



BENDIGO BUSHWALKING AND OUTDOOR CLUB INC

President's message for October

Five members of the Committee met on October 21.

- *We nearly finalised the BBOC Logo, that can be proudly worn on our gear and literature. You'll love it.*
- *Garry has our best activities photographs for the 2015 calendar. The winner to be announced at the November meeting, plus the eleven runners up, with presentations.*
- *Roland has checked out all 50 known bushwalking websites for their 'Welcome to New Members' facilities. He likes the front page Welcome in the Ballarat and Boroondara Clubs, and the information document for new members in the Shepparton Club. He will compile a similar document for us and recommend a front page Welcome.*
- *The November meeting will be a 'Calendar Nite'. Members are encouraged to notify an activity that they will lead. These activities are the reason our club exists. So think now about what you could do next year. We will provide some wine and nibbles at that meeting.*
- *Our Xmas function will be at the Marong Pub Lounge on Tuesday, Dec 9 at 7 pm. . We've heard that the venue and the food are excellent, so it should be a great nite. I've booked for 30 and would like to confirm the numbers as soon as possible. If you want to come, RSVP to me now at acallinan@vtown.com.au or 54423675.*

The hi-light of the October meeting will be 'Memory Stick Moments' in which members are encouraged to bring along a few images of an interesting trip they have done. Greg's 10 minute talk on Risk Assessment will be held over to the November meeting

Check out the Activities Calendar in this newsletter; there's Bob Jones's Bullarto Reservoir/Babbington Hill day walk coming up before the next meeting. Recently there has been a drop off in numbers joining activities. Now that the weather is better this may improve; but in any case, please take the time to get out with us and enjoy the bush.

Payment for 2014 -15 membership is now overdue. Fees are \$60 for a family and \$40 for single members. If you haven't paid already, fill out the membership form on the back of this newsletter and send/give it and your payment to our treasurer ,Greg.

See you at the meeting next Tuesday nite. Leigh.

BENDIGO BUSHWALKING AND OUTDOOR CLUB INC

P.O. Box 989, Bendigo, 3552
Reg No. A0051482V

Meetings - 4th Tuesday every month [except Dec]
Sacred Heart Hall, Short Street at 7:30 pm sharp

Membership: Single \$40.00
Family \$60.00

Web address: [http://gobush.org.au/](http://gobush.org.au)

BBOC is affiliated with



The statements and opinions expressed in articles herein are those of the individual authors, and do not necessarily represent the views of the Bendigo Bushwalking and Outdoor Club.

COMMITTEE MEMBERS 14/15

President	Leigh Callinan	03 5442 3675
Vice President	Kerrie Cramer	03 5441 4422
Secretary	Chris Franks	03 5439 3549
Treasurer	Greg Doubleday	03 5447 8156
Walks Coordinator	Garry Brannan	0450 879 917
Equipment Officer	Chris Franks	03 5439 3549
Web Master	Peter Pemberton	0428 869 196
Newsletter	Garry Brannan	0450 879 917
General Committee	Kerrie Norris	03 5447 8017
General Committee	Roland Cauka	0402 024 096
General Committee	Maggie Smyth	03 5443 4530

Club Meetings:

Meetings are at 7.15 for 7.30 pm start on the 4th Tuesday of every month (except December) at the Sacred Heart Hall, just behind Haymes Paints in Short Street. There is an annual calendar of speakers, presenters, and activities. Visitors are always welcome.

Monthly Meeting Activity

- **October 28th** **Memory Stick Moments.** Bring a few images from a trip on a memory and share your experience. [Risk Assessment deferred till next month]
- **November 25th** **Calendar Planning – Garry Brannan** Not just any Calendar night – pizza and refreshments will be on the menu as well.
10 Min talk Risk Assessment guidelines, **Greg Doubleday**
- **December 9th** **End of Year Function** **Marong Hotel, Tuesday Dec 9, 7.00 pm**
The MFH serve an enticing mix of fine dining & classic pub cuisine, home made soups and gourmet Pizza - Yummo

Memberships for 2014 - 2015 Payment for annual Club Membership fees for 2014-15 are now being accepted. Please pay or forward your club fees to Greg Doubleday. Fees are \$60 for a family and \$40 for single members.

Welcome to new members and visitors

Bushwalking News Victoria

The current edition the Bushwalking Victoria Newsletter can be found [here](#) .

<http://www.bushwalkingvictoria.org.au/newsletter-archive.html>



Alpine Bogs Recovery Plan - Public Consultation



You are invited to comment on the draft national recovery plan for the Alpine Sphagnum Bogs and Associated Fens ecological community which is listed as endangered under Australia's national environmental law, the Environment Protection and Biodiversity Conservation Act 1999 (the EPBC Act).

The recovery plan has been developed with expertise and cooperation of independent experts and land managers responsible for conserving the ecological community. The plan has been developed using the most recent and emerging information on the ecological community and its threats. The plan sets out the management, research and other actions necessary to stop the decline and support the recovery of the ecological community so that its long-term persistence in nature is maximised.

Details about the public consultation, including the document referred to above, are available at: www.environment.gov.au/biodiversity/threatened/recoverycomment.html.

The Threatened Species Scientific Committee (TSSC) is seeking public comment on the draft plan (as required under the EPBC Act). Please note that comments on the plan are due by 3 December 2014. Please send your comments, quoting the title of the plan, to: Email: recoveryplans@environment.gov.au

Mail comments to:

Protected Species and Communities Branch Wildlife,
Heritage and Marine Division Department of the Environment,
GPO Box 787, Canberra ACT 2601

Change to Parks Victoria's Camping Fee and Booking Systems

As of 1 July, camping fees now apply to 197 of the state's 680 campsites. New fees apply at some sites where there were already fees for camping. Fees have been introduced for another 98 campgrounds in 11 parks (indicated in red below); the majority of these campgrounds are in the Basic/Very Basic category.

The parks at which fees apply are listed below. At these campgrounds there is no longer the option of 'honesty box' payment for the campsites. You need to book your site at www.parks.vic.gov.au/stay, or by calling Parks Victoria's Information Centre on 13 1963 before arriving at the campground. For some sites a phone booking charge applies. You can book up to 12 months ahead.

Baw Baw National Park*	Gippsland Lakes Coastal Park	Mount Arapiles-Tooon State Park
Brisbane Ranges National Park	Glenelg River Canoe Trail	Mount Buangor State Park*
Buchan Caves	Grampians National Park	Mount Buffalo National Park
Bunyip State Park*	Great Ocean Walk	Mount Eccles National Park
Cape Conran Coastal Park	Great Otway National Park	Mount Samaria State Park*
Cape Liptrap Coastal Park*	Hattah-Kulkyne National Park	Murray-Sunset National Park
Cathedral Range State Park	Kinglake National Park	Nioka Bush Camp at Plenty Gorge
Cobboboonee National Park*	Kurth Kiln Regional Park*	Peachtree Creek Reserve
Corringle Foreshore Reserve	Lake Eildon National Park	The Lakes National Park
Croajingolong National Park	Lerderderg State Park*	Upper Yarra Reservoir Park
Discovery Bay Coastal Park	Little Desert National Park	Wilson's Promontory National Park
Falls to Hotham Alpine Crossing	Longridge Camp	Wyperfeld National Park
French Island National Park*	Lower Glenelg National Park	
Gabo Island Reserve	Mornington Peninsula National Park*	

The booking website provides good details of facilities at the campground and how many people are permitted per campsite. Some campsites are booked per person, and on others the maximum number of people or tents permitted per campsite varies according to location, from one person to six people.

To be absolutely clear about whether this maximum refers to the people or the number of tents, you need to check the details and terms and conditions for the particular campground. You can tell at a glance which campsites are available at a specified date.

At some campgrounds, the standard booking includes one vehicle per campsite and there is charge for each additional vehicle. You need to enter the registration number of each vehicle. Arrival and departure times vary between campgrounds. Most - mainly the more remote sites - do not have specified times.

Bits and pieces

The recent debate about opening up National Parks to private enterprise reminds me of the Joni Mitchell song "Big Yellow Taxi"

*Don't it always seem to go
That you don't know what you've got
Till it's gone
They paved paradise
And put up a parking lot*

*They took all the trees
Put 'em in a tree museum
And they charged the people
A dollar and a half just to see 'em*



Trip Reports

Nardoo Hills Reserves - Sunday 31st August.

We had eleven members meet at the hall. All got away on time and arrived at the Bush Heritage front gate at 10.15 to meet our Reserve Manager guide Jeroen, along with Kerrie N, Lionel & Barb, who had spent the night in the Wedderburn Wilderness.

For starters the group members were asked how far we wanted to walk, someone volunteered 10Kms. We headed off towards the North/East in warm/dry conditions. It was an interesting outing as we wandered all over the place - seeing & hearing all sorts things.

Eventually we worked our way around the North/West side of Mt Kerang where we had a good spell gazing out on 'Australia Felix'; unfortunately the crops are not too good. Jeroen informed us of the route of the old (up to the 1920's) main road from Wedderburn to Charlton which lay before us also.

Kerrie (on behalf of the club) thanked Jeroen & off we went, having walked a neat 9kms

Thanks to Robyn, Greg, Brett, Max, Helen, Liese, Tony & visitor Heather, John C & visitor Scott, Kerrie N, Lionel & Barbara for a enjoyable day.

Ray

Trip report – Black Hill Walk and Lauriston Dam Visit

Date Sunday 28 September 2014

Rod Smyth

Participants: Bev and Ellis Ormerod, Kerrie Norris, Anne Bridley, Ray Wilson, Melinda Iser, Marg Mangan, Maggie & Rod Smyth and (later at Lauriston Dam) Max Stevens.



The Black Hill Reserve, with an area of only 105 hectares, is relatively small; but it's a little gem. At 6 km, the walk was relatively short, but full of interest.

We set off through the revegetated area – a pleasant environment these days, but, up until the 1960's, it was bare ground being a commercial gravel quarry.

Our route circumnavigated the Hill, where we took refreshments by The Monolith – 'maybe the biggest monolith in Victoria?' taunts the website*. We then ascended the ridge track, passing by Cave Rocks with views to the east towards The Jim Jim and Mt Macedon.



*<https://sites.google.com/site/blackhillreservekyneton/home>



While lunching at the Eastern Lookout, we noted a huge mob of kangaroos passing through the farmlands in the valley beneath us. We were intrigued. The landowners may have had different feelings.

From left: Ellis, Rod, Maggie, Melinda, Bev, Anne, Marg, Kerrie, Ray.



After lunch, we adjourned to Lauriston Dam to have a close look through this 'Massive Buttress' style of concrete dam. When it was built in 1940-41, it was the third of its type in the world – the others being the Don Martin Dam (c.1927) in Mexico and the Haweswater Dam (c.1929) in the English Lake District.

To the newcomer, the most remarkable feature of this dam is the existence of cathedral-like spaces between the eleven buttresses over which the gated spillway discharges.



Clearly visible inside these spaces are the outlet works, foundation drainage systems and structural monitoring provisions. These 'hidden' facilities were described and the performance of the dam was discussed.

Remarkably, one of the most significant influences affecting the behaviour of the dam turns out to be solar radiation – arguably out-ranking hydraulic loadings.

After a day of sun, boulders, birds, trees, kangaroos and concrete dams, we adjourned for afternoon tea at Malmsbury.

Report: Rod Smyth

Lalgambook - Mt Franklin Base Camp 10/11&12th October.

The inspiration for this trip stemmed from my reading of Edgar Morrison's 1965 book 'A successful Failure' which tells the early settlement story of Central Victoria - particularly the Loddon Valley, the clash of cultures, demise of the Djawurrung clans and the remarkable work of Edgar Stone Parker.

I made three visits to the area and had mentoring from both Don Morrison and Jack Sewell (locals) who escorted me to sites of importance, undulating hills & valleys dotted with relics of yesteryear!



Friday on the way over I visited 'Francis Haven' which is a couple of kilometres from Yandoit on Limestone Road. This place had been given to the Franciscan monks 40 years ago by the local Swiss/Italian/Irish community. Local Landcare groups became involved & massive plantings occurred all around the property. The monks had recently vacated the place so I had a look around climbing up to a small stone chapel/refuge with views all around. The bird life was amazing.

I set up camp at Mt Franklin, the weather was perfect and there were fires & campers galore. Alone I walked around Moolootah (Mt Stewart) at sunset for stunning views of the Seven Hills - Kangaroo Hill, Forest, Spring, Birch's - aka Micah Colah, Woodhouse, Moorookyle and Kooroocheang - aka Smeaton Hill or Koorootyng.



I drove to Cricket Willow (Shepherds Bush) on Saturday morning & was joined by the 'Elvis Vintage Car Club' for a very interesting morning. On the way to Kooroocheang I had a stopoff at the Blackfella's Lagoon at Franklinford, which was a Corroboree/Gathering place for the First Australians.

Peter Sewell (father of Brad and both Hawks supporters!) met me at his farm for me to gain access to Kooroocheang. It's private land up there but protocol's were met! The climb was easy and the unimpeded views wonderful. The photos tell the story!

The cairn on top records Capt Hepburn's ascent here in April 1838 to "Koorootyng" which is the official Aborigine name of this Hill (the last of the Seven).



Jack Sewell drove me to Capt Hepburn's private cemetery and to his imposing homestead where we met the present owners.





I returned via the Yandoit Hills and those cottages. What an adventure and no-one joined me for it. I may run this trip again as a day activity. The highlight for me was the view across Moorookyle to Mt Beckwith, which a group of us had climbed with Bob Jones a year or so ago.

I hope someone will join me next time. Ray

Sutton Grange Bike Ride, October 19th

It was perfect weather for a bike ride, surprisingly cool at the start given the top temp was to be 32°. We set off eastward along Carnochan Rd, past green farmland and wineries, following the course of Myrtle Creek, we reached Barty's Rd but continued onwards before returning to follow it further south. We had a break beside the gravel road with views of Mt Alexander to the west. We had seen few cars but the cop car cruising past at about 140kms was an exception.

The second half of the ride was a bit more hilly and the climb to Mt Sergeant saddle brought us off and pushing our bikes akin to something you probably expect to do on Bill Clarke's next club outing. After a rest at the top we enjoyed the marvellous descent to the bitumen road and our ride back to the cars, finishing our 38km ride at about 1pm before the heat of the day.

Thanks to Steve and Max for coming along. Buzza

Activities . . . October to January

Gippsland Lakes Paddling – To be rescheduled to a date TBA

Sunday 23rd November Bullarto Reservoir - Babbington Hill

This is an Easy/Medium [mostly flat with a steep walk to the top of Babbington Hill], 10.3km

The walk takes in some supremely lush, green forest with a tall tree canopy, grasses, ferns and also some tree ferns lining the Kangaroo Creek.

Midway is the Bullarto Reservoir, a small, peaceful and little known body of water nestled in the forest. It is usually deserted, so it's a bit like having your own private lake. As most of the walk is in Bullarto Reservoir catchment, the environment is exceptionally well preserved. Next point after the reservoir is Babbington Hill. It's a steep walk to the summit, but the panoramic views to Mt Macedon, Cobaw Ranges and Mt Franklin are inspiring. The hill is inhabited by Koala and the tall eucalypts and neat native grasses help to create a park like environment. The descent takes you through tall stands of Manna gum with additional eastern views, and grassy, mature forest.

Bob Jones 0458012934 (Bob is still in O/S, but will definitely be back to lead this walk.

In the meantime, any questions, ring Garry, 0450879917)

Wheel Walk – Fryers Ranges 29 – 30 November 2014.

Rating: E – M.
Distance: >8kms Saturday. >10kms Sunday.
Country: This will be all on gravelly 4WD tracks. But, even those tracks are steep!.
Map: 1:25,000 Drummond. Series 7723-1-3. Victoria. And Park notes.
Weather: Probably warm.
Mission: To go bush and... NOT carry a pack on one's back. This will be a Sat morn to Sunday arvo walk.
YOU MUST CARRY ALL YOUR GEAR ON, OR IN, A WHEELED DEVICE.
People with packs on their back are not welcome!!... "persona non grata"
Bring: Wheeled device. Say 30 hours of food and water. Champagne. Cake. Compass, pencil, paper. Torch. Box of matches. Weather smart clothing. Tent etc. 1st Aid Kit.
Fuel share: Zone 1. \$10.00
Contact: Bill Clark 5442 1432. Ecp: TBA, probably the RACV

Murray River Canoe Tour Sat 27 December – Sun 4 January 2015 (9 days)

Rating Medium
Comments A six day tour on the Murray River, from the Murray River/Chalka Creek junction in the Hattah-Kulkyne NP to Gol Gol,(near Mildura)
Distance 156 river kilometres, this will average about 26 k per day
Campsites
Junction of Chalka Creek and Murray River 2 nights
On the river - (all these are sand bars) 5 nights
Gol Gol (River Gardens Tourist Park) 1 night
Itinerary
Day 1 Travel from Bendigo to Chalka Creek–Murray River junction via Kerang, Swan Hill, Piangil, Manangatang, Annuello, Wemen - Distance is about 330 k
Day 2 Place cars at Gol Gol, most likely at the caravan park – [210km return]. Since we do not want to do two car shuffles, hopefully we will get someone to bring all the drivers back, or we pay someone.
Day 3/river 1 Chalka Creek to Doherty's Bend 26 km
Day 4/river 2 Doherty's Bend to near Tarpaulin Island 24 km
Day 5/river 3 Tarpaulin Island to Big Tree Bend 26 km
Day 6/river 4 Big Tree Bend to Bengallow Creek 28 km
Day 7/river 5 Bengallow Creek to Bottle Bend 24 km
Day 8/river 6 Bottle Bend to Gol Gol 28 km
Day 9 Return to Bendigo via the Calder Highway
Organiser John Lindner, 5448 3406 - please phone for full details to be posted/emailed

Kosciuszko National Park Main Range & Thredbo area (9 days)

Sat 17 – Sun 25 January

A series of day walks over nine days on the Kosciuszko Main Range and adjoining areas, base camping on the Thredbo River

ORGANISER John Lindner, 5448 3406

OUTLINE

Day 1 Travel from Bendigo to Thredbo via Violet Town, Wodonga, Corryong, Khancoban, Tom Groggin, Dead Horse Gap. 504 k = 5/6 hours

- Nice stops on the way: Murray River at Brigenbrong (Vic-NSW border),
Swampy Plains/Geehi River, Tom Groggin, Dead Horse Gap
- Day 2 Mount Kosciuszko summit from the top of the chairlift, 12.0 k return.
- Day 3 Shorter walk (to be planned)
- Day 4 Ramshead Range circuit from Dead Horse Gap, 17.0 k
- Day 5 Shorter walk (to be planned)
- Day 6 The Chimneys from Dead Horse Gap, 14.0 k return
- Day 7 Perisher Village to Mt Wheatley and the Porcupine, 8.0 k circuit
- Day 8 Rolling Grounds circuit, 22.0 k
- Day 9 Return to Bendigo
- CAMPSITE Thredbo Diggings, 13.0 k east of Thredbo on the Alpine Way
Facilities: toilet, tables, trees, grassed sites for tents.
River water: this is OK to drink but should be boiled or treated in some way, otherwise bring your own drinking water.
- PARK ENTRY AND CAMP FEES - Camping charge is included in the vehicle entry fee. \$16.00 per vehicle per day, regardless of the people. For the 8 nights at the campsite this will be \$128.00. You can also buy a 5 day pass (one free day) at \$64, the other 3 days will cost \$48 [3x16] Total = \$ 112, it makes sense to have at least 2 people per car.
Park Fees are payable at the Khancoban office of the National Parks Service as you pass through during office hours only.
- WEATHER The timing and exact location of all walks depends on the weather
- EQUIPMENT Please make sure you bring clothing and equipment suitable to cope with alpine conditions, both hot and cold weather.

Wobbly-knees Weekend Walk for Weary, Wounded 'n Wannabe Walkers. Where? Witchies . . . er . . . Ritchies Hut, 27th February – 1st March

A very easy pack-carry weekend. Friday night at Sheeppark Flat then on Saturday walk into Ritchies from the Eight Mile [6km], set up camp, fish, swim, do yoga, read a book, sit around and tell lies of previous exploits, whatever. Community hors d'oeuvre, antipasto and canapés prior to a self catered main meal, then more stories and lies around the campfire.

There is no limit to what you may bring, deck chairs, umbrellas and four-burner BBQ's are to be encouraged, but strictly BYO. Drum kits and amplified music are prohibited.

Sunday, leisurely breakfast, then walk the 6 km out after lunch. Ritchies is a good hut if the weather turns bad, and there is also a long drop toilet nearby. This is an ideal weekend for those who do not carry a heavy pack any more, or for new members who would like to experience the joy of being free of the car for a weekend. No gear? No problem! Give me a call.

Garry Brannan 0450879917

Down the track

Bob Jones Mystery Paddle - March

Peter Pemberton Gammon Ranges - Desert range wilderness area - April

BBOC ACTIVITIES CALENDAR

DATE	DESCRIPTION	RATING	COMMENTS	CONTACT
OCTOBER				
Tuesday 28th	Club Meeting		Memory Stick Memories	
NOVEMBER				
	Gippsland Lakes Paddling		Rescheduled to a date TBA.	
Sunday 23rd	Bullarto Reservoir- Babbington Hill 10.3km	E/M	Basalt capped plateau, manna gums, hidden reservoir and historic spring	Bob Jones 0458012934
Tuesday 25th	Club Meeting		Calendar Planning	
Saturday 29th – Sunday 30th November	A Wheel Walk, Fryers Ranges aka Bill's Birthday Bash. Gravelly 4WD tracks, some steep.	E-M	YOU MUST CARRY ALL YOUR GEAR ON, OR IN, A WHEELED DEVICE. People with packs on their back are not welcome!!... "persona non grata"	Bill Clark 5442 1432
DECEMBER				
5th - Sun 14th	Penguin to Cradle Walk	H	Booked out	Garry Brannan
Tuesday Dec 9.	End of year function.		Marong Family Hotel	Leigh Callinan 0408 061 766
Sat 27th Dec – Sun 4 January	Murray River canoe trip. Six day tour, nine days total.	M	Hattah-Kulkyne NP to Gol Gol, 156 km Please phone John for full details .	John Lindner, 5448 3406.
JANUARY				
Sat 17 – Sun 25 January 2015.	A series of day walks on the Kosciuszko Main Range.	Both M & H	Alpine area day walks base camping. Please phone John for full details.	John Lindner, 5448 3406.
FEBRUARY				
27t/2 – 1/3	Wobbly-knees Weekend	E /PC	Ritchies Hut – Very easy. Suitable for all.	Garry Brannan 0450 879 917
MARCH				
14th - 22nd	Mystery Paddle	M	Watch this space	Bob Jones 0458012934
APRIL				
April – TBA	Gammon Ranges	H PC	Desert range wilderness area	Peter Pemberton

E – Easy M – Medium H – Hard D – Day DW – Day Walk PC – Pack Carry BC – Base Camp

For additions to the activities calendar: - Email trip details to Garry for inclusion in the calendar together with a write-up for the newsletter. garrybrannan@gmail.com



The deadline for the next edition of GoBush is Wednesday the 19th of November.

Please forward Trip Reports, details of Coming Events, and any interesting articles to Garry - garrybrannan@gmail.com 0450879917

MEMBERSHIP RENEWAL FORM

Adults:

1. _____
2. _____

Children:

1. _____
2. _____
3. _____

Address: _____

Postcode: _____

Phone: _____ Mobile: _____

Email: _____

Next of Kin/Nominated person to contact in an emergency:

Name: _____

Phone: _____

Address: _____

Membership Fees for 2014/15 are due from 1st July 2014. Please return this form with your payment to:

The Treasurer,

Bendigo Bushwalking & Outdoor Club Inc.

PO Box 989, Bendigo, Vic 3552

Membership: Adults - \$40, Family - \$60.

Tick box if you agree to receive your newsletter by email rather than by regular post.

ACKNOWLEDGMENT OF RISKS AND OBLIGATIONS OF MEMBERS

This acknowledgment of risks applies to all club activities I may undertake as a member of the Bendigo Bushwalking and Outdoor Club Inc. In voluntarily participating in activities of the Club which are described to me by the activity leaders I am aware that my participation in the activities may expose me to hazards and risks that could lead to injury, illness or death or to loss of or damage to my property. I also acknowledge that I may encounter weather conditions that could lead to hypothermia and being in locations where evacuation for medical treatment may take hours or days.

In particular when participating in abseiling or above the snowline activities I am aware that these activities could expose me to additional hazards and risks described to me by the activity leader.

To minimise risks I will endeavor to ensure that

- Each activity is within my capabilities,
- I am carrying food, water and equipment appropriate for the activity.

In addition

- I will advise the activity leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity.
- I will make every effort to remain with the rest of the party during the activity
- I will advise the leader of any concerns I am having, and
- I will comply with all reasonable instructions of club officers and the activity leader.

I have read and understand the above requirements. I have considered the risks before choosing to sign this acknowledgment of risk. I still wish to join the activities of the Club. I acknowledge that I will take responsibility for my own actions and that signing this form or the payment of my subscription will be deemed as full acceptance and understanding of the above conditions.

Name: _____

Signed: _____

Date: _____