



## BENDIGO BUSHWALKING AND OUTDOOR CLUB

### ACTING PRESIDENT'S REPORT

Well it seems like 'I'm It!' at the moment, with everyone taking off on their midwinter holidays here! Buzza's allegedly even in Norway of all places!

Just 6 months after people questioning the viability of the Club, there is definitely a renewed interest and a 'spring in the step' of club members. We've even got a mega Facebook following! We now need to just encourage those followers, to come out and get their hiking boots on and 'smell the roses.' An active Club Calendar will assist in this. At the next meeting night we will be throwing up ideas, for upcoming activities for the next few months. So if you've got any ideas or preferences, let us know.

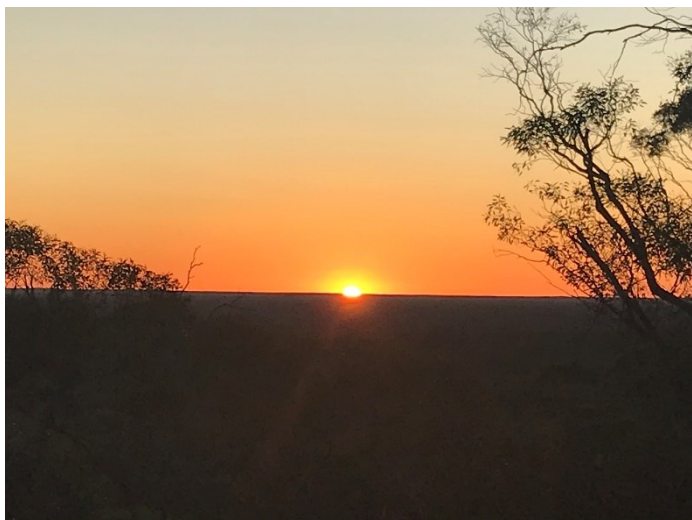
Even if you miss the meeting, you can still send thru any ideas (all are welcome) to our email address.



Last weekend I joined the Sunraysia Bushwalking Club (Mildura Club), on what turned out to be a marathon walk thru the Murray - Sunset National Park, out at the Pink Lakes (Near Underbool). If I had read the briefing notes more carefully, I should have known that the three-day overnight hike was covering 50km! I just assumed that we would be hiking, like down here in central Victoria and be covering 25-35km. In the end I'd thought I'd joined the Afrika Korp! In any event the club members were very inviting and Parks Victoria have been kind enough to position small water tanks at the various hiking campsites, which means you don't have to schlepp, a whole volume (and weight) of water, in

your pack. The distance hiked might be a new record for me, because even though I've been hiking since I was aged 15, I don't recall ever hiking that far in 3 days carrying a full overnight pack!! Now the reason I mention this non Bendigo Club activity, is because as a member of the Federation of Victorian Bushwalking Clubs, any member of one club can take part in other Club's activities. Sometimes it's just a matter of knowing someone in another club, or contacting them to see if you can join in on an activity. Each Club usually lists their monthly activities in their newsletters. Sometimes clubs may even host joint hikes or day walks. Anyway it won't be long before the coldest parts of the year are gone, so keep warm in the meantime.

**Cheers Hans**



**Photos by Hans** from his Murray – Sunset National Park walk including the watertanks mentioned in the report.

## News Items from the Committee

★	<b>JUNE CLUB NIGHT – Tuesday 27<sup>th</sup> June WALKS/ TRIP PLANNING NIGHT.</b>
★	<b>AGM</b> - the committee advise that the club's <b>AGM</b> will be held on <b>Tuesday 26 September 2023</b> at 7.30pm just prior to the club general meeting at the Presbyterian Church Hall, 35-41 Forest St Bendigo.
★	<p><b>Membership</b> - the committee advises that an email reminder will be sent to all members for re-registration in June for the 2023/24 financial year.</p> <p><i>Members are encouraged to pay their membership as soon as possible and prior to membership ceasing on 1 July.</i></p> <p>Membership Form is on the last page of the GO BUSH Newsletter or on the Club's website at - <a href="#">Membership Form</a></p>

### BENDIGO BUSHWALKING AND OUTDOOR CLUB INC

P.O. Box 989, Bendigo, 3552  
Reg No. A0051482V

Meetings - 4<sup>th</sup> Tuesday every month [except Dec]  
Presbyterian Church Hall, 35 - 41 Forest Street  
Meetings start at 7:30 pm sharp

Membership: Single \$40.00  
Family \$60.00

E-Mail: [enquiries@gobush.org.au](mailto:enquiries@gobush.org.au)

Web address: <http://gobush.org.au/>

BBOC is affiliated with



## COMMITTEE 2022-2023

**President** Graham Borrell 0438 437 680

**Vice President** Hans Tracksdorf

**Secretary** Donna Guille 0466 004 610

**Treasurer** Greg Doubleday

### Committee Members:

Ian Barry

Peter O'Meara

Sandy Raeburn

### Other Tasks:

**Trips Coordinator** Graham Borrell

**Web Masters** Donna Guille & Ian Barry

**Newsletter Editor** David Crocker

The statements and opinions expressed in articles herein are those of the individual authors, and do not necessarily represent the views of the Bendigo Bushwalking and Outdoor Club inc.



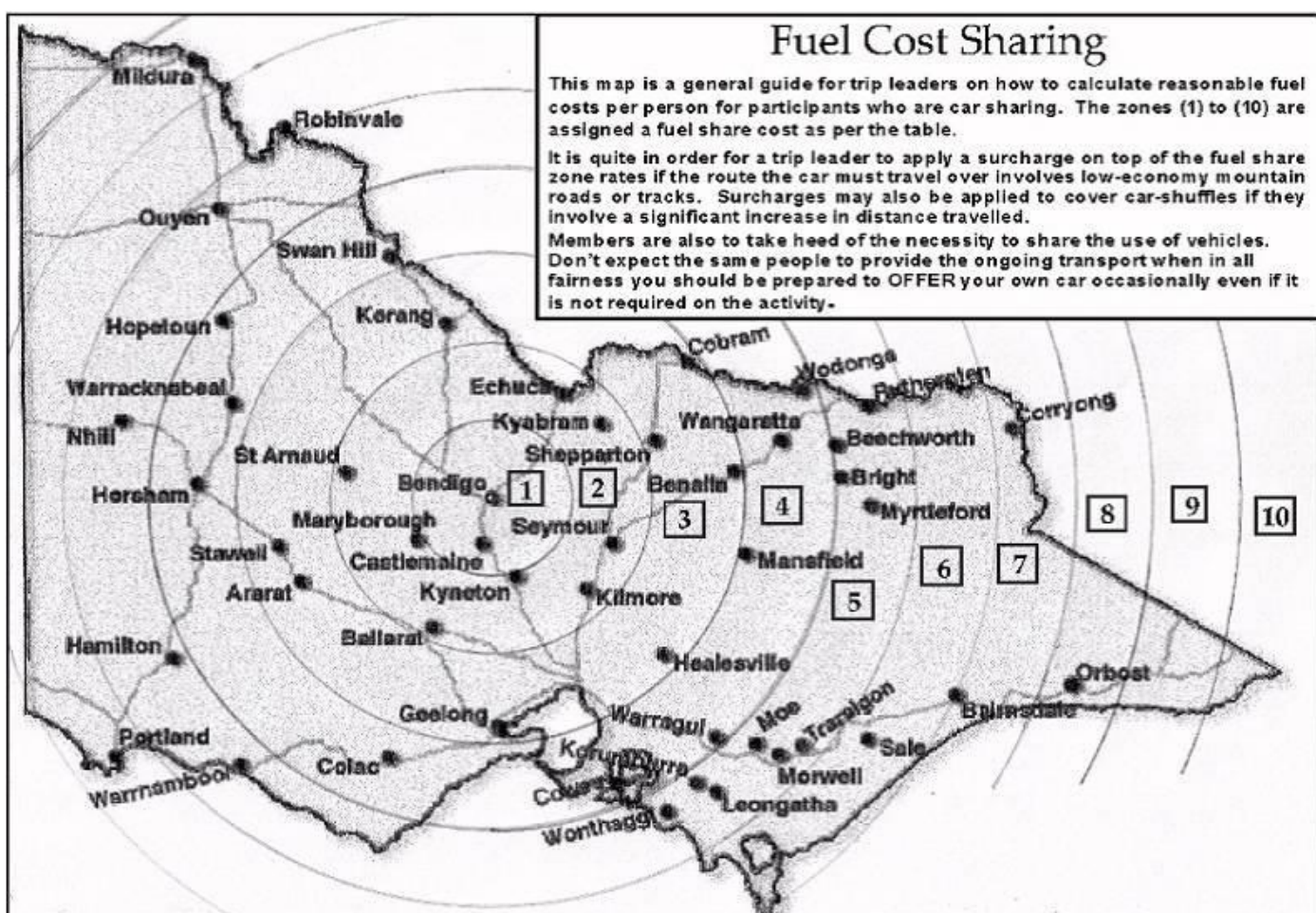
## CLUB MEETING NIGHT - MEAL

### CATCH UP FOR THOSE INTERESTED

Meals are pretty promptly arranged (no long wait times) and they are reasonably priced \$16-\$28 and they have a Seniors Menu. So anyone ordering, even at 6.30pm should be out of there by 7.15pm.

The Venue is 9-10 mins from Forest St Hall.

**TIME:** 6:00pm  
**LOCATION:** KANGAROO FLAT SPORTS CLUB  
**CONTACT:** HANS T mob 0400 049 891



### Zone & Fuel Cost

**① \$10-\$15 ② \$30 ③ \$45 ④ \$60 ⑤ \$75 ⑥ \$90 ⑦ \$105 ⑧ \$120 ⑨ \$135 ⑩ \$150**



## Notice of AGM and Leadership Forum

Dear Graham,

Please share the information below with your Committee and club members.

### Annual General Meeting

Notice is hereby given that the Annual General Meeting of Bushwalking Victoria Inc, A0002548Y, ABN 88 344 633 037 will be held on **Saturday 24<sup>th</sup> June 2023** at 15:00 at the **Duncan Mackinnon Reserve Function Room - First Floor**

#### Business:

1. Confirmation of Minutes of previous Annual General Meeting.
2. President's Report.
3. Adoption of the Annual Report.
4. Accounts – to lay before the Annual General Meeting the annual financial report of Bushwalking Victoria for the year ended 31 March 2023.
5. Election of Board and Committee.
6. Confirmation of a suitably qualified person to review the accounts 2023/24.
7. Special/General Business:

Determination of Annual Membership Fees

Motion: That the fees for 2023/2024 be as follows:

#### Fees 2023/24 (Incl. GST)

Affiliate Club Members	\$17.60
Individual Members	\$20.00
Associate members	\$25.00

### Leadership Forum

The Leadership Forum will be held prior to the Annual General Meeting, starting at 09:00am. Coffee/Tea will be available from 08:30 to give club members the chance to register and catch up. There will be presentations and discussions on topics relevant to bushwalking clubs - the full program will be sent to clubs shortly. Morning tea, lunch and afternoon tea will be served.

### Registrations

Once the program for the Leadership Forum has been finalised, a link will be sent to all clubs to register their attendance for both the AGM and Leadership Forum.

### Bushwalking Victoria needs you!

There are a number of Board positions becoming available this year as members step down from their roles. If you or a member of your club, would like to participate in the running of Bushwalking Victoria, please complete this **[nomination form](#)** by 21 May 2023. Members of affiliated clubs and individual supporter members are eligible to nominate for the Board. Please contact Mike Grant, President (**[president@bushwalkingvictoria.org.au](mailto:president@bushwalkingvictoria.org.au)**) or Jenny Hosking, Secretary (**[secretary@bushwalkingvictoria.org.au](mailto:secretary@bushwalkingvictoria.org.au)**) for more information

We look forward to seeing you on 24<sup>th</sup> June 2023.

Jenny Hosking  
Secretary

## News Items from the Committee

**Newsletter for July & August issues** - please note that David Crocker, Newsletter Editor, will be away for a few weeks on a well earned international holiday and as such the Committee will take on the responsibility for producing the July and August issues of the newsletter. To that end we request that during this time Activity Leaders please send trip information and photos etc into the Club email address - [enquiries@gobush.org.au](mailto:enquiries@gobush.org.au) - for inclusion in the July & August issues.

Have a wonderful trip David!

**Activity Leaders** - Activity Leaders are to note that there has been a committee-endorsed update to the information required on the *Activity Registration / Risk Acknowledgement form* and are advised to please use this new form, dated May 2023 on future trips. The form is being emailed to current Activity Leaders and will be made available through the Club's website.

All Activity Leaders are reminded that they need to have forms on hand for activities - Activity Registration Form, Incident Forms, Emergency Forms. **Completed forms are to be forwarded to the secretary either with a scan to the club's email address or a photo/scan to 0466 004 610**

### Notice to Members and Visitors:

- members and visitors should always have their personal emergency information on their person for all activities - [Participant's Emergency Contact & Medical Form](#)
- members and visitors to note that they are responsible to inform any person taking photos, or the Activity Leader, if they do not wish to be included in photos that can be used for club purposes.

## Walk gradings:

<b>Easy</b>	Gently undulating terrain, mostly on formed tracks.
<b>Easy / Medium</b>	Gently undulating terrain with some short climbs
<b>Medium</b>	Both on & off formed tracks with some sustained climbs.
<b>Medium / Hard</b>	Medium walks but may also include rougher terrain, heavy scrub, rock scrambling, longer climbs & descents, or exposure to bad weather

## Ambulance Victoria Subscription

Club members are encouraged to become Ambulance Victoria Subscription members because the cost is minute compared to the cost of emergency transport if you're out in the bush somewhere. Years ago, one of our members, Max, fractured his ankle on a walk in Tasmania and was transported for free via helicopter. So do yourself a favour and Join Up today!

***Bushwalking Victoria – monthly newsletter Bulletin 63 for JULY 2023 is available at:***

<https://bushwalkingvictoria.org.au/bushwalking-newsletter/>

### Deadline for GO BUSH Newsletter:

Contributions for the Club newsletter need to be submitted one week before the Monthly Meeting  
Please send separately text from word processor and pictures as jpeg images

**DEADLINE FOR JUNE NEWSLETTER IS Tuesday 18<sup>th</sup> JULY**

**Send contributions to the Committee, email to [enquiries@gobush.org.au](mailto:enquiries@gobush.org.au)**



Photos from the last Club meeting in May, when Rechelle and Greg took us through pack preparation.



## TRIP REPORTS

### ***Fryers Ridge Circuit***

### ***Wednesday 24<sup>th</sup> May***

This loop walk is entirely within the Fryers Ridge Nature Conservation Reserve which is the west of the township of Taradale. The Coliban Water Channel forms the eastern boundary of the Reserve. The walk starts along Salt Water Track and then along Lower Kangaroo Creek Track before gradually climbing towards Fryers Ridge.

At the junction of Lower Kangaroo Creek Track and Upper Kangaroo Creek Track it is surprising to see that Upper Kangaroo Creek Track follows up the valley along Kangaroo Creek, but Lower Kangaroo Creek Track starts to climb up the crest of the Spur before meeting Wattle Track. So from the junction Lower Kangaroo Creek Track is steeper and higher than Upper Kangaroo Creek Track. A most confusing naming of tracks.



*New Track Signs and some early wildflower colours*

A fine winters day in June but not much wildlife about and only a few splashes of colour with some early wildflowers on display.



*Along Fryers Ridge Road*



*Red-headed Mouse Spider  
(Missulena occatoria)*

After a lunch break on Fryers Ridge Road the rest of the walk was down hill back to the cars.

Participants: David C (leader), Andrew M, Merlyn Q, Roger K

Photos by David C

## ***Vaughan Springs – Golden Gullies Walk***

### ***Wednesday 31<sup>st</sup> May***

David C (leader), this walk was cancelled do to some positive COVID tests of participants from the walk on 24<sup>th</sup> May and a similar issue with other prospective participants who were planning to come on the walk

## ***Mt Alexander (Twice)***

### ***Wednesday 7<sup>th</sup> June***

David C (leader), this walk was cancelled due to 2 Severe Weather Warnings (high winds and floods), Castlemaine had 39mm on Wednesday 7<sup>th</sup> June

## **Wyperfeld Base Camp**

### **Saturday 10<sup>th</sup> – Monday 12<sup>th</sup> June**

Wyperfeld is located west of Hopetoun in the mallee. The area is semi-arid and flat with the main feature being a chain of lake beds connected by Outlet Creek, which is the northern part of the Wimmera River. The creek & lakes only fill after heavy prolonged rain which has to fill Lakes Hindmarsh & Albacutya first. This last occurred in the mid 1970's, so trees such as Red Gum & Black Box are showing signs of stress due to lack of floodwaters. Despite this the park is well worth a visit. The weather was cool but mostly fine with four club members attending the base camp over the King's Birthday weekend. We all arrived at various times during Friday, with 3 members doing it tough in vans while one hardy member upheld tradition & tented for the weekend.



Saturday morning found us saddling up our pushbikes & heading out around the Eastern Nature Drive, riding on a firm gravel road to the Eastern Lookout which offered excellent panoramas of the surrounding country. For those who have never been to the park the vegetation has clear demarcation lines where plants can grow this side of a defined line but not on the other side. This is quite obvious on the way to the lookout & from the top. We then continued to the mallee fowl walk which leads to a nesting mound. Continuing on we arrived back in camp a little after midday having ridden approx. 20kms. After lunch some of the party decided their posteriors were a little tender so stayed in camp, thus avoiding the ride out to Black Flat, once again on a well formed vehicle track. From there we picked up Cameron Track, which follows Outlet Creek. The creek is lined with Red Gums with sand dunes behind them. The surface was sandy in places & muddy in other spots which resulted in us having to occasionally push rather than peddle to proceed. We arrived at Nine Mile Square Track & followed the old entrance road, which wanders through Black Box forest, back to camp, completing another 20kms.



Around the campfire that night various yarns were spun & past trips rehashed, getting longer, harder & scrubbier as the night progressed, while the stars peeked out from behind patchy cloud.



The bikes were abandoned for Sunday, which began very slowly. The leader's prerogative was to have a sleep in. We didn't start our walk along the Discovery Trail until after 10am, in fine weather. Once again the well defined demarcation lines were apparent in the vegetation with various plant communities walked through on our way to the Devils Pools. Normally there are emu's & roo's hanging around the pools serenaded by a chorus of frogs, but nothing was seen nor heard! It was then off to Mt Mattingley where the lookout provided another panoramic view of the park, then back to camp for lunch. The afternoon was interrupted by a visit the Information Centre before settling in around the fire in the evening for more yarning & tall tales.





Monday was a slow pack up for some, with Robyn & I opting to stay on another night as the weather was once again fine & a pleasant day was had not doing much. The joys of being retired! In the evening we drove out to the Eastern Lookout to take in the sunset. We were entertained by heaps of bats silhouetted against the sky as we walked back to the car. That night the weather broke & we were lashed by strong gusty winds with showers of rain & the occasional rumble of thunder in the distance, which didn't worry us being cocooned in the caravan. A damp trip back to Bendigo on Tuesday rounded out an excellent low key relaxing weekend.

**Greg Doubleday (leader)**

**Photos by Greg D**

## ***Maldon & Mt Tarrengower***

***Wednesday 14<sup>th</sup> June***

The good weather at the start of June continued with a lovely fine and sunny day as we all arrived in Maldon at 9:00am for the start of the walk having travelled from Bendigo, Ballarat, Taradale, Castlemaine and Chewton!

As is now common on my walks up Mt Tarrengower we made a slight diversion to an unnamed laneway off Chapel St South to inspect one of the very few graves from the gold rush era that exist within the boundary of the town and not one mile away in the town cemetery.



Most people reading this have never seen this grave on their many visits to Maldon.



***A nice view at the start of the walk***



***Mt Tarrengower***

From here it is a long steady climb up to reach the tower on the top of Mt Tarrengower. After a brief break at the summit we started the descent on the western side of the mountain. The western side is quite different to the eastern side in aspects of geology, vegetation and views. The Orienteering map I am carrying reminds me this is a common place to get lost in an Orienteering event – too many boulders each marked on the map with a black dot. We are soon off the mountain on the western side and walking south along some very easy management tracks.



***Views to the West of Mt Tarrengower***



***Precipice Rock***

But this soon changed as we turned east and headed into a gully where in past times there was a much used car accessible camping area. In more recent times it has not been used and is now accessible by walking in. From here we climbed off track to reach the crest of the range at Ridge Road. From here we headed north back to reach the summit of Mt Tarrengower for a second time where we stopped for lunch.



***Prickly Pear Cactus (Opuntia ) invasion (bad)***

***Fungi (good)***

After lunch it was fairly easy walking off the mountain down Fountain Track and ANZAC Hill track back to the cars in Maldon.

**Participants: David C (leader), Andrew M, Merlyn Q, Fiona P, Patrick M, Roger K, Allan E (v)**

**Photos by David C**

## DETAILS FOR TRIP ACTIVITIES

### Mt Ida Heathcote

Sunday 25<sup>th</sup> June

Type: Day Walk

Grade: Easy/Medium

Distance: 12.5km

Costs Fuel Share:

Zone 1 \$15

#### DESCRIPTION:

Mount Ida near Heathcote is one of the highest points in the area with stunning views of Lake Eppaloch, Heathcote, Mt Alexander and the Macedon Ranges. This walk starts from Dargile Picnic area and is mostly on 4WD tracks and has some steep sections. Grass trees are a feature of the Heathcote-Graytown National Park. Afterwards if we have time we'll visit Pink Cliffs before a cuppa and cake in Heathcote.

Meet at the Clubrooms in Forest Street at 8.30am and we'll sort out cars.

Contact: Buzza

ph 0438 437 680

### Breakneck Gorge Walk

Sunday 10<sup>th</sup> July

Type: Day Walk

Grade: Medium

Distance: 6 -7 km

#### DESCRIPTION

Comments - Circuit walk.

Meet up spot. Hepburn Primary school 9.30 am. Varied Daywalk for all comers.

A circuit walk taking in some of the Historic sights of Hepburn, including Villa Parma, one of the oldest buildings in Hepburn. Across into the mineral Springs reserve. Will then take in Jacksons Lookout up the hill, before looping back down the valley to the Golden Spring. We then follow the old mining walkway alongside the valley, where you can see the houses of the rich and famous. (Not sure who they are?) before crossing the Main road at the narrow 'Breakneck Gorge' causeway. This has been artificially built up. The track then continues around the western side of the Hepburn Football reserve, before we then make it back to our cars. The total distance walked is not far, possibly 6-7km.

I will possibly coming from somewhere other than Bendigo, so I have scheduled the meetup site at the side of the Hepburn Primary School, in Main Road Hepburn, at circa 9.30 am. For Bendigo Starters The meeting site would be Lansell Plaza Carpark, in front of Rebel Sport, at the southern end at 8.30 am. This event will be weather dependent.

Contact: Hans T

ph 0400 049 891

### Beginners' Snow Camp Mt Buffalo

Thursday 27<sup>th</sup> – Sunday 30<sup>th</sup> July

#### DESCRIPTION:

If you have never camped in the snow, don't have adequate gear, and are convinced you would freeze to death, this is for you!

Three nights camping on snow next to a warm (open fire) picnic shelter, with day trips either on foot, snow shoes, or XC skis (depending on numbers and snow conditions).

Possible destinations include The Horn, The Hump, The Monolith

Brave participants will need to talk to the organiser to arrange suitable gear and clothing. Note that all cars must carry chains.

Contact: Andrew M

ph 0418 135 934 or 5423 2022

taragump@hotmail.com

## ACTIVITIES CALENDAR

DATE	TYPE	DESCRIPTION	RATING	COMMENTS	CONTACT
<b>JUNE</b>					
Sun 25 <sup>th</sup>	D/W	Mt Ida Heathcote	Easy/ Medium		Buzza 0438 437 680
Tues 27 <sup>th</sup>		Monthly Club Meeting		Presbyterian Church Hall Cnr Forest & MacKenzie St	
<b>JULY</b>					
Sun 10 <sup>th</sup>	D/W	Breakneck Gorge	Medium	A circuit walk in Hepburn Springs	Hans T 0400 049 891
Tues 25 <sup>th</sup>		Monthly Club Meeting		Presbyterian Church Hall Cnr Forest & MacKenzie St	
Thur 27 <sup>th</sup> – Sun 30 <sup>th</sup>	B/C	Mt Buffalo		Beginners' Snow Camp	Andrew M 0418 135 934
<b>AUGUST</b>					
Tues 22 <sup>nd</sup>		Monthly Club Meeting		Presbyterian Church Hall Cnr Forest & MacKenzie St	
<b>SEPTEMBER</b>					
Tues 26 <sup>th</sup>		Monthly Club Meeting		<b>Bendigo Bushwalking and Outdoor Club AGM at 7:30pm</b>	
<b>OCTOBER</b>					
Sat 20 <sup>th</sup> - Sun 21 <sup>st</sup>		Federation Walks		Wombat State Forest in Central Victoria, based in Trentham.	
Tues 24 <sup>th</sup>		Monthly Club Meeting		Presbyterian Church Hall Cnr Forest & MacKenzie St	

# BENDIGO BUSHWALKING AND OUTDOOR CLUB INCORPORATED

## MEMBERSHIP RENEWAL FORM

### New and renewing members alike **MUST** sign the Acknowledgment of Risk.

Membership fees are due from the first of July. Adults \$40, Family \$60. Payment as follows:

- Post a cheque together with this form to The Treasurer, Bendigo Bushwalking and Outdoor Club, PO Box 989, Bendigo 3552
- Bring cheque or cash to the monthly meeting: 4th Tuesday of the month, 730 pm, Presbyterian Church Hall, Forest Street
- or pay by Direct Debit BSB – 633000 Account No – 134109016 Reference – your name. Please notify the Treasurer and provide a signed Acknowledgment of Risk at the earliest opportunity.

### Please complete all the following sections

#### 1. PERSONAL DETAILS

Adults 1. \_\_\_\_\_ 2. \_\_\_\_\_

Children 1. \_\_\_\_\_ 2. \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

 Mobile \_\_\_\_\_  Home \_\_\_\_\_

Email \_\_\_\_\_

Next of Kin/Nominated person to contact in an emergency

Name \_\_\_\_\_  \_\_\_\_\_

Address \_\_\_\_\_

#### 2. ACKNOWLEDGMENT OF RISK AND OBLIGATIONS OF MEMBERS

This acknowledgment of risk applies to all club activities I may undertake as a member of the Bendigo Bushwalking and Outdoor Club Inc. In voluntarily participating in activities of the club which are described to me by the activity leaders, I am aware that my participation in the activities may expose me to hazards and risks that could lead to injury, illness or death, or to loss of or damage to my property, I also acknowledge that I may encounter weather conditions that could lead to hypothermia and being in locations where evacuation for medical treatment may take hours or days.

In particular when participating in abseiling or above the snowline activities I am aware that these activities could expose me to additional hazards and risks described to me by the activity leader.

To minimise risks I will endeavour to ensure that:

1. Each activity is within my capabilities.
2. I am carrying food, water and equipment appropriate for the activity.

In addition:

1. I will advise the activity leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity.
2. I will make every effort to remain with the rest of the party during the activity.
3. I will advise the leader of any concerns I am having.
4. I will comply with all reasonable instructions of club officers and the activity leader.

I have read and understand the above requirements. I have considered the risks before choosing to sign this acknowledgement of risk. I still wish to join the activities of the club. I acknowledge that I will take Responsibility for my own actions and that signing this form or the payment of my subscription will be deemed as full acceptance and understanding of the above conditions,

Name \_\_\_\_\_ Signed \_\_\_\_\_ Date \_\_\_\_\_