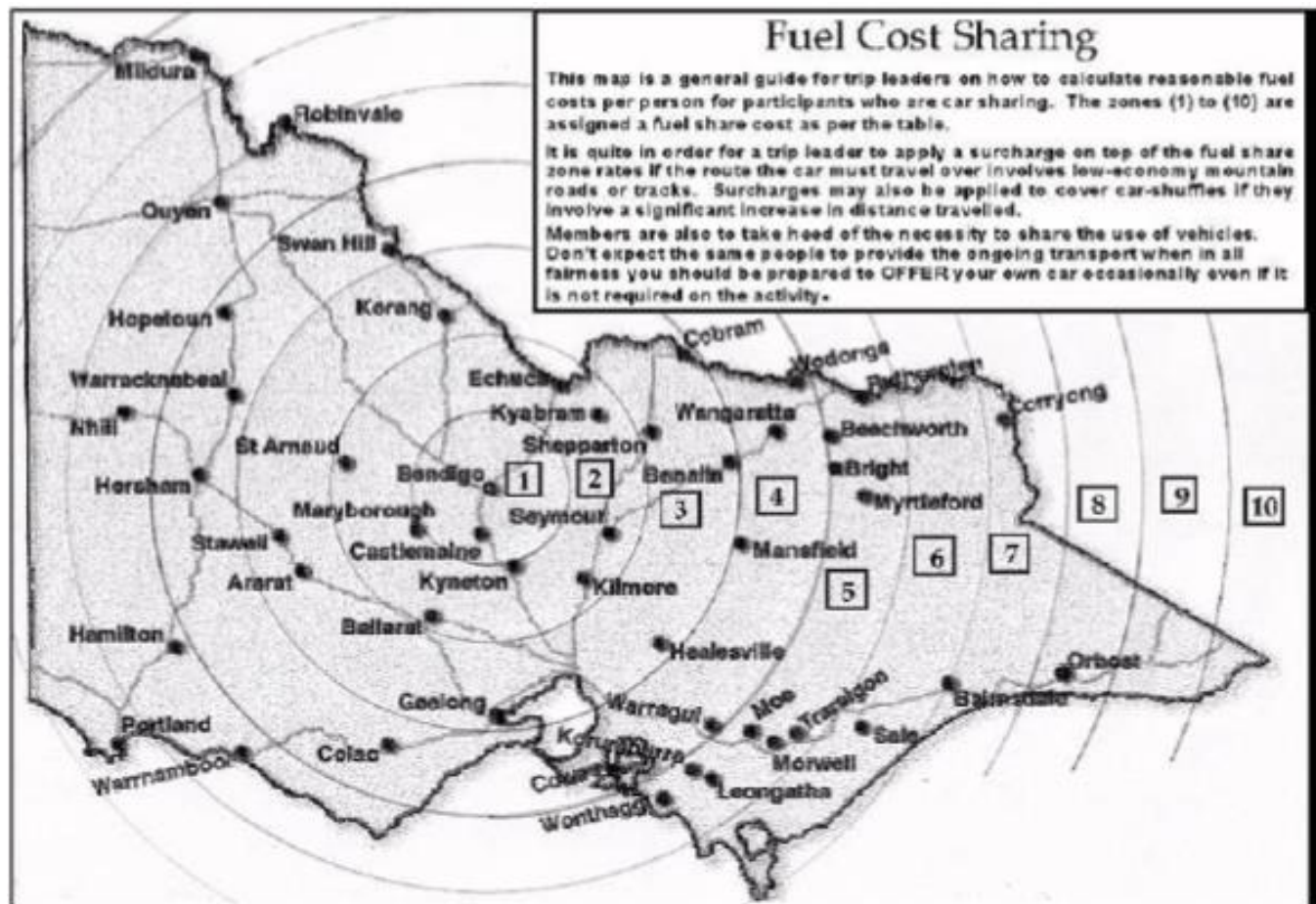
Base camp at Jimmy Creek campground south of Halls Gap nights. Jimmy Creek is accessible by car.

3 day walks:

Saturday 9/3	Jimmy Ck to Yarram Gap Rd	13 km moderate
Sunday 10/3	Yarram Gap Rd to Griffin Trail Head	12 km easy
Monday 11/3	Griffin Trail Head to Cassidy Gap	12 km moderate

Cost - minimal - perhaps \$5 per night (each site is \$16.40 per night, up to 6 people per site) plus transport. Bendigo - Jimmy Creek is 237 km. Car shuffles each day at the Grampians.

Rationale. Grampians Peak Trail (GPT) overnight camping is super dear - \$49 per night per tent site. Base camping is very cheap! Suitable for "day walkers" seeking something more adventurous as well as old hands who want to try the GPT but think the fees are ridiculous! (Or prefer a day pack to something heavier!) No requirement to do all three days. Ring or text Andrew M 0418 135 934



Zone & Fuel Cost

① \$10-\$15 ② \$30 ③ \$45 ④ \$60 ⑤ \$75 ⑥ \$90 ⑦ \$105 ⑧ \$120 ⑨ \$135 ⑩ \$150

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PARTICIPANT'S EMERGENCY CONTACT & MEDICAL INFORMATION

This information is for emergency use only and is to be carried in your pack at all times in a sealed plastic envelope. It is your responsibility to update this information if there is a change in details.

Name: _____

Home Address: _____

_____ Post Code _____

Telephone: Home: _____ Mobile: _____

Medical Information:

Medical Condition: _____

Current Medications: _____

Allergies: _____

Do you have current immunisation against: Tetanus Y/N HepA Y/N HepB Y/N

Medicare Number: _____

Private Health Insurance Fund (name): _____

Ambulance subscriber Y/N

Emergency Contact:

Name: _____

Home Address: _____

_____ Post Code: _____

Telephone: Home _____ Mobile _____

Relationship: _____

Signed: _____ Date _____

Privacy Statement:

The information contained in this form is for emergency use only and will be used if you are ill or injured whilst participating in an activity of your bushwalking club. The information will only be accessed by the walk leader or their delegate and given to the relevant medical and/or emergency services personnel.

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CLUB MEETING NIGHT - MEAL

CATCH UP FOR THOSE INTERESTED

Meals are pretty promptly arranged (no long wait times) and they are reasonably priced \$16-\$28 and they have a Seniors Menu. So anyone ordering, even at 6.30pm should be out of there by 7.15pm.

The Venue is 9-10 mins from Forest St Hall.

TIME:	6:00pm
LOCATION	KANGAROO FLAT SPORTS CLUB
CONTACT	HANS T mob 0400 049 891

Bushwalking Calendar Gradings

Easy
Easy / Medium
Medium
Medium / Hard

Gently undulating terrain, mostly on formed tracks.
Gently undulating terrain with some short climbs
Both on & off formed tracks with some sustained climbs.
Medium walks but may also include rougher terrain, heavy scrub, rock scrambling, longer climbs & descents, or exposure to bad weather.



Delicious Nardoo Scones at Yung Balug disappeared very quickly

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Bendigo Bushwalking Activities Calendar

Date	Description	Rating	Comments	Contact
October				
Sat 21st & Sun 22nd	Trentham Bushwalking Vic Federation Walks	Easy/Med	Day Walks	See Newsletter Calendar
Tue 24 th	Monthly Club Meeting	7.30pm	Presbyterian Church Hall	35-41 Forest St Bendigo
Sun 29th	3 Lakes Walk	Easy/Med	Day Walk	Hans 0400 049 891
November				
Wed 1 st	Maryborough	Easy/Med	Day Walk	David 0409 425 604
Sun 5th				
Tues 7 th	Crusoe Reservoir 6 pm	Easy	2-hour 6km Evening Walk	Buzza 0438 437 680
Wed 8 th	Graytown	Medium	Day Walk	David 0409 425 604
Sat 11th	Mt Ida	Medium	Day Walk	Buzza 0438437680
Wed 15 th	Tarilta Creek	Medium	Day Walk	David 0409 425 604
Sun 19th				
Tues 21 st	Crusoe Reservoir 6 pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
Sat 25th	Whipstick Forest	Easy	Half Day Walk	Buzza 0438437680
Tues 28th	Monthly Club Meeting	7.30pm	Presbyterian Church Hall	35-41 Forest St Bendigo
December				
Tues 5th	Crusoe Reservoir 6 pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
Tues 13 th	Christmas Picnic	6.30pm	Epsom Botanic Gardens	Enter via Scott St
Tues 19 th	Crusoe Reservoir 6 pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
January				
March 8-11th	Grampians Base Camp	Easy	3 single Day Walks	Andrew