

# GO BUSH

OCTOBER 2018



## BENDIGO BUSHWALKING AND OUTDOOR CLUB INC.

### Significant Club Changes

#### Committee Meetings

The committee has decided to only meet once every 2 months starting September. So if you have been concerned about the level of time you may need to commit to a committee position then essentially there will be only around 5 meetings per year the committee meets. This should make it even easier for members to put in a little bit of time to support the club.

#### Rewarding Trip Leaders

For those fantastic members who lead trips the committee has decided to encourage and support their efforts by offering free membership. If you lead at least 4 completed trips per year, the **following** years membership is free.

#### Facebook

Many clubs use Facebook as a tool to communicate between members and it's so easy to post a picture of a trip. It also increases club exposure. So if you are familiar with FB groups and would like to involve yourself, let us know as we are investigating creating an FB page for the club.

### Membership Benefits

Insurance coverage on member's trips. 10% discount at Aussie Disposals Bendigo. Your Bushwalking Victoria membership card enables you to obtain discounts at a number of retailers. Note that Bushwalking Victoria membership cards need to be presented prior to processing of sale.

<http://bushwalkingvictoria.org.au/bwv-membership-card-benefits/bwv-membership-card-benefits>

Note: RRP = Regular Retail Price-does not include sale or consignment items or hire gear

### BENDIGO BUSHWALKING AND OUTDOOR CLUB INC

P.O. Box 989, Bendigo, 3552  
Reg No. A0051482V

E-Mail: [enquiries@gobush.org.au](mailto:enquiries@gobush.org.au)

Meetings - 4th Tuesday every month [except Dec]

Presbyterian Church Hall, 35- 41 Forest Street

Meetings start at 7:30 pm sharp.

Web address: <http://gobush.org.au/>

The BBOC is affiliated with



### Membership

Fees are \$60 for a family and \$40 for single members. Payable each financial year.

A Membership Form can be found on the website at [www.gobush.org.au](http://www.gobush.org.au).

Remember you must sign the Acknowledgment of Risk at the bottom of the membership application otherwise you are not covered by the Club insurance.

You are welcome to try a trip or two at the nominal cost of \$2 per trip.

## Wanted

**Trip Leaders:** Have you found a wonderful place to visit and would like to share it with others? Is there a place you would like to go and want company? Organise a trip! We have many leaders who are eager to assist you.

**Club Night Events:** Is there something you would like to see at a club night? Learn to navigate? Camping food? Perhaps you want to tell us about one of your trips or know someone who can give a talk. Let us know.

## Deadlines

Submissions to the newsletter deadline are the third Tuesday of the month. Mail to [bendigo.bushwalking@gmail.com](mailto:bendigo.bushwalking@gmail.com)

## Reading

Bushwalk Australia Magazine

<http://www.bushwalk.com/forum/> Latest magazine is linked on the page

Bushwalking Victoria News

<https://bushwalkingvictoria.org.au/newsletter-archive>

Benalla Bushwalking Club Newsletter

<http://benallabushwalkingclub.org.au/newsletters.html>

## Monthly Meeting Activity

To be announced

## Upcoming Trips

Here is your opportunity to tell everyone about your trip. Send me a paragraph with the highlights and a rough trip plan so that members can get excited and flood you with messages wanting to go.

Kara Kara National Park 3 Sat Nov 2018.

Day walk Distance: About 10km

I found a nice valley to walk in a year ago, and considered it worth a second visit. Hilly steep terrain, then follow the creek bed around heading back to Teddington reservoir. The cars will be parked at the fisherman's hut site. Bring food, water boots and gaiters, walking stick. Map: Internet – Parks Vic has a good tourist info sheet with mud map.

**Fuel share: Ring two. \$ 20 – \$25. Contact: Mr Bill Clark Esq. 0408 545 256.**

Bushwalking In Tasmania Nov 3rd - 11th

Lee's Paddock to the Walls of Jerusalem via the Overland Track, the Never Never, Dixon's Kingdom, plus Solitary Man Hut. The walk follows the Mersey River most of the way, numerous waterfalls, mostly off track, magnificent lakes in The Walls of Jerusalem National Park.

This is M/H pack carry.

**Details, Garry Brannan 0450 879 917 [garrybrannan@gmail.com](mailto:garrybrannan@gmail.com)**

## COMMITTEE MEMBERS 17/18

President	Kerry Cramer
Vice President	Anne Bridley
Secretary	Chris Franks
Treasurer	Greg Doubleday
Equipment Officer	Chris Franks
Web Master	Peter Pemberton
Newsletter	Roland Cauka
Trip Coordinator	Anne Bridley
General Committee	Roland Cauka
General Committee	Liesje Wilson
General Committee	John Lindner

The statements and opinions expressed herein are those of the Editor and individual authors. They do not necessarily represent the views of the Bendigo Bushwalking and Outdoor Club Inc.

## Kosciuszko National Park Sat 24th November to Sun 2nd December

Distance: **70km** Grade: **Medium/Hard** Party Size: min party size is 4

Type: A seven day (loop) bushwalk in the northern section of the Kosciuszko National Park starting from the Round Mountain Carpark. The planned route will involve much off track walking across undulating open plains with many spectacular views. Each night will be spent camped near one of the iconic huts of Kosciuszko NP, including Round Mountain, Derschkos, Valentine, Cesjacks, Mackays and Boobee Huts. For a more detailed itinerary contact the leader.

Fuel Share: Ring 8 \$75 each passenger

**David Crocker** mob 0409 425 604 email: [dcrocker46@gmail.com](mailto:dcrocker46@gmail.com)

## Trip Reports

### Historic Whroo Walk, 6th October 2018

Six walkers which included John, Glenn, Anne, Janet, Peter and visitor Glenda, made the 1-hour trip to Whroo for an easy, 6 -7 kilometre walk on a bright sunny day. At its peak, Whroo had a population of over 2,000 people, three churches, three hotels, a school and a cordial factory.



Starting at Green's camping area we walked through the diggings on the Whroo goldfield which consisted of both alluvial mining in the creeks and quartz mining. The goldfield was established in 1854 after two men, Lewis and Nickenson, accidentally found gold that led to the establishment of the Balaclava Mine. It operated for many years and yielded a fortune to the owners. Unfortunately, the mine is closed to visitors for safety reason. The sharp eyes of Anne found a Peregrine Falcon at the mine site.



Our walk took us to the sites of various ruins of the goldfields, such as puddling machines, a hotel and other buildings. John was our expert at finding well-constructed water wells that were in various states of repair. A highlight was visiting the Whroo cemetery where an estimated 400 people are buried. Many of the headstones are intact and others have been replaced in recent years.

A short walk from the cemetery is the Ngurai-Illam-Wurrung Rock Well on Spring Hill, after which the town of Whroo was named. Whroo means mouth or lips that were a feature of this natural spring. A highlight was the nearby bush that grew a good stand of grass trees amongst the ironbarks.

We finished the walk with a visit to the Rushworth icecream shop.

## Sedgwick Forest Sat 13th October

We met at the Sedgwick Hall on a beautiful morning before walking, past a big Yellow Box, 800m to the west edge of the forest. We left the track near the start of the Telecom cable track and climbed up through the bush to the first hill top. After that we walked east and south off track through the bush from hill top to hill top along the relatively flat ridges. These hill tops have interesting little rocky areas and ridges, with ferns, chocolate lilies, orchids and other small plants. After we reached Barty Road, the main track through the middle of the forest, we stopped for morning tea on a hill top while admiring the view to the south west over to the end of the Big Hill Range and Mt Alexander.

After morning tea we walked along Barty Road past the hair pin bend for a short way until we left the road and turned east. We couldn't go up to the ridge because of a fence bordering private property, but after skirting around the hill side a short steep climb took us to the highest point in the forest which with great originality we named Mt Sedgwick.

From this point we followed the ridge to the north-east before descending to a beautiful little gully which took us along the base of the line of hills. Part of our way ran next to an abandoned fence line which may have been used as a horse paddock in the days when there were grazing leases in the forest. The gully took us to the east side of the forest, after which we followed an old road south to Stony Crossing on Axe Creek where we had lunch.

There is a nice little creek pool here, shade and there has been much attractive planting done by the Axe Creek Landcare Group. Some of us would have quite liked to stay here for the next couple of hours. Instead we walk back north until we hit the Telecom track and walked up and down steep rocky slopes to Barty Rd where we walked on road back to the cars.

Thanks to Jill, Louise, Janet, Peter, Mervyn, John C., Glenn and Kerry who came on a slighter harder walk than advertised, about 16km total, and allowed me to share one of my favourite bits of forest.

Anne Bridley

## Great Victorian Rail Trail

Friday 21st to Sunday 23rd September

### The Plan

Friday: Depart Bendigo in the morning for Yea. One vehicle left at Yea while all riders and bikes transported on to Alexandra (lunch). Ride from Alexandra back to Yea (34km). Retrieve vehicles from Alexandra. Set up camp at Yea Caravan Park.

Saturday: Drive to Mansfield (morning tea) leaving one vehicle at Cathkin along the way.

Sunday: Drive to Tallarook to leave all except one vehicle. Return drivers to Yea. Ride from Yea to Tallarook (38km). Retrieve the vehicle from Yea. Drive back to Bendigo (100 km).

### The Implementation

Thursday: Garry was an early starter (and early finisher) and left Bendigo on Thursday morning to complete the Sunday riding agenda as he had a canoe trip back near Bendigo on the Sunday. He rode from Yea after lunch and rode to Tallarook and back! A total distance for the day of 82km! This was never on 'The Plan' at all.

Friday: A fine and sunny spring day with a morning departure of David, Rechelle and Shawn leaving Bendigo with 2 more cars – the reason for this arrangement will soon be explained. We met up with Garry at the Yea Caravan park at 10:30 to try and complete the Friday plan.

We were too early for lunch at Alexandra so we headed off on the Rail Trail which climbs steadily out of Alexandra as it heads towards the rail junction with the main line at Cathkin. A couple of km from Yea the Trail reaches a high point with a picnic table and glorious views to The Cathedral, Sugarloaf Peak and further south Lake Mountain, so we stopped here for lunch (not on 'The Plan!').





Soon after lunch we reached the rail junction at Cathkin but as it was only 1:30pm and the planned destination of Yea was only 21km away after some discussion a decision was made to make a detour towards Mansfield for 6km for afternoon cake & coffee at the Giddy Goat Café at Yarck. This was a serious endeavour so it took a considerable time to ride, café and ride back to Cathkin again.

It was about 3:30pm when we finally got back onto 'The Plan' and left Cathkin to ride to Yea. The first section of the Rail Trail to Molesworth is very flat and crosses extensive flood plains of the Goulburn River which is crossed just before arriving in Molesworth. On previous trips this has been our afternoon tea cake & coffee stopping point but currently the Molesworth Hotel is closed and up for sale.

From Molesworth the Rail Trail climbs gently towards the Cheviot Tunnel, 12.5km away. A slight delay along the way with puncture on my bike. The tunnel was constructed in 1889 from an estimated 675,000 hand clay bricks. The clay being sourced from a paddock just west of the tunnel. Time was getting along so it was late in the afternoon when we cycled into the Yea Caravan Park. Distance ridden for the day was 56km.

By the time Garry drove on to Alexandra so we could retrieve the two cars left there it was getting dark by the time all the cars were back at camp in Yea.

Execution of 'The Plan' for day was completed with a few minor changes!

Saturday: Yet another change to 'The Plan' as Shawn had to be back in Bendigo for a family function he left Yea for Bendigo as Garry, Rechelle and I headed off in one car to Bonnie Doon to start the ride for the day. You are right – yet again this is not what was on 'The Plan'. But this new plan meant we could ride the section of the Rail Trail from Cathkin to Yea again and hence ride through the tunnel a second time! Plus the second bonus was the new schedule meant we would be back at the Giddy Goat Café in Yarck for a 2nd time – this time for lunch – food, cake & coffee – a much better plan indeed. When we arrived back at the Caravan Park we had ridden 62km

With the combination of the longer drive to Bonnie Doon, longer lunchtime at Yarck and longer car shuffle at the end of the day meant it was close to 6:00pm when we were all back at the Caravan Park in Yea. This included Shawn as he had returned to re-join the trip for the Sunday ride. So we were not very late when we got to the pub for our 6:30pm dinner reservation. After dinner Garry left to return to Bendigo for his canoe trip on Sunday.

Execution of 'The Plan' for day was completed with a few major changes!

Sunday: Now again back to two cars – a different two to yesterday and again only three people – again a different three to yesterday we headed off to leave one car at the Yea Railway Station as we attempted to complete 'The Plan' for Sunday.

All was well as we unloaded 3 bikes and 3 people at Tallarook to commence riding for the day. Yes you have noticed that this was not actually what was supposed to happen – yet again another deviation from 'The Plan'. The fine and sunny weather we had experienced for the previous three days gave way to a much cooler day with an overcast sky and the threat of rain. Fortunately the rain held off and we only experienced a short time with drizzle.

After a short ride of 11km to Trawool we took the opportunity to stop for morning tea, cake & coffee at the only place possible along the planned route for the day. This is at the Old Schoolhouse B&B and Café where we were served a substantial Devonshire Tea (& Coffee) by a lovely couple who are both well into their 80s.



Later in the morning Shawn had a déjà vu experience when his derailleur gears on his bike failed and the bike could not be ridden. This had happened on a previous club riding on the Beechy Rail Trail in the Otways. Fortunately we were close to the road so Shawn waited with his bike while Rechelle and I rode on to reach the car at Yea. On returning to collect Shawn and his bike we found it was too much of a jigsaw puzzle to fit the three bikes onto the bike carrier so we stored two bikes in the bush and went on to Tallarook for lunch. After lunch Shawn and Rechelle returned to collect their bikes and I headed on home to Bendigo.

Distance ridden for the day by myself and Rechelle was 38km, and Shawn 25km.

So an event not quite going to 'The Plan' with one person riding on Thursday (82km), all four people riding on Friday (56km), three people riding on Saturday (62km) and a different three people riding on Sunday (38km or 25km).



In spite of an overall score of about 7½ out of 10 for the implementation of 'The Plan' a very successful longer weekend was had by all, with many km of riding in the Goulburn Valley. This Rail Trail was as always a lovely environment to ride in, so why not join the trip when it is on the club calendar next year.

Participants: David, Garry, Rechelle & Shawn  
Photos: By Rechelle

Trip leader: David Crocker

## BBOC Activities Calendar

Date	Description	Rating	Comments	Contact
September 25	General Meeting			
October				
October 06	Whroo Hidden Treasures Walk	Easy/Med	Day Walk	Peter O'Meara 0428612970
October 07	Paddle, Goulburn River, Seymour			Garry Brannan 0450879917
October 13	Sedgwick Forest Walk	Easy/Med	Day Walk	Anne Bridley 0474 467 661
October 23	General Meeting			
October 27-28	Mayford Hike	Med/Hard	Overnight Pack Carry	Greg Doubleday
November				
Nov 3	Kara Kara National Park		Day Walk	Bill Clark 0408 545 256

Date	Description	Rating	Comments	Contact
Nov 3-11	Bushwalking In Tasmania	Med/Hard		Garry Brannan 0450879917
Nov 5	Werribee Gorge		Day Walk	Hans Trackdorf
Nov 20	Committee Meeting			
Nov 24-Dec 02	Kosciuszko National Park	Med/Hard	7 Day Pack Carry	David Crocker 0409 425 604
Nov 25-26	Mt Feathertop	Med/Hard		Kerrie Cramer
November 27	General Meeting			
December				
January				
Jan 13-21	Snowy Plains Mt Howitt		Base Camp	John Lindner
Jan 21	O'Keefe Rail Trail	Med	50km	Helen Cronin
February				
Feb 10-11	Port Phillip Bay		Sea Kayak 30 km	Garry Brannan
Feb 17-18	Ayson's Reserve	Med	Bicycle 120 km	Helen Cronin
Feb 24-25	Princetown			Hans Trackdorf
March				
Mar 4	Franklin Gorge		Day Walk	Buzza
Mar 9-12	Murray River		Canoeing	John Lindner
Mar 10-11	Philip Island	Med/Hard	Paddle	Kerrie Cramer
Mar 17-18	Joanna GOW			Hans Trackdorf
Mar29-Apr3	Comironbat Flat	Med/Hard	4 Day	Greg Doubleday
April				
Apr 28-29	Rheola Range		Day Walk	Buzza
May				
May 4	Paddy Ranges		Day Walk	Max Elgin
May 27-28	Melville Caves	Med	Overnight Cycle	Helen Cronin