

GO BUSH



Bendigo Bushwalking and Outdoor Club Inc. November 2023

Tuesday 12th December Christmas Club Picnic. White Hills Gardens.



Date: Tuesday 12th December, 6.30 pm onward.

Where: White Hills Botanic Gardens. (The old Botanical Gardens off Scott Street)

Description: BBOC End of year picnic with an Open Invite for past members, members, and Facebook followers to meet new faces and socialise in a relaxed gardens setting

Rating: Fun

BYO drinks, food everything, including chair and perhaps a small folding table, plus something to share. Some Pizzas may be provided.

Contact: Hans Tracksdorf m 04000 49 891 if you have any queries.



Bendigo Bushwalking and Outdoor Club monthly Meeting

Tuesday 28th November 7.30pm in Forest Street

Calendar Night - where we organise our activities program for the next 3-6 months.

Including day walks and bike rides - or just come along for a chat and a cuppa.

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Activity Leaders required.

The Club also needs additional trip leaders because at the moment we are relying on about five or six members to fulfil these roles. It isn't a difficult job and with the number of experienced trip leaders who are participating on walks, assistance is available. There are plenty of walks or mountain bike tracks locally on the Bendigo Bushland Trail or in the Whipstick, Crusoe, Mandurang, One Tree Hill or Wellsford Forests and for starters maybe lead a half day walk on a Sunday morning starting at 8.30 am and finish around 12.30 pm giving you the rest of the day off. Just look on the trip calendar and ask one of the trip leaders – they will help you through the process and go on the walk if you need assistance on the day.



Trip Reports

The Tuesday twilight walks around Crusoe Reservoir and the surrounding bushland have been going well with attendees on every walk and the flies and mosquitos haven't been keeping us company which is always nice. There are two more upcoming walks on the 1st and 3rd Tuesday in December starting at 6pm, with the Christmas picnic on the 2nd Tuesday. Hotter than normal weather forced the cancellation of the Mt Ida walk and so a rescheduled time will be allocated next year. As well young Hans and myself did some exploration of possible walks for next year in the Whipstick Forest but those walks will probably have to wait until the end of summer because the dry Bendigo bush isn't as attractive during hot summer days, hence the proliferation of twilight and morning half day walks.

WANTED

LOOKING FOR A NEWSLETTER EDITOR

David our previous Editor has ceased in this Role. He can no longer continue with this due to other time commitments and hence we are looking for a new editor, effectively immediately! In the Interim our Club President is collating and publishing the Newsletter with committee assistance.

There must be someone out there, including within our Facebook followers, who can do this job?!

The Newsletter plus club activities calendar, is only published once a month. The club would consider offering some free membership for a year for any FB followers who could do this job. There's got to be someone out there who could lick this!

For more details phone Hans (0400049891) or Buzza (0438437680)



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That special person could fix this with ease!

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Membership

Fees are \$60 for a family and \$40 for single members. Payable each financial year.

A Membership Form can be found on the website at www.gobush.org.au.

Remember you must sign the Acknowledgment of Risk at the bottom of the membership application otherwise you are not covered by the Club insurance.

You are welcome to try a trip or two at the nominal cost of \$2 per trip.

Membership Benefits

Insurance coverage on member's trips.

Your Bushwalking Victoria membership card enables you to obtain discounts at a number of retailers. Note that Bushwalking Victoria membership cards need to be presented prior to processing of sale.

<http://bushwalkingvictoria.org.au/bwv-membership-card-benefits/bwv-membership-card-benefits>

Note: RRP = Regular Retail Price-does not include sale or consignment items or hire gear.

Reminder to Walk Leaders

Under our insurance policy organised through Bushwalking Australia, it is required that we obtain the name & address of any temporary members who come on walks and that they sign an Acknowledgement of Risk Form before participating in an activity. These details should be collected by the walk leader via the appropriate form, together with the fee, and passed on to the treasurer.

Any serious incident occurring on a walk must be reported to the leader and the committee to enable the correct procedure to be followed.

All Activity Leaders are reminded that they need to have forms on hand for activities – Activity Registration Form, Incident Forms, Emergency Forms. Completed forms are to be sent to the secretary either with a scan to the Club's address or a photo/scan to 0466 004 610.

Notice to Members and Visitors: Members and Visitors (temporary members) should always have their personal emergency information on their person for all activities – Participant's Emergency Contact and Medical Form.

Members and Visitors should note they are responsible to inform any person taking photos, or the Activity Leader, if they do not wish to be included in photos that can be used for club purposes.

Buzza is doing the newsletter for the interim period until we find another newsletter editor and so any email content should be sent to enquiries@gobush.org.au by the Tuesday before the Club Meeting

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BENDIGO BUSHWALKING AND OUTDOOR CLUB INCORPORATED MEMBERSHIP RENEWAL FORM

New and renewing members alike MUST sign the Acknowledgment of Risk. Membership fees are due from the first of July. Adults \$40, Family \$60. Payment as follows: • Post a cheque together with this form to The Treasurer, Bendigo Bushwalking and Outdoor Club, PO Box 989, Bendigo 3552 • Bring cheque or cash to the monthly meeting: 4th Tuesday of the month, 730 pm, Presbyterian Church Hall, Forest Street • or pay by Direct Debit BSB – 633000 Account No – 134109016 Reference – your name. Please notify the Treasurer and provide a signed Acknowledgment of Risk at the earliest opportunity. Please complete all the following sections

1. PERSONAL DETAILS Adults 1. _____ 2. _____
Children 1. _____ 2. _____
2. Address _____
_____ Postcode _____
3. 📞 Mobile _____ 📞 Home _____
4. Email _____
5. Next of Kin/Nominated person to contact in an emergency Name
_____ 📞 _____
6. Address _____

ACKNOWLEDGMENT OF RISK AND OBLIGATIONS OF MEMBERS

This acknowledgment of risk applies to all club activities I may undertake as a member of the Bendigo Bushwalking and Outdoor Club Inc. In voluntarily participating in activities of the club which are described to me by the activity leaders, I am aware that my participation in the activities may expose me to hazards and risks that could lead to injury, illness or death, or to loss of or damage to my property, I also acknowledge that I may encounter weather conditions that could lead to hypothermia and being in locations where evacuation for medical treatment may take hours or days. In particular when participating in abseiling or above the snowline activities I am aware that these activities could expose me to additional hazards and risks described to me by the activity leader. To minimise risks I will endeavour to ensure that:

Each activity is within my capabilities. I am carrying food, water and equipment appropriate for the activity. In addition: I will advise the activity leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity. I will make every effort to remain with the rest of the party during the activity. I will advise the leader of any concerns I am having. I will comply with all reasonable instructions of club officers and the activity leader. I have read and understand the above requirements. I have considered the risks before choosing to sign this acknowledgement of risk. I still wish to join the activities of the club. I acknowledge that I will take Responsibility for my own actions and that signing this form, or the payment of my subscription will be deemed as full acceptance and understanding of the above conditions,

Name _____ Signed _____ Date _____

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Upcoming Activities

Grampians Peak Trail Base camp/day walks

Friday 8th to Monday 11th March 2024

Labour Day long weekend

Base camp at Jimmy Creek campground south of Halls gap nights. Jimmy Creek is accessible by car.

3 day walks:

Saturday 9/3	Jimmy Ck to Yarram Gap Rd	13 km moderate
Sunday 10/3	Yarram Gap Rd to Griffin Trail Head	12 km easy
Monday 11/3	Griffin Trail Head to Cassidy Gap	12 km moderate

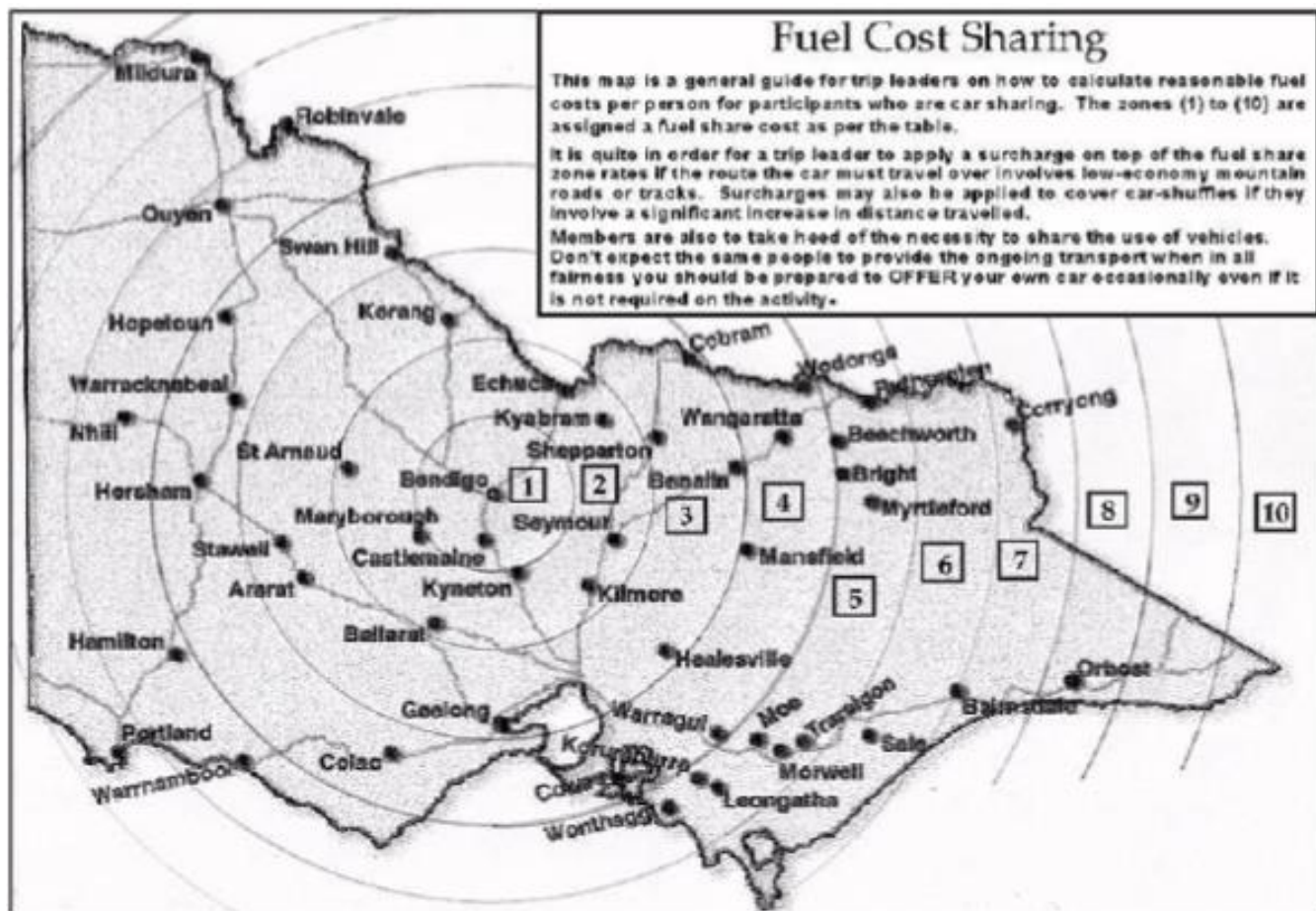
Cost - minimal - perhaps \$5 per night (each site is \$16.40 per night, up to 6 people per site) plus transport. Bendigo - Jimmy Creek is 237 km. Car shuffles each day at the Grampians.

Rationale. Grampians Peak Trail (GPT) overnight camping is super dear - \$49 per night per tent site. Base camping is very cheap! Suitable for "day walkers" seeking something more adventurous as well as old hands who want to try the GPT but think the fees are ridiculous! (Or prefer a day pack to something heavier!) No requirement to do all three days. Ring or text Andrew M 0418 135 934



The well hidden? Black Rock spur at the northern end of the Whipstick Forest, which we will revisit next year

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Zone & Fuel Cost

① \$10-\$15 ② \$30 ③ \$45 ④ \$60 ⑤ \$75 ⑥ \$90 ⑦ \$105 ⑧ \$120 ⑨ \$135 ⑩ \$150



Tuesday evening twilight walk with fourteen participants including three visitors.

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PARTICIPANT'S EMERGENCY CONTACT & MEDICAL INFORMATION

This information is for emergency use only and is to be carried in your pack at all times in a sealed plastic envelope. It is your responsibility to update this information if there is a change in details.

Name: _____

Home Address: _____

_____ Post Code _____

Telephone: Home: _____ Mobile: _____

Medical Information:

Medical Condition: _____

Current Medications: _____

Allergies: _____

Do you have current immunisation against: Tetanus Y/N HepA Y/N HepB Y/N

Medicare Number: _____

Private Health Insurance Fund (name): _____

Ambulance subscriber Y/N

Emergency Contact:

Name: _____

Home Address: _____

_____ Post Code: _____

Telephone: Home _____ Mobile _____

Relationship: _____

Signed: _____ Date _____

Privacy Statement:

The information contained in this form is for emergency use only and will be used if you are ill or injured whilst participating in an activity of your bushwalking club. The information will only be accessed by the walk leader or their delegate and given to the relevant medical and/or emergency services personnel.

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Bushwalking Calendar Gradings

Easy
Easy / Medium
Medium
Medium / Hard

Gently undulating terrain, mostly on formed tracks.
Gently undulating terrain with some short climbs
Both on & off formed tracks with some sustained climbs.
Medium walks but may also include rougher terrain, heavy scrub, rock scrambling, longer climbs & descents, or exposure to bad weather.



Bendigo Bushwalking Club Committee 2023-2024

President	Graham Borrell	0438437680
Vice President	Hans Trackdorf	
Secretary	Donna Guille	0466 004 610
Treasurer	Greg Doubleday	
Committee Members		
	Ian Barry	
	Peter O'Meara	
Other Tasks:		
Trip Coordinator	Buzza	
Webmasters	Donna Guille & Ian Barry	
Newsletter	Editor Wanted	

The statements and opinions expressed in articles herein are those of the individual authors, and do not necessarily represent the views of the Bendigo Bushwalking and Outdoor Club Inc.

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Bendigo Bushwalking Activities Calendar

Date	Description	Rating	Comments	Contact
November				
Tues 21 st	Crusoe Reservoir 6 pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
Sat 25th	Whipstick Forest	Easy	Half Day Walk	Buzza 0438437680
Tues 28th	Monthly Club Meeting Walks Calendar Night	7.30pm	Presbyterian Church Hall	35-41 Forest St Bendigo
December				
Tues 5th	Crusoe Reservoir 6 pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
Tues 12 th	Christmas Picnic	6.30pm	Epsom Botanic Gardens	Enter via Scott St
Tues 19 th	Crusoe Reservoir 6 pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
January				
Tues 2 nd	Crusoe Reservoir 6 pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
Tues 16th	Crusoe Reservoir 6 pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
Tues 23 rd	Monthly Club Meeting	7.30pm	Presbyterian Church Hall	35-41 Forest St Bendigo
February				
6th	Number 7 Reservoir 6pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
20th	Number 7 Reservoir 6pm	Easy	2-hour 6km Evening Walk	Buzza 0438437680
Tues 27 th	Monthly Club Meeting	7.30pm	Presbyterian Church Hall	35-41 Forest St Bendigo
March				
5th	Crusoe Reservoir 6 pm		2-hour 6km Evening Walk	Buzza 0438437680
March 8-11th	Grampians Base Camp	Easy	3 single Day Walks	Andrew